

RecConnect

SEPT 2019-FEB 2020

WAKE FOREST PARKS, RECREATION
& CULTURAL RESOURCES

Fall AND Winter Programs & Athletics



WELCOME



Meet the Town's Recreation Specialist for the Alston-Massenburg Center

Garrett Bryant serves as the Recreation Specialist for the Alston-Massenburg Community Center. His primary responsibilities are creating recreational programs for various ages for the Parks, Recreation & Cultural Resources Department, supervision of all community center activities and other administrative duties. Garrett has been with the Town of Wake Forest since 2018.

Following his passion for recreation, he received his Bachelor's degree in Parks and Recreation Administration from North Carolina Central University. While in Durham, he worked with several different recreation municipalities as well as working in marketing for Durham's ABA (American Basketball Association) team.

Prior to coming to Wake Forest, Garrett served as a recreation superintendent with Sampson County Parks and Recreation. There he managed youth and adult athletic leagues for the county. Garrett likes to devote his spare time enjoying the outdoors with his friends and family. He is an avid fisherman, hunter and the biggest advocate for North Carolina basketball.



Program registration begins Aug. 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Wake Forest Town Hall**, 301 S. Brooks St., Mon-Fri 8 am-5 pm
- **Flaherty Park Community Center**, 1226 N. White St., Mon-Fri 8 am-10 pm, Sat 8 am-4 pm, Sun 1 pm-5 pm *payments by checks and credit/debit cards only*
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 12 pm-8 pm, Sat 8 am- 4 pm, Sun 1 pm-5 pm *payments by checks and credit/debit cards only*

PRCR Department designated "Better Sports for Kids Quality Provider"

Earning this distinction from the National Alliance for Youth Sports demonstrates that the Wake Forest PRCR Department has taken steps to ensure a safe, quality playing environment for children and proven it meets key requirements in five categories – Written Policies and Procedures, Volunteer Screening, Coach Training, Parent Education and Accountability.



"Kudos to Athletics Specialist KP Kilpatrick for leading the effort to obtain this designation," said PRCR Director Ruben Wall. "It reinforces that we are providing youth sports programs of the highest standard."

Wall also said the distinction helps PRCR Department programs stand out among a sea of athletics options. The designation is valid until Dec. 31, 2020.

Wake Forest Parks, Recreation & Cultural Resources Department
301 S. Brooks St., Wake Forest, NC 27587
919-435-9560
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wakeforestnc.gov

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Flaherty Park Community Center
1226 N. White St.
919-554-6726

Alston-Massenburg Center
416 N. Taylor St.
919-554-6189

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens by promoting health and wellness through diverse, safe, accessible, and culturally enriching recreational opportunities.





WAKE FOREST UNPLUGGED
SEP 1

Wake Forest Unplugged

Disconnect from your electronic devices and join other Wake Foresters for an afternoon of free games and activities. Make it a day and stay for Concert in the Park beginning at 5 pm. Wake Forest Unplugged is sponsored and coordinated by the Wake Forest Recreation Advisory Board.

Joyner Park	Sep 1	Su	4:00–6:00 pm	free	all ages
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Concerts in the Park

Enjoy a free outdoor concert sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department. Sensory Expressions is a Caribbean Band playing a range of music from jazz, R&B, reggae and soca; featuring the sensual sounds of steel drums to soothe your soul. On Sept. 8 enjoy the last free concert of the season. Comprised of some of the area's most talented musicians and vocalists, Legacy Band puts the 'fun' in any function. Featuring family friendly hits, (classic oldies, motown, rock & roll, top 40s, country, hip-hop) and your favorite ballads.



Joyner Park	Sep 1	Su	5:00 pm	Sensory Expressions	free	all ages
Joyner Park	Sep 8	Su	5:00 pm	Legacy Band	free	all ages

Midday Music at Centennial Plaza

Sponsored by ARTS Wake Forest, area residents are invited to enjoy local musical talent in Centennial Plaza at Wake Forest Town Hall during the lunchtime hour. A dessert food truck vendor will be onsite during each concert.

WF Town Hall	Sep 5	Th	12:00–1:00 pm	free	all ages
WF Town Hall	Sep 12	Th	12:00–1:00 pm	free	all ages
WF Town Hall	Sep 19	Th	12:00–1:00 pm	free	all ages
WF Town Hall	Sep 26	Th	12:00–1:00 pm	free	all ages

Father-Daughter Dance

Celebrate the special bond that fathers and daughters share with an evening of fun at the Town of Wake Forest's annual Father-Daughter Dance. Treat your daughter to a night of music, dancing and memories that she will have for a lifetime. The evening includes music, entertainment, and heavy refreshments.

WFCH	Sep 20	F	6:30–8:30 pm	\$35/couple* \$25/couple* RD	ages 3+
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*Additional children are \$5 per child

Wake Forest Dance Festival

Presented by ARTS Wake Forest and the Wege Foundation in partnership with the Town of Wake Forest, the third season of the Wake Forest Dance Festival will bring a Day of Dance to the Triangle in the picturesque outdoor setting of E. Carroll Joyner Park. This free and open to the public family-friendly event is directed by local resident and professional dancer, Mariya "Masha" Dashkina Maddux, former principal dancer with the renowned Martha Graham Dance Company. The day-long festival will feature sought-after regional, national and international professional dancers and emerging choreographers, along with local and regional advanced dance students.

Joyner Park	Oct 5	Sa	9:30 am–6:30 pm	free	all ages
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Zombie Survival <<NEW!>>

Can you survive a zombie attack? Find out who in your team has what it takes to survive the zombie apocalypse and which ones are zombie bait! Teams have 60 minutes to retrieve items needed to survive a night in a containment zone. Zombies will attempt to steal your "life flags". If you make it back to base camp with all your supplies and with at least one "life flag", your team will be named Zombie Survivors and have a chance to win a prize! If you lose all of your flags, the Zombies will have won!

Joyner Park	Oct 19	Sa	5:30–7:00 pm	\$35/team* \$20/team* RD	ages 12+
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*Teams of 2–4 people



Spooktacular

Howl about coming out and goblin up a ghoulish good time this Halloween? A variety of ghostly games and activities will be offered. This year's festivities will include a costume contest, face painting, a haunted maze and cupcake walk, along with a variety of other ghostly games and activities, and free pumpkin giveaways—while supplies last. Costumes are optional, but best costumes will be featured on the Town's website.

Joyner Park Community Ctr	Oct 24	Th	4:30–8:00 pm	free	all ages
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Fall Foliage Tour

Area residents are invited to enjoy the vibrant reds, oranges and yellows of autumn while also learning about native trees during two "Fall Foliage Tours". Each will last approximately one hour and involve walking along approximately one mile of paved greenways. Parents and children of all ages are welcome. Anyone interested in participating is encouraged to meet at the information kiosk located next to the Joyner Park parking lot. No registration is required. **TOUR GUIDE:** Urban Forestry Coordinator

Joyner Park	Oct 30*	W	10:00 am & 2:00 pm	free	all ages
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*Rain date Friday, Nov 1

Gobblequest

Bundle up and bring your family out to Joyner Park on Saturday, Nov. 16 at 10 a.m. to participate in Family Gobblequest! Turkey cutouts will be hidden throughout the park's various trails and greenway. Each turkey "caught" can be redeemed for a special award (limit one award per family). After the turkey hunt, we'll be moving inside to watch the movie, *Free Birds*.



Joyner Park	Nov 16	Sa	10:00 am	\$5/child	all ages
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Cinema at the Center

The Parks, Recreation & Cultural Resources Department presents a Cinema Day at the new Joyner Park Community Center. Bring your blankets, get cozy and get into the Thanksgiving spirit. We will be airing *Free Birds*, a movie about two turkeys who travel back in time to the first Thanksgiving in order to change the traditional menu and save their kind from being served with a side of cranberry sauce for the holiday.

Joyner Park Community Ctr	Nov 16	Sa	11:30 am	free	all ages
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Calls From Santa

Children can receive a personal phone call from Santa this Christmas! Registration forms will be available on the Town's website beginning December 1. All forms must be returned no later than 5 p.m. on December 5.

	Dec 5	Th	6:00–8:00 pm	free	ages 3–9
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Brunch with Santa <<NEW!>>

Santa Claus is coming to town, and he's making a pit stop in Wake Forest. Enjoy a delicious brunch, visit and take pictures with the Big Guy. There will also be story time and crafts. Wear your favorite holiday attire.

Joyner Park Community Ctr	Dec 8	Su	10:30 am–12:00 pm	\$10/child*	ages 2+
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*Children ages 2 and under free

Mother-Daughter Tea <<NEW!>>

Wear your tea dresses, your big floppy hats and your best gloves (not mandatory)! Enjoy tea cakes, little scones, bite sized cookies and tea, of course! Bring your daughters and enjoy this fun time of tea and bonding.

Joyner Park Community Ctr	Feb 22	Sa	10:00–11:30 am	\$35/couple* \$20/couple* RD	ages 3+
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*Additional children are \$5 per child

PARKS & GREENWAYS

PLACES TO PLAY

From the flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk

E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns and restored farm buildings, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Amidst the beautiful scenery loop three miles of paved trails for walking, bicycling and in-line skating. Leashed dogs are also welcome to enjoy the trails.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Performance Garden	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$75-\$800 <i>See website for details</i>	<i>Daily</i> 8:00 am-2:00 pm; 3:00 pm-dusk; dawn to dusk
Open Space, Picnic Shelters & Greenways	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-554-6726
HOURS: dawn to dusk

Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts, pickleball courts and a community center. *See page 9 for center information.*



DOG PARK

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rental rates range from \$15/hr-\$150/hr <i>2-hr min</i> <i>See website for details</i>	<i>Daily</i> dawn to dusk
Athletic Field(s)	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>WFPRCR/league</i> <i>schedules</i>

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, the Wake Forest Community House and the new Holding Park Aquatic Center. The aquatic center includes a six-lane, 25-yard lap pool, two water slides with plunge pool and a children's pool with water play.



RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to</i> <i>WFPRCR/league</i> <i>schedules</i>

See page 8 for Wake Forest Community House rental information





Acres	Amphitheater	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Fitness Equipment (outdoor)	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground	Pond	Restrooms	Soccer Field	Sprayground	Swimming Pool	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●					●		●	●	●		●					
DuBois Park 518 N. Franklin St.	0.4			●									●							
E. Carroll Joyner Park 701 Harris Rd.	117	●			●	●	●	●	●	●	●	●		●	●					
H.L. Miller Park 401 Elm Ave.	2							●				●								
Heritage High Park* 1140 Forestville Rd.	25		●	●				●							●	●				●
Holding Park 133 W. Owen Ave.	5		●	●	●				●	●		●	●		●				●	
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●		●	●	●	●	●	●	●	●					●
Kiwanis Park 400 E. Holding Ave.	1							●			●	●	●							
Plummer Park 965 Jones Wynd	0.5										●	●	●							
Smith Creek Soccer Center 690 Heritage Lake Rd.	17					●		●	●		●	●	●		●	●				
Taylor Street Park 416 N. Taylor St.	1.5				●		●		●		●	●	●		●				●	
Tyler Run Park 830 Pineview Dr.	9		●	●		●		●				●	●							

*Heritage High School park facilities are open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the town's greenways.

