

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

SEPT 2016-FEB 2017



Fall & Winter Program Guide



WELCOME

Meet the town's Athletics Superintendent



Throughout his 28-year career with the town's recreation department, Ed Austin has seen the town's population blossom from 5,800 to 40,000. Ed now oversees an expanding athletics division that has added numerous programs over the years including basketball, volleyball, flag football, pickleball and kickball.

In addition to supervising athletics, Ed manages the operation of Holding Park Pool. He is also leading the department's efforts to become a nationally accredited agency – a mark of excellence in service that only 141 recreation agencies in the United States have achieved.

Ed is an active member of the North Carolina Recreation and Park Association. He received the NCRPA's Athletic Directors Workshop Meritorious Service Award (2007), and holds certifications from the National Recreation and Park Association and the National Swimming Pool Foundation.

Ed lives in Wake Forest with his wife and two sons. In his free time, he is actively involved with his church, and enjoys spectator sports, reading (American history, especially), traveling and spending time with family and friends.

Wake Forest Parks, Recreation & Cultural Resources Department
 301 S. Brooks St.
 Wake Forest, NC 27587
 919-435-9560
 fax 919-435-9499
wakeforestnc.gov/parksrecreation.aspx

Weather Line
 919-435-9569

Office Hours
 Monday-Friday, 8 am-5 pm

Director
 Ruben Wall
 919-435-9561
rwall@wakeforestnc.gov

Athletics Superintendent
 Edward Austin
 919-435-9562
eaustin@wakeforestnc.gov

Athletic Programs Specialist
 Meghan Hawkins
 919-435-9457
mhawkins@wakeforestnc.gov

Programs Superintendent
 Monica Lileton
 919-435-9563
mlileton@wakeforestnc.gov

Urban Forestry Coordinator
 Jennifer Rall
 919-435-9565
jrall@wakeforestnc.gov

Maintenance Superintendent
 Joshua Glover
 919-554-6184
jglover@wakeforestnc.gov

Office Assistant
 Rosemary Pimentel
 919-435-9564
rpimentel@wakeforestnc.gov

Wake Forest Renaissance Centre for the Arts
 919-435-9458

Centre Manager
 Cathy Gouge
 919-435-9567
cgouge@wakeforestnc.gov

Centre Specialist
 Debra Horton
 919-435-9566
dhorton@wakeforestnc.gov

Flaherty Park Community Center
 1226 N. White St.
 919-554-6726

Alston-Massenburg Center
 416 N. Taylor St.
 919-554-6189

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.



Program registration begins Aug. 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Wake Forest Town Hall**, 301 S. Brooks St., Mon-Fri 8 am-5 pm
- **Flaherty Park Community Center**, 1226 N. White St., Mon-Fri 10 am-10 pm, Sat 8 am-4 pm, Sun 1 pm-5 pm
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 2 pm-8 pm, Sat 8 am- 4 pm, Sun 1 pm-5 pm

CONTENTS

Events	3
Parks & Greenways	5
Centers and Rental Facilities	9

PROGRAMS

Preschool Programs	10
Youth Programs	11
Adult Programs	17

Specialized Programs	21
----------------------	----

ATHLETICS

Youth Athletics	22
Adult Athletics	23

RENAISSANCE CENTRE	25
--------------------	----

EVENTS

AND COMMUNITY ACTIVITIES

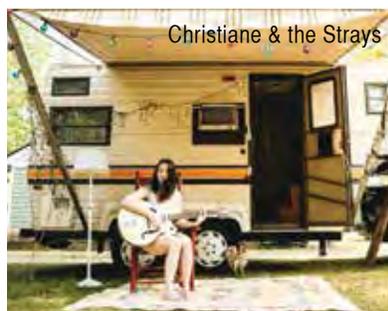


EGG & SPOON RACE: Free games are offered during **Wake Forest Unplugged** at E. Carroll Joyner Park in September.

There's always something to do in Wake Forest!
Save the dates for these fun community events.

Concerts in the Park

Enjoy a free outdoor concert of traditional folk music presented by PineCone: The Piedmont Council of Traditional Music. Christiane & the Strays will perform Aug. 7 followed by a performance by Dark Water Rising on Sept. 4. Co-sponsored by the Wake Forest Parks, Recreation and Cultural Resources Department and Wake Forest ARTS.



Joyner Pk	Su	5:00 pm	Aug 7	free	all ages
Joyner Pk	Su	5:00 pm	Sep 4	free	all ages

Wake Forest Unplugged

Disconnect from your electronic devices and join other Wake Foresters for an afternoon of free games and activities. Make it a day and stay for Concert in the Park beginning at 5 pm. Wake Forest Unplugged is sponsored and coordinated by the Wake Forest Recreation Advisory Board.

