

Wake Forest Parks, Recreation & Cultural Resources

TRI NGLE 2019 Summer Volleyball Program

TRIANGLE VOLLEYBALL CLUB partnership: Triangle administers the league by providing volleyball expertise, officiating and league oversight. Triangle staff will run player evaluations, make team selection decisions, recruit and train coaching staff, run pre-season skills sessions, officiate all matches, and monitor league progress. *Triangle Volleyball Club league coordinators are Meredith Blum (meredith.blum@trianglevolleyball.org) and Colby Rosser (colby.rosser@trianglevolleyball.org).*

AGE DIVISIONS: League has three (3) age divisions: 10U (9/10s), 12U (11/12s), and 16U (13- 16s). Age for these divisions is based on your daughter's age as of September 1, 2019. Regardless of age division participants should expect a range of skill, athleticism, and experience within each age level. Playing up or down a division is strictly forbidden by the Town of Wake Forest.

		Monday	Tuesday	Wednesday	Thursday	Friday
ATHLETE EVALUATIONS		13-May	14-May	15-May	16-May	17-May
						9/10 MAKE
	615pm	11/12 А-Е	9/10 A-D	11/12 K-N	9/10 M-Z	UP
		11/12 F-				11/12 MAKE
all at FLAHERTY PARK	715pm	К	9/10 E-L	11/12 O-Z	13-16 O-S	UP
			13-16 D-			13-16
max 30/session	815pm	13-16 A-C	G	13-16 H-M	13-16 T-Z	MAKEUP

For the 2019 Season, there is a possibility that the 13-16 age group will be split into two separate groups (13/14 and 15/16) if the numbers dictate the necessity

DATES OF PLAY: Skills sessions begin the week after evaluations (May 21-25) and closely follow the format of evaluations. Team practices will take place May 29 – June 2, and league play will begin the week of June 4 and continue through mid-July.

10U (9/10s) Division: Tuesdays, Thursdays, and/or Fridays 12U (11/12s) Division: Mondays, Wednesdays, and/or Saturdays 16U (13-16s) Division: Tuesdays, Thursdays, and/or Saturdays

COACHES: All coaches are VOLUNTEERS. Our ability to form teams and offer everyone a chance to play is directly linked to the number of coaches secured. Most are parents, some are community volunteers. Most do NOT have volleyball coaching or playing experience. We need approximately 70 volunteer coaches [2 per team], so please consider volunteering! All coaches will need to submit a background check through TOWF.

Wake Forest Parks, Recreation & Cultural Resources Enhancing our Community's Quality of Life – One Resident at a Time!