For more information visit wakeforestnc.gov and search "adopt a trail."



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages, including notices about game cancellations. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



GREENWAYS

	Paved (P), Soft Trail (S)	Fitness Equipment	Length in Miles
E. Carroll Joyner Park 701 Harris Rd.	P S	●	3.0 mi. 0.5 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P	●	1.3 mi.
H.L. Miller Park 401 Elm Ave.	P		0.4 mi.
Heritage High Park 1150 Forestville Rd.	S		0.8 mi.
J.B. Flaherty Park 1226 N. White St.	P	●	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P		0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P		0.45 mi.
Sanford Creek Heritage South Greenway dead end of Marshall Farm St.	P		3.25 mi.
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P		1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	●	1.73 mi.
Tyler Run Park 830 Pineview Dr.	P	●	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S		1.6 mi.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School, Tyler Run Park and Wake Forest Middle School.

Soccer fields are located at Heritage High School, Smith Creek Soccer Center and Wake Forest Middle School.

See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$150	\$50/hr \$30/hr <i>Resident Discount</i> Light Use Fee: \$25/hr	<i>Subject to PRCR/league schedules</i>



Wake Forest Reservoir

The Wake Forest Reservoir was created as a drinking water source for the town in the early 1960s. Shortly after the City of Raleigh utility merger, the water plant was taken off line, but limited operations are still in place at the reservoir. You can still see some of the water plant structures on site.



Today, the lake is open for paddle and electric powered boats. Hikers can explore the 1.6 mile trail which follows the west bank of the reservoir.

The driveway to the lake is located off of Traditions Grande Boulevard near Wait Avenue. There is a small concrete boat ramp adjacent to the parking area.

Wake Forest's community centers are gathering spots for

Alston-Massenburg Center

416 N. Taylor St.
919-554-6189

HOURS: Mon-Fri 12 pm-8 pm; Sat 8 am-4 pm;
Sun 1-5 pm



The fully renovated Alston-Massenburg Center features a large meeting room, with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground, picnic shelter and sprayground.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Sat & Sun only:</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	24 tables 125 chairs available

Wake Forest Community House

133 W. Owen Ave.
919-435-9560

HOURS: Open for scheduled programs and private rentals



The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House adjoins the Holding Park Aquatic Center and playground. To rent the Community House, call 919-435-9560 or visit town hall.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$150 <i>individual</i> \$350 <i>business</i>	Rental rates range from \$150-\$1,200 <i>See website for details</i>	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight; 8:00 am-midnight	27 tables 170 chairs available



Getting married?
Consider renting a town facility for your special day.

COMMUNITY CENTERS

AND RENTAL FACILITIES



fun and recreation – the perfect location for your next special event.

Flaherty Park Community Center

1226 N. White St.
919-554-6726

HOURS: Mon-Fri 8 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

OPEN PLAY: The gymnasium is available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov – search “flaherty park.”



Flaherty Park Community Center is a recreational facility primarily used for Parks, Recreation & Cultural Resources programs. The center features a gymnasium, an arts & crafts room, a game room and a meeting room with an adjoining kitchen.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$75/hr- \$300/hr <i>Two hour minimum. See website for details</i>	<i>Sat & Sun only</i>	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$150 <i>individual</i> \$350 <i>business</i>	Rates range from \$40/hr- \$160/hr <i>Two hour minimum. See website for details</i>	<i>Sat & Sun only</i>	4 tables 20 chairs available
Open Space	\$50 <i>individual</i> \$150 <i>business</i>	Rates range from \$15/hr- \$150/hr <i>Two hour minimum. See website for details</i>	<i>Daily</i>	–

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Joyner Park Community Center

701 Harris Road
919-435-9560

HOURS: Mon-Fri 6 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

The Joyner Park Community Center is scheduled to open in early fall. The 32,000 sq. ft. facility includes a gymnasium, walking track, dance studio, meeting rooms and a kitchen.



Wake Forest Renaissance Centre for the Arts

405 S. Brooks St.

Arts Annex: 407 S. Brooks St.
919-435-9458

Event Hotline: 919-435-9428



The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events. Located in the heart of Wake Forest's Renaissance District, the Renaissance Centre strives to connect and engage our community through inspiring arts experiences, and contribute to the economic growth and quality of life in our region.

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestrencen.org or call 919-435-9458.

Compare Amenities

	Available for Rent	Class/Program Room	Dance Studio	Fitness Equipment	Game Room	Gymnasium	Indoor Walking Track	Kitchen	Locker Rooms/Showers	Meeting Room	Performance Stage	Swimming Pool
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COMMUNITY CENTERS & FACILITIES

Alston-Massenburg Center 416 N. Taylor St.	•	•						•		•	•	
Flaherty Park Community Center 1226 N. White St.	•	•			•	•		•		•		
Holding Park Aquatic Center 133 W. Owen Ave.												•
Joyner Park Community Center 701 Harris Road		•	•	•		•	•	•	•	•		
Wake Forest Community House 133 W. Owen Ave.	•							•		•		
Wake Forest Renaissance Centre for the Arts 405 S. Brooks St.	•	•								•	•	

PRESCHOOL

PROGRAMS & CLASSES

Geared for our youngest residents, these classes help preschoolers learn about the world through exploration.



Art

Toddler Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Participants will explore different themes through hands-on arts and craft projects and story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	10:30-11:30 am	Sep 14	All Things Fall	\$40 \$25 <i>RD</i>	18 mos-3 yrs
Flah Park	Sa	10:30-11:30 am	Oct 26	Trick-or-Treat	\$40 \$25 <i>RD</i>	18 mos-3 yrs
Flah Park	Sa	10:30-11:30 am	Nov 23	We are Thankful	\$40 \$25 <i>RD</i>	18 mos-3 yrs
Flah Park	Sa	10:30-11:30 am	Dec 21	Holiday Ornament	\$40 \$25 <i>RD</i>	18 mos-3 yrs
Flah Park	Sa	10:30-11:30 am	Feb 8	Love is in the Air	\$40 \$25 <i>RD</i>	18 mos-3 yrs

Preschool Art

Parents and their children are invited to join fun and exciting one-day themed workshops! Participants will explore different themes through hands-on arts and craft projects and story time with Mr. Moo Monet. **INSTRUCTOR:** Maureen Seltzer



Flah Park	Sa	1:00-3:00 pm	Sep 14	All Things Fall	\$45 \$30 <i>RD</i>	ages 3-5
Flah Park	Sa	1:00-3:00 pm	Oct 26	Trick-or-Treat	\$45 \$30 <i>RD</i>	ages 3-5
Flah Park	Sa	1:00-3:00 pm	Nov 23	We are Thankful	\$45 \$30 <i>RD</i>	ages 3-5
Flah Park	Sa	1:00-3:00 pm	Dec 21	Holiday Ornament	\$45 \$30 <i>RD</i>	ages 3-5
Flah Park	Sa	1:00-3:00 pm	Feb 8	Love is in the Air	\$45 \$30 <i>RD</i>	ages 3-5

Dance

Mini Tutu Toddlers

Join us in introducing the magic of ballet by exploring enchanted worlds of fairies, princesses, and sugar plums. Your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Toddlers will learn spatial awareness, musical rhythms and following directions all while having fun! **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Tutus welcome!

INSTRUCTOR: Caroline Steffen



Alst Mass	M	9:30-10:00 am	Sep 9-30		\$55 \$40 <i>RD</i>	ages 2-3
Alst Mass	M	9:30-10:00 am	Oct 14-Nov 4		\$55 \$40 <i>RD</i>	ages 2-3
Alst Mass	M	9:30-10:00 am	Jan 6-Feb 10*		\$55 \$40 <i>RD</i>	ages 2-3

*No class Jan 20



Magical Ballerinas

Join us in discovering the magic of ballet. Each week, your little ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Dancers will learn beginning ballet terminology and movements in addition to spatial awareness, musical rhythms, and following directions all while having fun! **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Black leotards, pink tights, and tutus recommended.

INSTRUCTOR: Caroline Steffen

Alst Mass	M	10:15-10:45 am	Sep 9-30	\$55 \$40 RD	ages 3-5
Alst Mass	M	10:15-10:45 am	Oct 14-Nov 4	\$55 \$40 RD	ages 3-5
Alst Mass	M	10:15-10:45 am	Jan 6-Feb 10*	\$55 \$40 RD	ages 3-5

*No class Jan 20

Mini Prima Ballerinas

Join us in discovering the magic of ballet. Each week, your ballerina will learn ballet characters and their classical music through creative movement and exercising imagination. Dancers will learn the ballet terminology and movements in addition to learning the structure of a ballet class. **REQUIREMENTS:** Comfortable, easy to move in clothing and ballet shoes. Black leotards, pink tights and tutu or ballet skirt recommended. **INSTRUCTOR:** Caroline Steffen

Alst Mass	M	11:00-11:30 am	Sep 9-30	\$55 \$40 RD	ages 4-7
Alst Mass	M	11:00-11:30 am	Oct 14-Nov 4	\$55 \$40 RD	ages 4-7
Alst Mass	M	11:00-11:30 am	Jan 6-Feb 10*	\$55 \$40 RD	ages 4-7

*No class Jan 20

Dance 4 Tots

Led by a dedicated instructor, this class will have your little one on their tiny feet in no time! They will learn ballet, tap, music and creative movement. They will explore movements that teach them the difference from their left and right, how to balance, hop, skip, and jump. Additionally, they will learn coordination skills. **REQUIREMENTS:** *Girls:* leotard, tights, tutu or skirt, tap shoes and pink ballet shoes, hair pulled up and out of face. *Boys:* White T-shirt, black dance pants, compression pants, sweat pants, tap shoes and black ballet shoes. **INSTRUCTOR:** Monet Performing Arts Studio

Flah Park	W	5:30-6:00 pm	Sep 4-Oct 9	\$65 \$50 RD	ages 2-4
Flah Park	W	5:30-6:00 pm	Oct 23-Nov 27	\$65 \$50 RD	ages 2-4
Flah Park	W	5:30-6:00 pm	Jan 15-Feb 19	\$65 \$50 RD	ages 2-4

RD=Resident Discount

Open Play

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! We will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/caregivers are required to stay with their child.