Joyner Pk	Su	4:00 pm-6:00 pm	Sep 4	free	all ages
-----------	----	-----------------	-------	------	----------

Father-Daughter Dance ◀ NEW! ▶

Celebrate the special bond that fathers and daughters share with an evening of fun at the Town of Wake Forest's first Father-Daughter Dance. Treat your daughter to a night of music, dancing and memories that she will have for a lifetime. The evening includes music, entertainment, refreshments and a 5x7 photograph of each daddy-daughter couple.

WFCH	F	6:30 pm-8:30 pm	Sep 16	\$20	ages 3-12
------	---	-----------------	--------	------	-----------



Dirty Dogs Pet Extravaganza <<NEW!>>

The Wake Forest PRCR Department is partnering with Dirty Dogs Spa to host the Fourth Annual Dirty Dogs Pet Extravaganza at E. Carroll Joyner Park. This annual event raises money, awareness, and food donations for local animal rescues and provides pet owners a fun day out with their furry sidekicks. Ultimate Air Dogs, the premier dock jumping organization, will be on site to present an amazing show. You can also enter fun contests ranging from 'Best Trick' to 'Pet-Owner Look-A-Like' and attend micro-seminars covering a variety of popular pet topics. Last year's Pet Extravaganza raised over 10,000 lbs. of dog and cat food and over 20 dogs and cats were adopted.

Joyner Pk	Sa-Sun	9:00 am-4:00 pm	Sep 24-25	free	all ages
-----------	--------	-----------------	-----------	------	----------

Joyner Park After Dark <<NEW!>>

Come explore Joyner Park After Dark with a unique camping experience. Campers will participate in a night-time nature walk, learn about nocturnal animals, study the constellations, enjoy campfire stories and songs, and many other activities. For residents who do not own camping equipment, loaner equipment can be provided on a first come, first served basis. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

Joyner Pk	Sa-Su	4:00 pm-9:00 am	Oct 8-9*	\$20/camp-site	ages 4+
-----------	-------	-----------------	----------	----------------	---------

**Rain date Oct 22-23. Pets are not permitted during the camp out.*

Fall Foliage Tour

Area residents are invited to enjoy the vibrant reds, oranges and yellows of autumn while also learning about native trees during two "Fall Foliage Tours." Each will last approximately one hour and involve walking along approximately one mile of paved greenways. Parents and children of all ages are welcome. Anyone interested in participating is encouraged to meet at the information kiosk located next to the Joyner Park parking lot. No registration is required. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

Joyner Pk	W	10:00 am	Oct 26*	free	all ages
Joyner Pk	W	2:00 pm	Oct 26*	free	all ages

**Rain date Oct 28*

Spooktacular

Howl about coming out and goblin up a ghoulish good time this Halloween? A variety of ghostly games and activities will be offered. This year's festivities will include a costume contest, face painting, a haunted maze and cupcake walk, along with a variety of other ghostly games and activities, and free pumpkin giveaways – while supplies last. Costumes are optional, but best costumes will be featured on the town's website.



Flah Park	Th	4:30 pm-8:30 pm	Oct 27	free	all ages
-----------	----	-----------------	--------	------	----------

Princess, Pirates & Hot Chocolate <<NEW!>>

When the weather outside is frightful, warm the spirits with a holiday hot chocolate bar! Dress up as your favorite princess or pirate and join us for a fun party of playing games, craft-making and entertainment. Children must be accompanied by an adult.

WFCH	Sa	10:00 am-12:00 pm	Nov 12	\$10	ages 3-12
------	----	-------------------	--------	------	-----------

Calls From Santa

Children can receive a personal phone call from Santa this Christmas! Registration forms will be available on the town's website beginning December 1. All forms must be returned no later than 5 pm on December 8.

