

2026 Holding Park Aquatic Center Swim Lesson Information

| Week | Time | Swim Lesson Program | Group Age | |
|------------------------------|---------------|--|---------------------|---------------------|
| May 18th - May 21st | 400pm-445pm | Preschool, Preschool, Preschool, Preschool | Preschool | 3-5yo |
| | 500pm-545pm | Preschool, Preschool, Beginner, Beginner | Beginner | 6-8yo |
| | 600pm-645pm | Beginner, Beginner, Youth Beginner, Youth Beginner | Youth Beginner | 9-12yo |
| | 700pm-745pm | Adult Beginner, Adult Beginner, Youth Beginner, Youth Beginner | Teen Beginner | 13-17yo |
| | | | Adult Beginner | 18+yo |
| June 15th - June 18th | 830am-915am | Beginner, Beginner, Preschool, Youth Beginner | Make Up Days | |
| | 930am-1015am | Beginner, Beginner, Preschool, Preschool | May 18th - 21st | May 22nd |
| | 1030am-1115am | Beginner, Beginner, Preschool, Preschool | June 15th - 18th | June 19th &/or 20th |
| | 630pm-715pm | Preschool, Preschool, Preschool, Preschool | June 22nd - 25th | June 26th |
| | 730pm-815pm | Beginner, Beginner, Beginner, Youth Beginner | July 6th - 9th | July 10th &/or 11th |
| | 815pm-900pm | Adult Beginner, Adult Beginner, Teen Beginner, Youth Beginner | July 13th - 16th | July 17th&/or 18th |
| June 22nd - June 25th | 830am-915am | Beginner, Beginner, Preschool, Youth Beginner | | |
| | 930am-1015am | Beginner, Beginner, Preschool, Preschool | | |
| | 1030am-1115am | Beginner, Beginner, Preschool, Preschool | | |
| | 630pm-715pm | Preschool, Preschool, Preschool, Preschool | | |
| | 730pm-815pm | Beginner, Beginner, Beginner, Youth Beginner | | |
| | 815pm-900pm | Adult Beginner, Adult Beginner, Teen Beginner, Youth Beginner | | |
| July 6th - July 9th | 830am-915am | Beginner, Beginner, Preschool, Youth Beginner | | |
| | 930am-1015am | Beginner, Beginner, Preschool, Preschool | | |
| | 1030am-1115am | Beginner, Beginner, Preschool, Preschool | | |
| | 630pm-715pm | Preschool, Preschool, Preschool, Preschool | | |
| | 730pm-815pm | Beginner, Beginner, Beginner, Youth Beginner | | |
| | 815pm-900pm | Adult Beginner, Adult Beginner, Teen Beginner, Youth Beginner | | |
| July 13th - July 16th | 830am-915am | Beginner, Beginner, Preschool, Youth Beginner | | |
| | 930am-1015am | Beginner, Beginner, Preschool, Preschool | | |
| | 1030am-1115am | Beginner, Beginner, Preschool, Preschool | | |
| | 630pm-715pm | Preschool, Preschool, Preschool, Preschool | | |
| | 730pm-815pm | Beginner, Beginner, Beginner, Youth Beginner | | |
| | 815pm-900pm | Adult Beginner, Adult Beginner, Teen Beginner, Youth Beginner | | |