Flah Park	Th	11:00 am-12:00 pm	ongoing	free	18 mos-5 yrs
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Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	Th	11:00 am-1:30 pm	ongoing	free	18 mos-5 yrs
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Athletics

Soccer Rockers

Let's kick it! Begin to develop your little kickers' skills in this fun and exciting soccer class. Participants will be taught the basics and FUNDamentals of soccer. Directed by Fabrice Shema, University of Virginia national champion (2014), former collegiate soccer player, participants will make new friends while learning teamwork and sportsmanship. **INSTRUCTOR:** Hoopers Elite

Joyner Park*	Sa	9:00-9:45 am	Sep 7-Oct 12	\$95 \$80 RD	ages 2-6
Joyner Park*	Sa	10:00-10:45 am	Sep 7-Oct 12	\$95 \$80 RD	ages 2-6
Joyner Park*	Sa	9:00-9:45 am	Nov 2-Dec 7	\$95 \$80 RD	ages 2-6
Joyner Park*	Sa	10:00-10:45 am	Nov 2-Dec 7	\$95 \$80 RD	ages 2-6

*Classes will be held in the meadows



PRESCHOOL

Preschool Hoops

SWISH! Begin to develop your little ballers' skills in this fun and exciting basketball class. Participants will be taught the basics and FUNDamentals of basketball including dribbling, passing, shooting, and defense. Led by former professional basketball player JJ Miller. **INSTRUCTOR:** JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	8:00-8:45 am	Sep 7-28	\$75 \$60 RD	ages 3-5
Flah Park	Sa	8:00-8:45 am	Oct 19-Nov 9	\$75 \$60 RD	ages 3-5
Flah Park	Sa	8:00-8:45 am	Nov 30-Dec 21	\$75 \$60 RD	ages 3-5

Kidokinetics Jr. Sports & Fitness <<NEW!>>

Move, stretch and build confidence together while learning fundamental gross motor and sports skills. Engaging children in active play encourages a positive attitude towards active play and physical activity. Benefits include increased social stimulation, improved muscle strength and coordination and dedicated play time with your child! Activities include a variety of age appropriate sports, games and activities. **INSTRUCTOR:** Kidokinetics Triangle NC

Flah Park	Th	9:00-9:45 am	Sep 12-Oct 3	\$55 \$40 RD	18 mos-3 yrs
Flah Park	Th	9:00-9:45 am	Oct 17-Nov 7	\$55 \$40 RD	18 mos-3 yrs
Flah Park	Th	9:00-9:45 am	Nov 21-Dec 19*	\$55 \$40 RD	18 mos-3 yrs
Flah Park	Th	9:00-9:45 am	Jan 9-30	\$55 \$40 RD	18 mos-3 yrs

*No class Nov 28

Kidokinetics Preschool Sports & Fitness <<NEW!>>

Designed for kids who are ready to get moving on sports FUNDamentals! Through a variety of sports, activities and games, we focus on basic gross motor skills such as throwing, catching, kicking, jumping and running and offer an introduction to sports such as baseball, football, hockey, basketball, and many more. Classes enhance balance, coordination and muscle tone while developing good play and social skills. Our program is non-competitive. **INSTRUCTOR:** Kidokinetics Triangle NC

Flah Park	Th	10:00-10:45 am	Sep 12-Oct 3	\$55 \$40 RD	ages 3-5
Flah Park	Th	10:00-10:45 am	Oct 17-Nov 7	\$55 \$40 RD	ages 3-5
Flah Park	Th	10:00-10:45 am	Nov 21-Dec 19*	\$55 \$40 RD	ages 3-5
Flah Park	Th	10:00-10:45 am	Jan 9-30	\$55 \$40 RD	ages 3-5

*No class Nov 28



Art

Art for Youth & Teens

New students will start by drawing learning shape, value, and shading. Returning students can choose their media: acrylics, watercolors, pencils and ink. Will work with a variety of subject matters. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00-2:30 pm	Aug 7-Sep 11	\$75 \$60 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Sep 25-Oct 30	\$75 \$60 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Nov 13-Dec 18*	\$65 \$50 RD	ages 10-16
Flah Park	W	1:00-2:30 pm	Jan 8-Feb 12	\$75 \$60 RD	ages 10-16

*No class Nov 27

Music

Beginner Acoustic Guitar Lessons

Participants will take part in an upbeat and engaging learning experience. Participants will learn the basics of acoustic guitar including basic chords and strumming patterns. Pick and acoustic guitar required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Th	7:00-8:00 pm	Sep 5-26	\$95 \$80 RD	ages 6-8
Flah Park	Tu	7:00-8:00 pm	Nov 5-26	\$95 \$80 RD	ages 6-8
Flah Park	Th	7:00-8:00 pm	Jan 2-23	\$95 \$80 RD	ages 6-8

Wake Forest Community Youth Choirs

Our mission is to provide an opportunity for young singers in the Wake Forest community to learn a wide variety of high quality choral repertoire, both sacred and secular, and to share it with the community. We are committed to having membership that is open to singers of all racial, cultural, religious and economic backgrounds. Auditions are required except for the primary choir. Audition to be held Tuesday, Aug. 20. To register your child for an audition and find out more please visit our website wakeforestyouthchoirs.org or email the director at wakeforestyouthchoirs@gmail.com. **DIRECTOR:** Kasie Brooks



Ren Ctr	Tu	5:00-5:30 pm	Primary Choir	Sep 10-May 5*	\$175**	K-Grade 3
Ren Ctr	Tu	5:30-6:30 pm	Children's Choir	Sep 10-May 5*	\$290**	Grades 4-8
Ren Ctr	Tu	6:30-7:30 pm	Youth Chorale	Sep 10-May 5*	\$290**	Grades 9-12

*No rehearsal Nov 26 and Apr 7. **All materials and choir shirt are included.

Dance

KRUMP Movement

Dancers are some of the most athletic people of our time. This is a dance aerobics class with professional KRUMP dancer, Wise Tha Lyan. By using his knowledge of the KRUMP dance style students will experience energy boosting, body toning and muscle building in the workout session. Let's make working out fun!

Ren Ctr	M	6:30-7:30 pm	Sep 9-Oct 28	\$45	ages 13+
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Hip Hop Explosion Tots

Is your little one always dancing when the radio comes on? Do they enjoy high energy movement? If so, this is a great beginner class for your young hip hop creative mover. Our amazing teacher will teach your young students hip hop dance choreography that is fun, creative, and energizing. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop Dance.

REQUIREMENTS: Sneakers or dance shoes. **INSTRUCTOR:** Monet Performing Arts Studio

Flah Park	W	5:00-5:30 pm	Sep 4-Oct 9	\$65 \$50 RD	ages 4-6
Flah Park	W	5:00-5:30 pm	Oct 23-Nov 27	\$65 \$50 RD	ages 4-6
Flah Park	W	5:00-5:30 pm	Jan 15-Feb 19	\$65 \$50 RD	ages 4-6



Hip Hop Explosion Juniors

We are extremely excited to introduce this new and energetic class. Our amazing teacher will teach students hip hop dance choreography that is fun, creative, and challenging. Students will enjoy performing these movements while creating dances that will exhibit today's latest dance moves and music styles. This explosive style of dance varies from pop and rhythmic movements to creative stylish moves done to the latest hip hop, pop, and radio music. Your student will have the wonderful experience of exploring the creative world of Hip Hop dance style. **REQUIREMENTS:** Sneakers or dance shoes. **INSTRUCTOR:** Monet Performing Arts Studio

Flah Park	W	7:00-7:30 pm	Sep 4-Oct 9	\$65 \$50 RD	ages 7-13
Flah Park	W	7:00-7:30 pm	Oct 23-Nov 27	\$65 \$50 RD	ages 7-13
Flah Park	W	7:00-7:30 pm	Jan 15-Feb 19	\$65 \$50 RD	ages 7-13

"Bring It" Majorette/Dance I ◀NEW!▶

We are extremely excited to introduce this new and energetic class. Join our explosive and professional Master Choreographers as they instruct your student in Majorette style dance. This dance is high-energy, synchronized, rhythmic dance that will have any age student wanting more! The moves and technique draw from ballet, jazz, modern dance, hip hop, and gymnastics. So if you are looking for a movement that challenges your discipline, originality, passion, and teaches you to compete with self to become the best dancer, then contact us today about this phenomenal class.

REQUIREMENTS: Comfortable athletic or dance clothes, sneakers or dance shoes.

INSTRUCTOR: Monet Performing Arts Studio

Alst Mass	Th	6:30-7:00 pm	Sep 5-26	\$50 \$35 <i>RD</i>	ages 6-9
Alst Mass	Th	6:30-7:00 pm	Oct 24-Nov 14	\$50 \$35 <i>RD</i>	ages 6-9
Alst Mass	Th	6:30-7:00 pm	Jan 16-Feb 6	\$50 \$35 <i>RD</i>	ages 6-9

"Bring It" Majorette/Dance II ◀NEW!▶

We are extremely excited to introduce this new and energetic class. Join our explosive and professional Master Choreographers as they instruct your student in Majorette style dance. This dance is high-energy, synchronized, rhythmic dance that will have any age student wanting more! The moves and technique draw from ballet, jazz, modern dance, hip hop, and gymnastics. So if you are looking for a movement that challenges your discipline, originality, passion, and teaches you to compete with self to become the best dancer, then contact us today about this phenomenal class.

REQUIREMENTS: Comfortable athletic or dance clothes, sneakers or dance shoes.

INSTRUCTOR: Monet Performing Arts Studio

Alst Mass	Th	7:00-7:30 pm	Sep 5-26	\$50 \$35 <i>RD</i>	ages 10-15
Alst Mass	Th	7:00-7:30 pm	Oct 24-Nov 14	\$50 \$35 <i>RD</i>	ages 10-15
Alst Mass	Th	7:00-7:30 pm	Jan 16-Feb 6	\$50 \$35 <i>RD</i>	ages 10-15

Creative Combo Dance

This class will be your student's favorite. Everyone loves the opportunity to explore the new dance moves taught in this class, while also mastering the classic moves they learned as a tot. Your student will get a creative mix of ballet, jazz, hip hop, and tap on a weekly basis. Our amazing instructor will make sure everyone gets individual attention while keeping the class collaborative as they learn the basic foundational skills of dance in these four techniques. **REQUIREMENTS:** *Girls:* leotard, tights, tutu or skirt, tap shoes and pink ballet shoes, hair pulled up and out of face. *Boys:* White tee-shirt, black dance pants, compression pants, sweat pants, tap shoes and black ballet shoes.

INSTRUCTOR: Monet Performing Arts Studio

Flah Park	W	6:15-6:45 pm	Sep 4-Oct 9	\$65 \$50 <i>RD</i>	ages 5-9
Flah Park	W	6:15-6:45 pm	Oct 23-Nov 27	\$65 \$50 <i>RD</i>	ages 5-9
Flah Park	W	6:15-6:45 pm	Jan 15-Feb 19	\$65 \$50 <i>RD</i>	ages 5-9

Theater

Creative Drama

Students will explore and practice the skills needed to bring a story to life such as movement, pantomime, vocal projection and characterization. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr	Sa	9:30-10:30 am	Sep 7-Oct 19	Aesop's Fables	\$100	Grades 1-2
Ren Ctr	Sa	9:30-10:30 am	Jan 11-Feb 22	Delightful Dinosaurs	\$100	Grades 1-2

Script Works

Students will use short scripts to practice embodying a character, vocal projection and expression and working collaboratively. Students will explore and understand the elements of a scene including character, relationships, objectives and conflict.