Th	6:00 pm-8:00 pm	Dec 8	free	ages 3-9
----	-----------------	-------	------	----------

Tree Care 101



A comprehensive introductory class on proper tree care practices for the homeowner. Topics will include tree selection, planting, pruning (including proper pruning of crape myrtles) and mulching. This workshop provides an alternative to the Tree Steward workshop for residents who are unable to commit to volunteer service. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Feb 25	\$15	ages 18+
--------------	----	------------------	--------	------	----------

PARKS & GREENWAYS

PLACES TO PLAY

From the flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk

E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns and restored farm buildings, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics and relaxation. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Amidst the beautiful scenery loop three miles of paved trails for walking bicycling and in-line skating. Leashed dogs are also welcome to enjoy the trails.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$100	\$150 Half Day, Mon-Fri \$200 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$250 Full Day, Mon-Fri \$400 Full Day, Sat-Sun/holiday	dawn to dusk
Performance Garden	\$100	\$75 Half Day, Mon-Fri \$100 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$150 Full Day, Mon-Fri \$200 Full Day, Sat-Sun/holiday	dawn to dusk
Open Space (3 sites under pecan grove)	\$100	\$15/hr 2-hr min	Daily dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-435-9560
HOURS: dawn to dusk



Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts and a community center (see page 9 for center information).

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$100	\$15/hr 2-hr min	Daily dawn to dusk
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Subject to WFPRCR/league schedules

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk



Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, 50-meter pool and the Wake Forest Community House.

HOLDING PARK POOL The 50-meter public pool is open from Memorial Day weekend through August.

RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Subject to WFPRCR/league schedules

See page 8 for Wake Forest Community House rental information



PARKS & GREENWAYS



Acres	Amphitheatre	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground	Pond	Swimming Pool	Restrooms	Soccer Field	Tennis Court
-------	--------------	--------------------------	------------------	------------------	----------	---------------	----------	-------	------------	----------------	---------------	------------	------	---------------	-----------	--------------	--------------

PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●				●		●	●	●			●		
DuBois Park 518 N. Franklin St.	0.4			●								●					
E. Carroll Joyner Park 701 Harris Rd.	117	●				●	●	●	●	●	●		●		●		
H.L. Miller Park 401 Elm Ave.	2						●				●						
Heritage High Park* 1140 Forestville Rd.	25		●	●			●								●	●	●
Holding Park 133 W. Owen Ave.	5		●	●	●			●	●		●	●		●	●		
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●		●		●
Kiwanis Park 400 E. Holding Ave.	1					●				●	●	●					
Plummer Park 965 Jones Wynd	0.5									●	●	●					
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●		●	●	●			●	●	
Taylor Street Park 416 N. Taylor St.	1.5				●	●		●		●	●	●			●		
Tyler Run Park 830 Pineview Dr.	9		●	●			●				●	●					

*Heritage High Park is open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the town's greenways.

For more information visit wakeforestnc.gov/adopt-a-trail.aspx or contact Transportation Planning Manager Candace Davis at cdavis@wakeforestnc.gov or 919-435-9513.



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages, including notices about game cancellations. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



Paved (P), Soft Trail (S)	Length in Miles
---------------------------	-----------------

GREENWAYS

E. Carroll Joyner Park 701 Harris Rd.	P	3.0 mi.
	S	0.5 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P	1.0 mi. 0.3 mi*
H.L. Miller Park 401 Elm Ave.	P	0.4 mi.
Heritage High School 1150 Forestville Rd.	S	0.8 mi.
J.B. Flaherty Park 1226 N. White St.	P	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P	0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P	0.45 mi.
Sanford Creek Heritage South Greenway dead end of Marshall Farm St.	P	0.85 mi. 1.3 mi. **
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P	1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	0.63 mi. 1.1 mi.**
Tyler Run Park 830 Pineview Dr.	P	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S	1.6 mi.

*Downtown Connector section (.3 mi.) to be completed 2017.
**Smith/Sanford Creek Greenway (2.4 mi.) to be completed 2017.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School, Tyler Run Park and Wake Forest Middle School.

Soccer fields are located at Heritage High School, Smith Creek Soccer Center and Wake Forest Middle School

See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	<i>Subject to WFPRCR/league schedules</i>



Wake Forest Reservoir

The Wake Forest Reservoir was created as a drinking water source for the town in the early 1960s. Shortly after the City of Raleigh utility merger, the water plant was taken off line, but limited operations are still in place at the reservoir. You can still see some of the water plant structures on site.



Today, the lake is open for paddle and electric powered boats. Hikers can explore the 1.6 mile trail which follows the west bank of the reservoir.

The driveway to the lake is located off of Traditions Grande Boulevard near Wait Avenue. There is a small concrete boat ramp adjacent to the parking area.