INSTRUCTOR: Raleigh Little Theatre

Ren Ctr	Sa	11:00 am-12:15 pm	Sep 7-Oct 19	Scenes from Junie B Jones	\$105	Grades 3-5
Ren Ctr	Sa	11:00 am-12:15 pm	Jan 11-Feb 22	Scenes from Jungle Book	\$105	Grades 3-5



Lego®

LEGO® Engineering Explorers After School Enrichment

Join the #1 child's enrichment program for a STEM-based after school experience that provides your child with an intellectually engaging and fun after school program by teaching conceptualization and problem solving. Not only are our classes exciting, but they help students improve their fine motor skills, reinforce STEM principles, explore their creativity and most importantly, teaches engineering skills to prepare the next generation for the future. All sessions include our Mini Figure Factory in which your child designs and takes home his or her own Lego® Mini Figure at the end of the session. **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	Th	4:00-5:00 pm	Sep 5-Oct 10	\$150*	Grades K-5
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*Fee includes all materials



Winter Wonderland Challenge with LEGO® Materials

Get ready for the deep freeze this winter! Apply concepts in engineering and architecture to brave the challenges of winter weather. Design and build motorized contraptions such as snowplows, gondolas, and a snowball launcher with the guidance of an experienced Play-Well instructor and tens of thousands of LEGO® pieces. **INSTRUCTOR:** Play-Well TEKologies



Flah Park	M-Tu	1:00-4:00 pm	Dec 30-31	\$85 \$70 RD	ages 7-12
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LEGO® Stop Motion Animation Camp

"Everything is Even More Awesome" when you are the director and producer of your own Lego® Movie adventure. You will script, stage, produce and shoot your own mini-movie using stop action animation techniques and LEGO® Bricks. Taco Tuesday may have come and gone, but invaders from the planet Duplo® have turned our LEGO® utopia into a wasteland. We need some LEGO® Master builders to join us on an intergalactic journey to rescue our friends from Sweet Mayhem and bring peace (and "pieces") back to Bricksburg! A screening party will be held on the last day of camp for your family and friends. A DVD of all the movies created by the class will be mailed to you. **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	Sa	9:00 am-12:00 pm	Sep 7-21	\$150*	Grades 3-6
Ren Ctr	Sa	9:00 am-12:00 pm	Nov 2-16	\$150*	Grades 5-8

**Fee includes all materials*

LEGO® Movie Mash Up Teacher's Workday Camp

Join us on a movie mash-up adventure! This teacher's workday camp is filled with a variety of awesome model builds from your favorite movies. LEGO® enthusiasts will explore the world of fantasy and imagination by building their favorite characters from Toy Story®, Harry Potter®, How to Train Your Dragon®, Frozen®, Batman®, The Incredibles® and more! You won't want to miss this magical experience, packed with building and imagination! Campers will explore concepts of engineering and architecture through building specially-designed Bricks 4 Kidz motorized models and 3D figures. Participants should bring their own lunch, snacks and beverage(s). **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	F	9:00 am-4:00 pm*	Dec 20	\$125	Grades K-5
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**Participants should bring their own lunch, snacks and beverage(s).*

Winter Wonderland Engineering with LEGO® Materials

Bundle up—we're creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor. **INSTRUCTOR:** Play-Well TEKologies

Flah Park	M-Tu	9:00 am-12:00 pm	Dec 30-31	\$85 \$70 RD	ages 5-6
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STEM Challenge + Harry Potter with LEGO® Materials

FULL DAY. Gear up for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! In this challenge based program, build projects inspired by cool machines close to home, such as Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts. Then travel to Hogwarts School of Witchcraft and Wizardry. Hop on your Broomstick, play Quidditch, and duel the evil Lord Voldemort. Engineering and Wizardry are the focus of this new full-day themed camp for LEGO® fanatics! **INSTRUCTOR:** Play-Well TEKologies

Flah Park	Th-F	9:00 am-4:00 pm	Jan 2-3	\$155 \$140 RD	ages 7-12
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LEGO® Video Game Design After School Enrichment

Students will develop a range of coding and problem-solving skills as they create fun video games in this unique after school enrichment program. Game designers will think creatively, reason systematically, and work collaboratively to create various video games. Each game progressively teaches more advanced capabilities within the video game design software. Students will be proud and excited to actually play their very own completed video games. **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	Th	4:00-5:00 pm	Jan 9-Feb 13	\$150*	Grades 5-8
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**Fee includes all materials*

LEGO® Engineering Explorers Teacher's Workday Camp

Bricks 4 Kidz is a STEM-based program in which campers build a variety of fun-filled motorized models utilizing LEGO® Bricks and Technic® elements. Campers will construct working models incorporating motors and batteries with exciting themes that may include Interesting Inventions, Exploring the Everglades, Energy is Everywhere, Space Exploration, Cranium Contraptions, Amazing Animals, Factory Fun and many others! Campers not only gain engineering skills but learn science and fun facts about the model they build. All activities are designed to enhance a child's self-esteem and improve fine-motor skills while triggering their imagination and building their self-confidence. Games and crafts will also be part of the camper's experience. Participants should bring their own lunch, snacks and beverage(s). **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	W	9:00 am-4:00 pm*	Jan 29	\$125	Grades K-5
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**Participants should bring their own lunch, snacks and beverage(s).*

Martial Arts

Martial Arts

This class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of traditional Tae Kwon Do—breathing, blocking, punching, kicking, forms, and controlled sparring. All students learn in a safe, supportive, and family-friendly environment. No class on the first Thursday of every month. **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	T/Th*	7:00–8:00 pm	Sep–Feb**	\$55 mo \$40 mo RD	ages 7–17
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*No class held the first Thursday of every month, **No class on Nov 28, Dec 24, Dec 26

Champions in Motion – Karate

Our students begin with basic white belt self-defense skills and progress to more advanced techniques through stances, kicks, punches, katas, and sparring. Some instructors use learning tools to ensure our students learn practical application of the skills they are learning in class. Opportunities for belt rank advancement are available at the end of each session. Students always advance even if they are in a 2nd or 3rd degree of the current belt rank to encourage students to continue to put forth their best effort. We also offer special events such as tournaments, brown belt pre-tests to prepare for the black belt test, and an intensive black belt test for those who have advanced to that skill level. **INSTRUCTOR:** Champions in Motion

WFCH	M	6:15–7:00 pm	Sep 9–Jan 27	\$9/week*	ages 4–18 (new athletes)
WFCH	M	7:00–7:45 pm	Sep 9–Jan 27	\$9/week*	ages 4–18 (yellow/green belts)
WFCH	M	7:45–8:45 pm	Sep 9–Jan 27	\$9/week*	ages 4–18 (blue/red belts)
WFCH	M	8:45–9:30 pm	Sep 9–Jan 27	\$9/week*	ages 4–18 (brown/black belts)

*One-time \$11 registration fee required



Smart Bicycling

Smart Bicycling Skills I **NEW!**

Many people like the idea of spending more time on bikes, but they don't feel safe mixing it up with cars. Get the confidence you need to enjoy cycling more. We'll examine safe cycling techniques and ways to make cycling easier and more comfortable. This course will incorporate classroom learning, and basic parking lot maneuvering drills. Students will leave the class more comfortable, knowledgeable and confident for the road. Bring your bike and helmet along with a drink and snack. Ages 15 and under welcome with participating parent or guardian. Pre-registration required.

WF Town Hall*	Sa	8:30 am–12:00 pm	Oct 26	\$15	all ages
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*Held in the ground floor meeting room, most easily accessed via town hall's Taylor Street entrance.

Smart Bicycling Skills II **NEW!**

Complete the rest of the Smart Bicycling course with a short classroom session then you will test your bike handling skills and take a group ride within town and on the greenway. Bring your bike and helmet along with a drink and snack. Ages 14-17 welcome with participating parent or guardian. Those who complete the full training and associated exams will be receive a Smart Cycling Certificate and will be eligible to train to become an instructor. **PREREQUISITE:** Smart Bicycling Skills 1. Pre-registration required.

WF Town Hall*	Sa	8:30 am–12:00 pm	Nov 2	\$15	ages 14+
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*Held in the ground floor meeting room, most easily accessed via town hall's Taylor Street entrance.

Nature

Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive training on proper planting techniques, tree identification, pruning, mulching and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at community events, planting trees, and performing basic maintenance, such as mulching and watering. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am–12:30 pm	Sep 28	4 hrs of volunteer service	ages 13+
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ADULT

PROGRAMS & CLASSES



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Welcome to the art world! Materials supplied by students. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00–3:00 pm	Aug 6–Sep 10	\$95 \$80 RD	ages 17+
Flah Park	Tu	1:00–3:00 pm	Sep 24–Oct 29	\$95 \$80 RD	ages 17+
Flah Park	Tu	1:00–3:00 pm	Nov 12–Dec 17*	\$82 \$67 RD	ages 17+
Flah Park	Tu	1:00–3:00 pm	Jan 7–Feb 11	\$95 \$80 RD	ages 17+

*No class Nov 26

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Must have completed Beginners class. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	10:00 am–12:30 pm	Aug 7–Sep 11	\$95 \$80 RD	ages 17+
Flah Park	W	10:00 am–12:30 pm	Sep 25–Oct 30	\$95 \$80 RD	ages 17+
Flah Park	W	10:00 am–12:30 pm	Nov 13–Dec 18*	\$82 \$67 RD	ages 17+
Flah Park	W	10:00 am–12:30 pm	Jan 8–Feb 12	\$95 \$80 RD	ages 17+

*No class Nov 27

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. All students must be approved by instructor. Let's paint a masterpiece! Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	10:00 am–12:30 pm	Aug 6–Sep 10	\$95 \$80 RD	ages 17+
Flah Park	Tu	10:00 am–12:30 pm	Sep 24–Oct 29	\$95 \$80 RD	ages 17+
Flah Park	Tu	10:00 am–12:30 pm	Nov 12–Dec 17*	\$82 \$67 RD	ages 17+
Flah Park	Tu	10:00 am–12:30 pm	Jan 7–Feb 11	\$95 \$80 RD	ages 17+

*No class Nov 26

Watercolor Workshop – Fabulous Flowers

Learn a variety of approaches to painting flowers. This one-day workshop will include direct painting, wet into wet, color variation, composition, and several approaches to backgrounds. Students will work from live flowers as well as photo references. Instructor will provide step-by-step demonstrations, and focus on assisting students at their appropriate level. **INSTRUCTOR:** Suzanne Hetzel, TWSA, IWS, PWS

Ren Ctr AA	Sa	9:00 am–4:00 pm	Sep 28	\$85	ages 16+
Ren Ctr AA	Sa	9:00 am–4:00 pm	Oct 19	\$85	ages 16+

Basic Drawing

This course will help students express themselves while you learn drawing skills. Students will work with graphite pencils, stick charcoal and colored pastels. Whether you are a beginner or experienced artist, these classes will work for you! **INSTRUCTOR:** Suzanne Hetzel, TWSA, IWS, PWS

Ren Ctr AA	W	6:30–8:30 pm	Jan 8–Feb 12	\$80	ages 18+
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Block Printmaking Workshop

Experiment and learn the concepts of printmaking techniques! Students will create a monoprint and move on to block printing using two colors. Reversal, line and mass, composition and printing skills will be covered. **INSTRUCTOR:** Suzanne Hetzel, TWSA, IWS, PWS

Ren Ctr AA	Sa	9:00 am–4:00 pm	Nov 9	\$85*	ages 16+
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*Students will need to bring a pencil, eraser and smock. All other materials provided.



Beginners Stained Glass

Students will learn to develop a pattern, select glass, cut and fit glass pieces, apply copper foil and solder a stained glass panel. A pattern of tulips and glass will be provided to produce the finished panel. **INSTRUCTOR:** Gary Steimle

Ren Ctr AA	Th	10:00 am-12:00 pm	Sep 12-Oct 17	\$135*	ages 18+
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*Students will be responsible for providing their own tools from the list of materials.

Intermediate Stained Glass

The Intermediate Stained Glass class will give you the opportunity to exercise your skills that you learned in the beginners class and learn new techniques for projects that you do in the future. Each participant will work on a project of their choice and will be responsible for all supplies and materials necessary for the project. So, bring your pattern, glass, all of your tools and your portable bulletin board so that you can transport the project to and from the class. I recommend a panel of less than 150 pieces. I will assist and guide each of you in these projects to improve your final result. **INSTRUCTOR:** Gary Steimle

Ren Ctr AA	M	10:00 am-12:00 pm	Sep 9-30	\$75	ages 18+
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Music

Wake Forest Community Choir

Our mission is to provide an opportunity for outstanding adult singers in the Wake Forest community to learn a wide variety of high quality choral repertoire, both sacred and secular, and to share it with the community. We are committed to having membership that is open to singers of all racial, cultural, religious and economic backgrounds. There will be no auditions held. Come sing with us because you love to sing. **DIRECTOR:** Kasie Brooks

Ren Ctr	Th	7:00-8:30 pm	Sep 5-May 14 (biweekly)	\$200	ages 18+
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*All materials and choir shirt are included.

Theater

The Art of Storytelling

Students will learn the art of storytelling using techniques of Mark Twain and Winston Churchill. **INSTRUCTOR:** Donald McNeill

Ren Ctr AA	Sa	10:00 am-12:00 pm	Sep 7-14	\$45	ages 18+
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ART Mission for Heroes

StopGap For Heroes, Inc. (SGFH), a new nonprofit organization established to provide community-based support services and resources for veterans and first responders, has partnered with the Wake Forest Renaissance Centre in continuing to extend art education to our veterans and their families. **Scholarships are available for veterans and their families.** Contact Debra Horton, dhorton@wakeforestnc.gov to apply. All materials are provided.



Acrylic Painting

ART MISSION FOR HEROES. Painting is one of the oldest expressions of art and has taken many forms throughout history. Acrylic painting is one of them and is one of the most varied and flexible forms. Over the course of eight weeks, we will take a dive into this world through composition, color, and the various techniques and elements that are not only utilized in painting, but can translate to any form of art. **INSTRUCTOR:** Rachel Inman

Ren Ctr AA	W	6:00-8:00 pm	Sep 11-Oct 30	\$25	ages 18+
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To register, contact Debra Horton, dhorton@wakeforestnc.gov

Expression & Inspiration Through Art

ART MISSION FOR HEROES. One enjoyable way of expressing ourselves is through the world of art. Join us for one or all the classes in this series. We look forward to sharing a time of creative expression together! **INSTRUCTOR:** Christy Colebank

Ren Ctr AA	M	6:00-8:00 pm	Nov 4	Tree of Life	\$25	ages 21+
Ren Ctr AA	M	6:00-8:00 pm	Nov 18	Adult Finger Painting	\$25	ages 21+
Ren Ctr AA	M	6:00-8:00 pm	Jan 13	Weaving	\$25	ages 21+
Ren Ctr AA	M	6:00-8:00 pm	Jan 27	Beads & Jewelry	\$25	ages 21+

To register, contact Debra Horton, dhorton@wakeforestnc.gov

Basic Drawing

ART MISSION FOR HEROES. Have you wanted to try the art of drawing to express your thoughts and feelings? This class is just right for the beginner or experienced artist. This course will introduce you to the elements of design and composition principles. You will produce several drawings that will help lead you to a special piece by the end of the course. **INSTRUCTOR:** Gaylord Picard

Ren Ctr AA	M	3:00-5:00 pm	Jan 6-Feb 24	\$25	ages 18+
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To register, contact Debra Horton, dhorton@wakeforestnc.gov

Martial Arts

Martial Arts

This class will teach coordination, focus, discipline, and self-confidence, all while having fun. Participants will learn the basics of traditional Tae Kwon Do—breathing, blocking, punching, kicking, forms and controlled sparring. All students learn in a safe, supportive, and family-friendly environment. No class on the first Thursday of every month. **NATIONAL CERTIFIED INSTRUCTOR:** 8th Dan, Jr. Grand Master Randy Berger

WFCH	T/Th	7:00–8:00 pm	Sep–Feb*	\$55 mo \$40 mo RD	ages 18+
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* No class held the first Thursday of every month
 **No class Nov 28, Dec 24, Dec 26

Fitness

Yoga – All Level

Explore calming and centering your breath, moving energy throughout your body, moderate easy flow (with beginner and power options offered), gentle stretches and finish with an extended meditation. Learn coping skills for stress. Join us on your lunch hour or before school pick up! Please bring a yoga mat, two towels and an open mind. Free introductory class offered Aug 27. **INSTRUCTOR:** Allison Mercurio, RYT



Flah Park	Tu	12:30–1:30 pm	Aug 27	free	ages 16+
Flah Park	Tu	12:30–1:30 pm	Sep 3–24	\$47 \$32 RD	ages 16+
Flah Park	Tu	12:30–1:30 pm	Oct 8–29	\$47 \$32 RD	ages 16+
Flah Park	Tu	12:30–1:30 pm	Nov 12–Dec 10*	\$47 \$32 RD	ages 16+
Flah Park	Tu	12:30–1:30 pm	Jan 7–Feb 4	\$55 \$40 RD	ages 16+

*No class Nov 26

KRUMP Movement

Dancers are some of the most athletic people of our time. This is a dance aerobics class with professional KRUMP dancer, Wise Tha Lycan. By using his knowledge of the KRUMP dance style students will experience energy boosting, body toning and muscle building in the workout session. Let's make working out fun!

Ren Ctr	M	6:30–7:30 pm	Sep 9–Oct 28	\$45	ages 13+
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Smart Bicycling

Smart Bicycling Skills I <<NEW!>>

Many people like the idea of spending more time on bikes, but they don't feel safe mixing it up with cars. Get the confidence you need to enjoy cycling more. We'll examine safe cycling techniques and ways to make cycling easier and more comfortable. This course will incorporate classroom learning, and basic parking lot maneuvering drills. Students will leave the class more comfortable, knowledgeable and confident for the road. Bring your bike and helmet along with a drink and snack. Ages 15 and under welcome with participating parent or guardian. Pre-registration required.

WF Town Hall*	Sa	8:30 am–12:00 pm	Oct 26	\$15	all ages
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*Held in the ground floor meeting room, most easily accessed via town hall's Taylor Street entrance.

Smart Bicycling Skills II <<NEW!>>

Complete the rest of the Smart Bicycling course with a short classroom session then you will test your bike handling skills and take a group ride within town and on the greenway. Bring your bike and helmet along with a drink and snack. Ages 14-17 welcome with participating parent or guardian. Those who complete the full training and associated exams will be receive a Smart Cycling Certificate and will be eligible to train to become an instructor. **PREREQUISITE:** Smart Bicycling Skills 1. Pre-registration required.

WF Town Hall*	Sa	8:30 am–12:00 pm	Nov 2	\$15	ages 14+
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*Held in the ground floor meeting room, most easily accessed via town hall's Taylor Street entrance.





Nature

Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive training on proper planting techniques, tree identification, pruning, mulching and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at community events, planting trees, and performing basic maintenance, such as mulching and watering. **INSTRUCTOR:** Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Sep 28	4 hrs of volunteer service	ages 18+
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Dog Training

Drop-In Dog Training Classes **NEW!**

Drop-in dog training classes are the perfect opportunity for dogs in need of basic obedience and/or light behavioral training to attend a group class that still keeps the integrity of in-home training. Dogs are taught basic obedience commands such as sit, down, come, stay, and heel—like most classes—but students are also taught how to properly deliver commands so they feel confident, comfortable, and in control at all times. Must provide proof of current vaccinations. Non-aggressive dogs only. Intact males and in-season females are not permitted. **INSTRUCTOR:** Sally Said So Professional Dog Training

Flah Park*	Tu	6:00-7:00 pm	Sep 3-Oct 8	\$165 \$150 RD	ages 18+
Flah Park*	Tu	6:00-7:00 pm	Oct 22-Nov 26	\$165 \$150 RD	ages 18+
Flah Park*	Tu	6:00-7:00 pm	Dec 10-Jan 21**	\$165 \$150 RD	ages 18+
Flah Park*	Tu	6:00-7:00 pm	Feb 4-Mar 10	\$165 \$150 RD	ages 18+

*Classes held at Flaherty Park open space near dog park
**No class Dec 24

Lego®

Bricks 4 Biz Adult Team Building / LEGO® Engineering

Spend an evening away from the children while acting like one! Bricks 4 Biz is known for employing Experiential Learning in its team building exercises. Join us while we employ these principles and explore your "funnier" side in working with the group on various building and engineering exercises using LEGO® Bricks! **INSTRUCTOR:** Bricks 4 Kidz of Wake County

Ren Ctr	Sa	7:00-9:30 pm	Nov 16	\$65*	ages 18+
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* Light refreshments will be served.

Understanding Dementia

The following dementia awareness events are free but pre-registration is required at wakeforestnc.gov, search "understanding dementia awareness series."

Sunshine Club: Music & Movement Class

We know music is a strong healer of patients with dementia related diseases and relief for their caregivers. This healing arts classes will promote social interaction in a group setting, while encouraging physical exercise and sensory and memory stimulation within the targeted population. The program will induce memory recall through familiar music and promote movement-using dance. Limited space available for this class. Register by emailing dhorton@wakeforestnc.gov or calling 919-435-9566. **INSTRUCTOR:** Roseanne McFadden

Ren Ctr	W	11:00 am-12:00 pm	Sep 4-Oct 9	Free*	ages 50+
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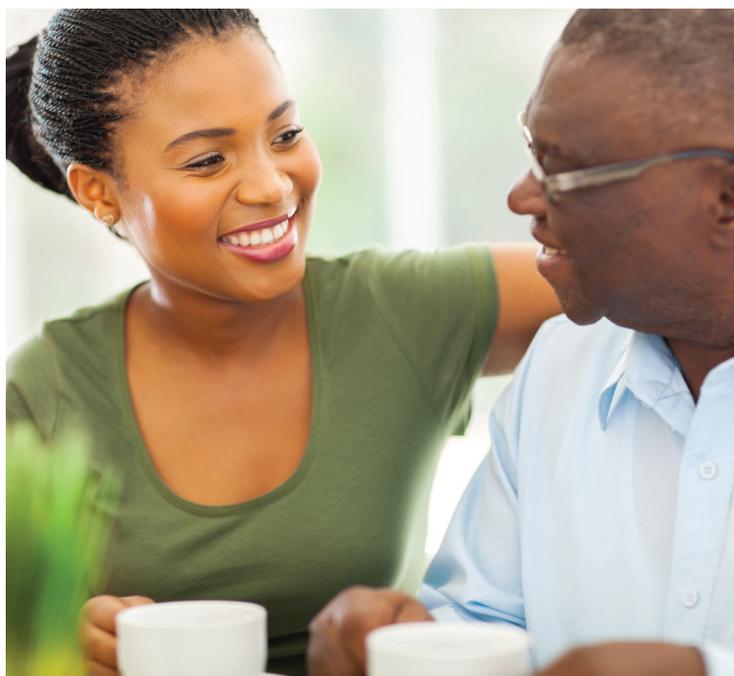
**Pre-registration is required*

So Your Family Member Has Been Diagnosed With Dementia, Now What?

Many times we get the news and are sent home with a basic "come back in six months". Instead of being devastated, let's talk through next steps and find the resources you need to start building your support team for the road ahead. Focusing on priorities and getting steps in place early sets the foundation for a smoother journey. Explore with Dementia Alliance how to develop a plan, educate yourself, know what to expect, and find support. **PRESENTER:** Lisa Levine, Dementia Alliance of North Carolina

Ren Ctr	Th	9:00-11:00 am	Nov 21	Free*	ages 18+
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**Pre-registration is required*



Safety Issues When Living With Dementia

Home safety is always an issue, but it multiplies when a diagnosis of dementia is present. This discussion with Dementia Alliance of North Carolina will examine possible safety concerns and ways to adapt the home to overcome them. In addition, we will look at the issue of wandering, the incidence and how to be prepared for that "it only takes once" moment. **PRESENTER:** Lisa Levine, Dementia Alliance of North Carolina

Ren Ctr	Tu	6:00-7:30 pm	Dec 10	Free*	ages 18+
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**Pre-registration is required*

Hands on Skills: Navigating Daily Care Needs When Living With Dementia

Most of us are not asked, "Do you want to be a caregiver?". Instead, we often take on the role simply because there is no one else to do it. While we do what we can, there isn't one specific course to take on how to give a bath or how to help someone brush their teeth when they don't understand how to do it themselves anymore. **PRESENTER:** Lisa Levine, Dementia Alliance of North Carolina

Ren Ctr	Tu	10:30 am-12:00 pm	Feb 4	Free*	ages 18+
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**Pre-registration is required*

Types of Dementia: Is it Dementia? Is it Alzheimer's? Is it Something Else?

The number one question asked of Dementia Alliance is, "What is the difference between dementia and Alzheimer's?" Dementia and Alzheimer's disease aren't the same. Dementia is an overall term used to describe symptoms that impact memory, performance of daily activities, and communication abilities. Alzheimer's disease is the most common type of dementia but it is by far not the only one. This workshop will explore some of these different types, their similarities and differences, disease characteristics and specific care issues. **PRESENTER:** Lisa Levine, Dementia Alliance of North Carolina

Ren Ctr	Th	9:00-11:00 am	Feb 20	Free*	ages 18+
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**Pre-registration is required*

Memory Café - A Healing Arts Performance

This event is a special opportunity for persons diagnosed with memory loss and their partner/family to engage with peers in a relaxed, unstructured environment. The café atmosphere promotes live musical entertainment, social engagement and support through interaction with others experiencing similar lifestyle changes. **SPONSORED BY:** Family of Irma M. Adams and Brookdale of Wake Forest. For questions or more information call Debra Horton at 919-435-9566.

Ren Ctr	Su	2:00-4:00 pm	Oct 20	Free*	all ages
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**Pre-registration is required*

SPECIALIZED

& INCLUSION PROGRAMS

Enriching programs for individuals with special needs.



Specialized Programs

Club Connect

Join us once a month for socialization, activities and fun! Participants will be provided with the opportunity to socialize with peers, play games, be creative, and plan activities based on input from the group. Participants must be able to perform selfcare routines independently and can bring a buddy if necessary. Don't miss out on all the excitement!

Alst Mass	Th	5:30-7:30 pm	Sep 26	free	ages 15+
Alst Mass	Th	5:30-7:30 pm	Oct 17	free	ages 15+
Alst Mass	Th	5:30-7:30 pm	Nov 21	free	ages 15+
Alst Mass	Th	5:30-7:30 pm	Dec 19	free	ages 15+
Alst Mass	Th	5:30-7:30 pm	Jan 23	free	ages 15+
Alst Mass	Th	5:30-7:30 pm	Feb 27	free	ages 15+

Abilities Choir

Want the opportunity to show off your talents? Come join our inclusive choir and learn about different choral techniques and types of music. This choir includes individuals of all ability levels and provides an outlet for creative expression. **Practices will be held every other Thursday.** Pre-registration required.

Ren Ctr	Th	6:00-7:00 pm	Sep 6-Dec 6*	\$50	ages 10+
Ren Ctr	Th	6:00-7:00 pm	Jan 10-May 2**	\$50	ages 10+

*Performance Dec 12; **Performance May 7

Spirit League Basketball

Spirit League is a unifying, safe and inclusive place for special needs teens and young adults to play basketball, get physically active, and make new friends. Our program stands for acceptance, teamwork, skill development and fun. Spirit League will always celebrate diversity, sportsmanship and the opportunity to be a beacon of hope for all.

Flah Park	F	6:00-7:30 pm	Sep 13-Oct 18	\$15*	ages 12+
Flah Park	F	5:30-7:00 pm	Jan 10-Feb 21	\$15*	ages 12+

*Pre-registration required. \$10 late fee assessed after deadline.

Abilities Tennis Clinics

Abilities Tennis clinics provide specialized instruction and practice for athletes, ages 8 and up. Coaches and volunteers are trained to teach the fundamentals of tennis, practice drills and fun games geared toward improving tennis skills. Beginners to those with advanced skills are all welcome to join in. Coaches are able to adapt tennis for each individual so that all can join in the fun.

Heritage High Park	Sa	4:00-5:00 pm	Sep 7	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Sep 14	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Sep 21	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Sep 28	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Oct 5	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Oct 12	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Oct 19	free*	ages 8+
Heritage High Park	Sa	4:00-5:00 pm	Oct 26	free*	ages 8+

*Pre-registration required

Preschool Sensory Gym

Bring your little one for play time and have a chance to make new friends! In partnership with Pediatric Therapy Associated, we will provide a safe, accepting, and playful environment filled with fun educational and therapeutic toys to play with. No instruction or supervision will be provided. Parents/caregivers are required to stay with their child.

Flah Park	M	10:45 am-11:45 am	ongoing	free	18 mos-5 yrs
Flah Park	Th	11:00 am-12:00 pm	ongoing	free	18 mos-5 yrs



Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League games are played on Saturday mornings from late April through early June at Heritage High Park. Registration is held **online only** throughout the month of February. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-29	Apr-Jun season	\$15*	ages 5+
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*\$10 late registration fee charged after Feb 29

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least three games per season. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-29	Apr-June season	free	ages 10+
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Snowball Dance

Join us for a night in Winter Wonderland, complete with a DJ, refreshments, dancing, and fun! Come with friends or come make new ones! Chaperones will be available for supervision but participants can bring additional support if necessary.

WFCH	Sa	6:00 pm-8:00 pm	Dec 7	\$15*	ages 15+
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*Pre-registration required. \$10 late fee assessed after deadline.

Art Experiences for Adults with Special Needs

Come join us for themed activities based on a book each session. We will read books, engage in art crafts and interact through games.

Ren Ctr AA	F	10:00 am-12:00 pm	Sep 6	\$5	ages 18+
Ren Ctr AA	F	10:00 am-12:00 pm	Sep 20	\$5	ages 18+
Ren Ctr AA	F	10:00 am-12:00 pm	Oct 11	\$5	ages 18+
Ren Ctr AA	F	10:00 am-12:00 pm	Oct 25	\$5	ages 18+

*Pre-registration required

RD=Resident Discount

SPECIALIZED SERVICES

Inclusion Services

The Town of Wake Forest's Parks, Recreation, & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with special needs to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz at kschurtz@wakeforestnc.gov or 919-556-7093.

What is a reasonable modification?

Reasonable modifications are additional supports and resources used to help aid a person with a disability to participate in any program. These resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, or additional support staff. The ADA does not require the Town of Wake Forest to take any action that would fundamentally alter the nature of its programs or services, compromise the safety of participants, or impose an undue financial or administrative burden.

For questions or program ideas, please contact Recreation Specialist Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093.

Community Resources for Specialized Services

Alliance Behavioral Healthcare (24-hr access)	800-510-9132
Alliance of Disability Advocates - Center for Independent Living	919-833-1117
The ARC of the Triangle	919-832-2660
A Small Miracle Inc.	919-900-4422
Autism Society of NC - Wake Co. Chapter	800-442-2762
Brain Balance Achievement Center of Wake Forest	919-554-4622
East Point Prosthetics & Orthotics	919-844-7897
GiGi's Playhouse	919-307-3952
North Carolina Special Olympics.....	919-719-7662
Special Olympics Wake County	919-996-2111
Triangle Behavioral & Educational Solutions	919-449-8345
Triangle Down Syndrome Network.....	919-803-0515
Wake County Human Services	919-212-7000
Wake Forest Dream League	919-556-7093
WCPSS - Family & Community Connections.....	919-431-7334



ATHLETICS

YOUTH AND ADULT



Youth Athletics

BASEBALL / SOFTBALL

Youth Baseball, Softball and T-Ball

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participants age on April 30, 2020. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-29	Mar-Jun season	\$100 \$60 <i>RD</i>	boys, ages 5-17 girls, ages 5-15
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Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League games are played on Saturday mornings from late April through early June at Heritage High Park. Registration is held online only throughout the month of February. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093

Registration: Feb 1-29	Apr-Jun season	\$15*	ages 5+
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*\$10 late registration fee charged after Feb 29

Dream League Baseball "BUDDY" Program

Dream League Buddies assist players during games. This may include, but is not limited to, help guide a batter around the bases, assist in retrieving the ball, and cheering players on! Buddies are required to attend at least three games per season. **STAFF CONTACT:** Kelly Schurtz, kschurtz@wakeforestnc.gov, 919-556-7093.

Registration: Feb 1-29	Apr-Jun season	free	ages 10+
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VOLLEYBALL

Youth Volleyball - YVP All Skills

Triangle's Youth Volleyball Program is the most popular youth volleyball training program in the area. YVP programs offer age appropriate skill development, opportunities to play volleyball games and even opportunities to compete in a league format. When appropriate, accommodations are made to encourage player success. Younger players will learn skills with the aid of "volleylite" and "first touch" volleyballs, lower nets, and other modifications designed to help younger players learn and play with proper fundamentals. YVP is the perfect beginning volleyball experience. **INSTRUCTOR:** Triangle Volleyball.

Flah Park	Tu	6:00 pm-7:00 pm	Aug 6-27	\$75 \$60 <i>RD</i>	ages 6-9
Flah Park	Tu	7:15 pm-8:15 pm	Aug 6-27	\$75 \$60 <i>RD</i>	ages 10-12

Youth Volleyball - YVP Play the Game

A series of modified 'lead-up' volleyball games that isolate or focus on a specific skill suitable for beginners in grades 1-8. Examples include serving games, attacking games, setting games and passing games. These games include a variety of formats (1 vs. 1, 2 vs. 2, 4 vs. 4, etc.) but do not include full 6 vs. 6 scrimmages using regulation volleyball rules or scoring. These games might include net height and court size adaptations to encourage player success. **INSTRUCTOR:** Triangle Volleyball

Flah Park	Tu	6:00 pm-7:00 pm	Sep 10-Oct 1	\$75 \$60 <i>RD</i>	ages 6-9
Flah Park	Tu	7:15 pm-8:15 pm	Sep 10-Oct 1	\$75 \$60 <i>RD</i>	ages 10-12



BASKETBALL

Youth Basketball

Team practices begin in late October. Games are played December-February. League age is determined by participant's age on Dec. 31, 2019. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Sep 1-30	Nov-Feb season	\$100 \$60 <i>RD</i>	boys & girls, ages 5-17
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Skills, Drills & Development Basketball Clinic

Improve on your baller's basic fundamentals and skills with this fun and challenging basketball clinic. This clinic is designed by JJ Miller to improve each player's game, build confidence, and help them have more fun with the game of basketball.

INSTRUCTOR: JJ Miller, Hoopers Elite Basketball Services

Flah Park	Sa	9:00-9:45 am	Sep 7-28	\$75 \$60 <i>RD</i>	ages 6-12
Flah Park	Sa	9:00-9:45 am	Oct 19-Nov 9	\$75 \$60 <i>RD</i>	ages 6-12

TRACK & FIELD

Track & Field

In this introduction to track and field, participants will learn proper running technique and gain experience in their choice of the following Olympic running events: 100, 200, 400, 800, 1500, 3000. Open to runners age 6-14 (age determined by age on 1/1/2020). Participants will also have an opportunity to be exposed to the hurdles, long jump, and shot put. Participant fee includes a t-shirt. **COACHES:** Matt & LaTosca Goodwin, NC Speed Academy



WF Middle	M/W	6:00-7:00 pm	Apr 6-May 15	\$100 \$85 <i>RD</i>	ages 6-14
WF Middle	T/Th	6:00-7:00 pm	Apr 7-May 16	\$100 \$85 <i>RD</i>	ages 6-14



CHEERLEADING

Champions in Motion Cheerleading

Champions in Motion offers both recreational and competitive cheerleading programs for girls and boys ages 4-18. Our athletes begin with basic cheerleading skills and progress to more advanced techniques through cheers, dance routines, kicks, jumps, stunts and tumbling. Opportunities for advancement are available by age and skill level so everyone continues to advance. Each four-month session requires a one-time registration fee and participants can conveniently pay each week for practice time. **INSTRUCTOR:** Champions in Motion

Alst Mass	Tu	6:00-6:45 pm	Sep 9-Jan 27	\$9 / week*	ages 4-6
Alst Mass	Tu	6:45-7:30 pm	Sep 9-Jan 27	\$9 / week*	ages 7-9
Alst Mass	Tu	7:30-8:15 pm	Sep 9-Jan 27	\$9 / week*	ages 10-18
Alst Mass	Tu	6:00-6:45 pm	Feb 3-Jun 1	\$9 / week*	ages 4-6
Alst Mass	Tu	6:45-7:30 pm	Feb 3-Jun 13	\$9 / week*	ages 7-9
Alst Mass	Tu	7:30-8:15 pm	Feb 3-Jun 1	\$9 / week*	ages 10-18

*One-time \$11 registration fee required

TENNIS

Youth Tennis

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Athletic League Registration

YOUTH REGISTRATION: **New players** must submit a copy of the participant's birth certificate. **Returning players** are not required to submit a birth certificate. ALL registration for youth leagues will be held online during the specified registration periods. Computer access will be available at Wake Forest Town Hall should registrants need access.

RESIDENT DISCOUNT (RD): Youth athletic league participants will be charged \$100 at the time of registration. Residents who live within the town's limits are eligible for the discounted rate of \$60.

ADULT REGISTRATION: Register online at wakeforestnc.recdesk.com.

REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2020 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2014	2014	2014	2014	2014	2014	2014	2014	2015	2015	2015	2015	5
2013	2013	2013	2013	2013	2013	2013	2013	2014	2014	2014	2014	6
2012	2012	2012	2012	2012	2012	2012	2012	2013	2013	2013	2013	7
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	8
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	9
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	10
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	11
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	12
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	13
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	14
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	15
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	16
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a

WINTER 2019-20 Youth Basketball

League Age

Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	AGE
2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	2014	5
2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	2013	6
2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	2012	7
2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	8
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	9
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	10
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	11
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	12
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	13
2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	14
2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	15
2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	16
2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Rained Out
Sign up to receive
game cancellation notices
via text message.

RainedOut is a free notification program that allows you to receive a text message on your cellphone when games have been cancelled. To enroll for **Youth Baseball/Softball, Dream League, Adult Softball and Track & Field**, send a text to 84483 with the message "Fields19". For the **Volleyball League**, send a text to 84483 with the message "VB2019". For **Youth Basketball and Spirit League**, send a text to 84483, with the message "BB1920".

Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes.

Volunteer Coaching

Volunteer coaches are valuable assets to Wake Forest athletic programs. These individuals demonstrate a selfless concern for the community as evidenced by their willingness to give of their time to help area children.

Opportunities are available to coach the following sports:

- basketball (November-February)
- volleyball (mid-May to late July)
- spring baseball, softball and t-ball (mid-March to late June)
- fall baseball/softball (mid-August through mid-October)

We strive to provide a safe environment for Wake Forest youth. Therefore, before a coach is permitted to participate in any of our youth leagues, he/she is required to annually complete and submit a background check consent form.

To inquire about coaching opportunities, contact Athletic Program Superintendent Edward Austin at 919-435-9562, eaustin@wakeforestnc.gov or Athletic Programs Specialist KP Kilpatrick kkilpatrick@wakeforestnc.gov.



Adult Athletics

KICKBALL

Adult Co-Rec Kickball

League play is scheduled to begin mid-September. Games will be played on weeknights and/or Sundays throughout late October. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep–Oct season	\$225/team	ages 18+
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FLAG FOOTBALL

Adult Flag Football

League games are played on Sunday afternoons from mid-September through early November. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep–Nov season	\$225/team	ages 18+
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SOFTBALL

Men's Spring Recreational Softball League

Games played Monday, Wednesday and Thursday beginning in mid-March. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-29	Mar–Apr season	\$550/team	ages 18+
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Church Men's Softball League

Games will be played Monday, Tuesday, Thursday, Friday and Saturday beginning in late April. **STAFF CONTACT:** KP Kilpatrick, kkilpatrick@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1-31	Apr–Jun season	\$550/team	ages 18+
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PICKLEBALL

Pickleball Clinic – Beginner <NEW!>

Pickleball is considered one of the fastest-growing sports in the United States. It is a paddle sport that combines elements of tennis, badminton, and ping-pong, using a Pickleball paddle and a whiffle-type ball. Pickleball allows you to work on your balance, reflexes, and hand-eye coordination without placing excessive strain on your body. This clinic will provide the basic skills for learning how to play the game. Participants will learn basic rules, court position, basic techniques, courtesy and safety on and off the courts. **INSTRUCTOR:** USAPA Pickleball Ambassadors

Flah Park	M	8:30 am–10:30 am	Sep 9–16	\$35 \$20 RD	ages 18+
Flah Park	M	8:30 am–10:30 am	Oct 7–14	\$35 \$20 RD	ages 18+
Flah Park	M	8:30 am–10:30 am	Jan 6–13	\$35 \$20 RD	ages 18+
Flah Park	M	8:30 am–10:30 am	Feb 3–10	\$35 \$20 RD	ages 18+

**One-time \$11 registration fee required*

Pickleball Clinic – Intermediate <NEW!>

This clinic is for players who can serve and rally consistently but are looking to take their game to the next level. Students will participate in targeted doubles drills designed to improve movement, shot selection, accuracy, power, consistency, the effective use of spin, and the all-important third shot drop. **INSTRUCTOR:** USAPA Pickleball Ambassadors

Flah Park	M	8:30 am–10:30 am	Nov 4–18*	\$65 \$50 RD	ages 18+
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**No class Nov 11*

TENNIS

Adult Tennis

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Join a league as a free agent!

Adult men and women interested in playing softball, kickball and flag football – that do not have a team to play on – can sign up as a free agent. As a free agent, you'll be assigned to a team in need of players. To sign up as a free agent, fill out the form at wakeforestnc.gov (search "free agent").

RENAISSANCE CENTRE

FOR THE ARTS

You'll discover enriching experiences at the centre that will leave you feeling inspired.



Upcoming Events

Trung Thu Moon Festival

Join us in celebrating the diversity of Wake Forest! Tet Trung Thu, as it is known in Vietnam, or the Mid-Autumn Moon festival as we refer to it in America, is one of the two most important festivals in the Vietnamese culture. Steeped in tradition, this ancient celebration revolves around children and is thought to be a time when parents had the opportunity to catch up with their loved ones after the busy summer harvest was completed. Families will enjoy learning about the Vietnamese culture through music, stories, dance, arts and crafts and food. The event will conclude with a children's lantern promenade.



Sep 14	6:00-9:00 pm	Renaissance Centre	\$8 adults, \$6 children under 12 and seniors 65+
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Forest Moon Theater presents **Steel Magnolias**

Written By Robert Hartling. This heartwarming comedy-drama about the bond a group of women share in a small-town Southern Louisiana community, and how they cope with the death of one of their own. As time passes, the women encounter tragedy and good fortune, their friendships are strained, but in the end, find themselves growing stronger and closer in the process. **ADVISORY:** PG for mature language

Sep 20	7:30 pm	Renaissance Centre	Advance: \$15 individual, \$13 student/senior
Sep 21	7:30 pm	Renaissance Centre	Day Of: \$18 individual, \$16 student/senior
Sep 22	3:00 pm	Renaissance Centre	Season and flex passes available. Call the box office for information: 919-435-9458.
Sep 27, 28	7:30 pm	Renaissance Centre	
Sep 29	3:00 pm	Renaissance Centre	

Happy Dan the Magic Man

Everyone laughs louder when Happy Dan is in the house! Children are quickly drawn into his tale of magical fantasy as they perform various feats of magic. The laughter never stops as Happy Dan struggles with his misbehaving props.

Sep 18	11:00 am	Renaissance Centre	\$5 plus tax
Oct 16	11:00 am	Renaissance Centre	\$5 plus tax
Nov 20	11:00 am	Renaissance Centre	\$5 plus tax
Dec 18	11:00 am	Renaissance Centre	\$5 plus tax

Check wakeforestrencen.org for additional dates in 2020.

Vital Theater presents **Angelina Ballerina, The Musical**

Book and Lyrics by Susan DiLallo. Music by Ben Morss. Angelina and her friends are all aflutter because a special guest is coming to visit Camembert Academy! Angelina is the most excited of all, but will she get the starring moment she hopes for? Based on the CG-animated series, *Angelina Ballerina The Next Steps*, *Angelina Ballerina The Musical* is a family friendly show that will have the entire audience dancing in the aisles.



Oct 4	11:00 am	Renaissance Centre	\$10
Oct 4	6:30 pm	Renaissance Centre	\$12



Rockin' the Forest – Live Music Concert Series

Assembling some of the top musical acts in the area, the Rockin' The Forest music series features bands that play beach music, shag, Motown, and rock and roll. The Renaissance Centre is the perfect place to enjoy a fun-filled night of great music while dancing to today's latest hits to the oldies that everyone knows by heart. Bar will be open for wine, beer and other refreshment purchases.

Oct 11	7:30 pm	Hip Pocket	Renaissance Centre	\$15*
Nov 8	7:30 pm	The Catalinas	Renaissance Centre	\$15*
Dec 28	7:30 pm	Steve Owens & Summertime	Renaissance Centre	\$15*
Jan 17	7:30 pm	Legacy Motown Revue	Renaissance Centre	\$15*
Feb 28	7:30 pm	Jim Quick & Coastline	Renaissance Centre	\$15*
Mar 27	7:30 pm	The Magnificents	Renaissance Centre	\$15*

*Six concert package for \$75

**Murder Mystery Dinner Theatre:
It's a Mystery presents Rip Roaring Revenge**

Guests are encouraged to dress as a flapper or come as you are. Dress as a gangster or a silent screen star! Big Pauly's Magnolia Club is the best speakeasy in the state and everyone is dying to get in. Earl Chesterfield and his orchestra will be providing toe-tapping music so you can Charleston throughout the night. Raise a glass with radio hostess, Maisey Monroe. Get your picture taken with movie star Mimi Allmine. Thrill to the stories told by well-known stunt pilot, Cornelia Earnhardt. And get to know our colorful mayor, Leonard "Buddy" Ledbetter. With this eclectic group of guests, one never knows what will happen. In the event of a shocking crime, it will be up to you and your table of fellow sleuths to discover who could commit such an evil deed.

Oct 12	6:30 pm	Renaissance Centre	\$40 (includes 3-course dinner)*
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*Special dietary needs please call the box office at 919-435-9458

NC Symphony Instrument Zoo

Geared for Pre-K-Grade 2. The North Carolina Symphony's Music Discovery program, a part of PNC's Grow Up Great initiative, combines music and storytelling for our youngest audiences. NCS musicians travel to libraries, museums, community and art centers, and Head Start classrooms across the state to share favorite storybooks and introduce children to their instruments. Bring the kids to meet these musicians and try out different instruments at the instrument zoo!



Oct 22	10:00 am	Renaissance Centre	free
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Neck of the Woods

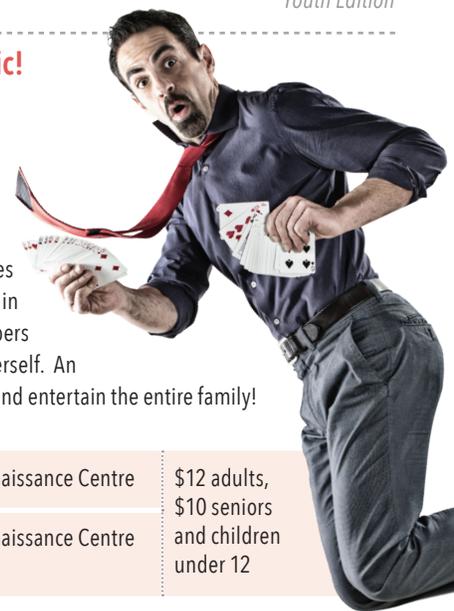
Neck of the Woods is a variety performance series featuring emerging local artists. An evening may consist of several performance acts. Each show is different and may include actors, dancers, musicians, comedians, writers and spoken word artists. Come out and enjoy a truly unique and entertaining event and support your local artists! Bar will be open for wine, beer and other refreshment purchases. **SPONSORED BY: ARTS Wake Forest**

Oct 25*	7:00 pm	Renaissance Centre	\$5
Jan 31	7:00 pm	Renaissance Centre	\$5

*Youth Edition

Joshua Lozoff – Life is Magic!

From his full stage show to his close up Strolling Magic, Joshua Lozoff's performances combine his love for the art of magic, with his fascination with psychology, the powers of observation and influence. In one moment, he makes a drawing come to life just by pointing; in the next he predicts an audience members choices even before she knows them herself. An evening spent with Joshua will amaze and entertain the entire family!



Nov 22	10:00 am	Renaissance Centre	\$12 adults, \$10 seniors and children under 12
Nov 22	7:00 pm	 Renaissance Centre	\$12 adults, \$10 seniors and children under 12

RENAISSANCE CENTRE

Wake Forest Holiday Artisans Market

ARTS Wake Forest is pleased to present its fourth annual Wake Forest Holiday Artisans Market. The Market will showcase a wide variety of items handmade by regional artisans and craftspeople in a wide range of prices. **PRESENTED BY:** ARTS Wake Forest

Dec 7	9:00 am–4:00 pm	Renaissance Centre	free
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Bright Star Theatre presents Cratchit Family Christmas

An 'Arts for All' Program. We know what happened during the Christmas that Old Ebenezer Scrooge was visited by three spirits, but what about the next Christmas? With heartwarming excitement, we find out how the Cratchit family has fared in the year that has passed since old Scrooge learned the true meaning of the season. This tale is sure to delight young and old alike.

Dec 8	3:00 pm	Renaissance Centre	free
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Wake Forest Community Choirs Winter Concert

The Wake Forest Children's Choir and the Wake Forest High School Chorale will present an evening of holiday music under the direction of director, Kasie Brooks.

Dec 10	6:30 pm	Renaissance Centre	free
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Wake Forest Abilities Choir Winter Concert

The Wake Forest Abilities Choir will present an evening of holiday music under the direction of director, Kasie Brooks.

Dec 12	6:30 pm	Renaissance Centre	free
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Live From Nashville - Merry Country Christmas

It's a Merry Country Christmas indeed, when all of your favorite Christmas songs are presented in authentic Nashville country style with dazzling guitars and fiddles along with soaring harmonies. The joy of Christmas comes to you in this delightful production

of toe-tapping, heartfelt music of the holidays. From the fun of *Old Saint Nick* to the profoundly moving *Oh Come all Ye Faithful*, and from the playful *Up on the Housetop* to the poignant *Silent Night*, songs of fun, faith, and hope are presented by the finest musicians and singers steeped in the traditions of America's genre-country!

Dec 14	7:00 pm	Renaissance Centre	\$25
Dec 15	3:00 pm & 7:00 pm	Renaissance Centre	\$25



Back to the '50s Sock Hop

Back by popular demand! Put on your blue suede shoes or pink poodle skirt and get ready to rock around the clock at the Back to the '50s Sock Hop at the Renaissance Centre. Dance the night away to your favorite '50s tunes spun by DJ Randy "Sting" Strum with 1st Choice Customized DJ Services and special music by emcee Rosann McFadden. Ice cream floats and other special treats will be available for purchase at our concession stand. The bar will also be open for wine, beer and soft drink purchases.

Jan 11	7:00–10:00 pm	Renaissance Centre	\$12
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Shades of Gospel

Join us for a lively and educational celebration of gospel music that connects community members of all cultures, ages, and backgrounds! This concert will highlight a range of traditional, southern and contemporary gospel music with special performances by Grammy, Dove and Stellar Award nominated artist Tim Bowman Jr, Trinity Quartet, True Vine, and choirs from Friendship Chapel Baptist Church and Wake Forest Baptist Church.



Jan 25	5:00–9:00 pm	Renaissance Centre	\$15
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Bright Star Theatre presents George Washington Carver & Friends

An 'Arts for All' Program. Black History Heroes have laid the groundwork for some of the most amazing discoveries of the modern era, especially when it comes to science, technology, engineering and math. One of these incredible heroes is George Washington Carver, a scientist who led a remarkable life. See him come to life and meet some of the other incredible scientists and groundbreakers from Black History – including Madame CJ Walker, Jackie Robinson and more!



Feb 8	11:00 am	Alston-Massenburg Center 416 Taylor St	free
Feb 8	6:00 pm	Friendship Chapel Baptist Church 237 Friendship Chapel Road	free



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

Program Refund Policy
Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Forest Moon Theater presents **Prelude to a Kiss**

Written by Craig Lucas. When Peter, a man from a broken family, meets Rita, an insomniac bartender with no faith in the future, only one thing can happen: they fall in love and get married. Then on the evening of their nuptials, an elderly stranger appears at the reception, bearing a kiss for the new bride. In this romantic fantasy, it is a kiss that tests the boundaries of the couple's love. **ADVISORY:** Rated R. Contains some strong language and adult subject matter.

Feb 14	7:30 pm	Renaissance Centre	Advance: \$15 individual, \$13 student/senior Day Of: \$18 individual, \$16 student/senior
Feb 15	7:30 pm 	Renaissance Centre	
Feb 16	3:00 pm	Renaissance Centre	Season and flex passes available. Call the box office for information: 919-435-9458.
Feb 21, 22	7:30 pm	Renaissance Centre	
Feb 23	3:00 pm	Renaissance Centre	

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Kelly Schurtz, kschurtz@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs
Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics
Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.recdesk.com. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees
Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Risk & Liability
By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with/ actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Athletic Refund Policy
Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

OPEN PLAY
RecCard required
To participate in Open Play, you must obtain and show your RecCard. RecCards are required for any individual over the age of six participating in Open Play. Children five and under do not need a RecCard but they must be accompanied to Open Play by a parent or guardian. To get a RecCard, you must first create a new online registration account at wakeforestnc.recdesk.com. RecCards are free. If you lose your RecCard, the charge to get a new one is \$5.

Free Monthly Movie Showings

First Friday Flix

Free movie showings on the **first Friday of each month at 7 pm**. Call the Event Hotline at 919-435-9428 to hear the title of upcoming films.

fliX4kids

Free movie showings on the **second Monday of each month at 10:30 am**. Movies are geared for children ages 3-10. Call the Event Hotline at 919-435-9428 to hear the title of upcoming films.

Free at 3

Free movie showings on the **second Monday of each month at 3 pm** with closed caption screening. Movies are geared for ages 50+. Call the Event Hotline at 919-435-9428 to hear the title of upcoming films.

Renaissance Centre - Ticket Information

PURCHASE TICKETS
Tickets for shows may be purchased at wakeforestnc.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458. **Ticket prices do not include tax.**

STAY CONNECTED
Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestnc.org and clicking on "Join our Mailing List."



American Sign Language Interpretation: For guests who are deaf or hard-of-hearing and use ASL as their primary means of communication, the Renaissance Centre will provide an interpreter for performances marked with this symbol. Please contact the box office at 919-435-9458 at least two weeks before the event to let us know that you will be joining us. Assistive Listening Devices are also available upon request for all Renaissance Centre events.





Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parks-recreation-cultural-resources](http://wakeforestnc.gov/parks-recreation-cultural-resources)

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Permit #118

Opening Soon



Joyner Park Community Center scheduled to open in early fall

Construction is almost complete on the Joyner Park Community Center. Situated one mile east of Capital Boulevard at 701 Harris Road, E. Carroll Joyner Park is Wake Forest's largest park. Offering an abundance of gorgeous scenery, the park consists of 117 acres including picturesque rolling hills, a majestic pecan grove and a 2,000-linear-foot stone ribbon wall.

Designed to blend in with current Joyner Park structures and the

natural habitat, the new 32,000-square-foot facility will feature a walking track, gymnasium for basketball, volleyball and pickleball, multi-purpose rooms, dance studio and kitchen. The facility will be constructed in a manner consistent with the park's natural beauty and rustic feel.

The \$12 million project is financed through general obligation bonds that were approved by Wake Forest voters in November 2014.