Wake Forest's community centers are gathering spots

Alston-Massenburg Center

416 N. Taylor St.

919-554-6189

HOURS: Mon-Fri 2-8 pm; Sat 8 am-4 pm;

Sun 1-5 pm



The fully renovated Alston-Massenburg Center features a large meeting room, with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground and a picnic shelter.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$100	\$200 Half Day	<i>Sat & Sun only</i> 8:00 am-3:00 pm; 5:00 pm-midnight	24 tables 125 chairs available
		\$400 Full Day	8:00 am-midnight	

Wake Forest Community House

133 W. Owen Ave.

919-435-9560

HOURS: Open for scheduled programs and private rentals



The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House adjoins the Holding Park Pool and playground. To rent the Community House, call 919-435-9560 or visit town hall.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$100	\$200 Half Day	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight	27 tables 170 chairs available
		\$400 Full Day	8:00 am-midnight	

CENTERS AND RENTAL FACILITIES



for fun and recreation – the perfect location for your next special event.

Flaherty Park Community Center

1226 N. White St.
919-554-6726

HOURS: Mon-Fri 10 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

OPEN PLAY: The gymnasium is available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov – search “flaherty park.”



Flaherty Park Community Center is a recreational facility primarily used for Parks, Recreation & Cultural Resources programs. The center features a regulation high school gymnasium, an arts & crafts room, a game room and a meeting room with an adjoining kitchen.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$100	\$80/hr 2-hr min Additional \$15/hr supervisory fee for after hours (5 pm-midnight)	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$100	\$40/hr 2-hr min	Sat & Sun only	4 tables 20 chairs available
Open Space	\$100	\$15/hr 2-hr min	Daily	—

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.



Getting married?
Consider renting a town
facility for your special day.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St.

Arts Annex: 407 S. Brooks St.

919-435-9458

Event Hotline: 919-435-9428



The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events. Located in the heart of Wake Forest’s Renaissance District, the Renaissance Centre strives to connect and engage our community through inspiring arts experiences, and contribute to the economic growth and quality of life in our region.

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestnc.org or call 919-435-9458.



Compare Amenities

	Classroom	Game Room	Gymnasium	Kitchen	Meeting Room	Performance Stage	Available for Rent
Alston-Massenburg Center	●			●	●	●	●
Flaherty Park Community Center	●	●	●	●	●		●
Wake Forest Community House				●	●		●
Wake Forest Renaissance Centre for the Arts	●				●	●	●

PRESCHOOL

PROGRAMS & CLASSES

Geared for our youngest residents, these classes help preschoolers learn about the world through exploration.



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	10:00 am-10:45 am	Sep 8-29	\$53	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Oct 13-Nov 10*	\$53	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Jan 13-Feb 3	\$53	18 mos-3 yrs

*No class Oct 27

Preschool Art

Students will enjoy stories and art projects based around a theme. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	11:00 am-12:30 pm	Sep 8-29	\$53	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Oct 13-Nov 10	\$53	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Jan 13-Feb 3	\$53	ages 3-5

Dance

Ballet/Tap/Jazz Combination

Dancers will gain ballet, tap and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three mini routines they will learn throughout the session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	10:00 am-11:00 am	Aug 22-Oct 3*	\$38	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Oct 10-Nov 14	\$38	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Nov 21-Dec 19	\$38	ages 3-5
Alst Mass	M	10:00 am-11:00 am	Jan 9-Feb 20*	\$38	ages 3-5

*No class Sep 5, Jan 16

Tiny Ballerinas

Dancers will gain ballet technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the room. They will apply these skills in mini routines that they will learn throughout the course of the session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:30 am-10:00 am	Aug 22-Oct 3*	\$38	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Oct 10-Nov 14	\$38	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Nov 21-Dec 19	\$38	ages 3-5
Alst Mass	M	9:30 am-10:00 am	Jan 9-Feb 20*	\$38	ages 3-5

*No class Sep 5, Jan 16



YOUTH

PROGRAMS & CLASSES



Creative Movement

This class will guide your child in the discovery of pre-ballet, tap, & jazz through exercises that build coordination, gross motor skills, and bonding relationships. Parents may participate if your dancer needs you to. **REQUIREMENTS:** *Girls:* leotard, tights, hair up and pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, T-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:00 am-9:30 am	Aug 22-Oct 3*	\$38	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Oct 10-Nov 14	\$38	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Nov 21-Dec 19	\$38	ages 2-3
Alst Mass	M	9:00 am-9:30 am	Jan 9-Feb 20*	\$38	ages 2-3

**No class Sep 5, Jan 16*

Fitness

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	M	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs
Flah Park	Th	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs

YogaHappy – Preschool

Songs, games, crafts, stories, imaginative play, and creative movement... this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! Parent participation required. **INSTRUCTOR:** Alison Draper

Flah Park	Th	10:00 am-10:45 am	Sep 15-Oct 20	\$60	ages 2-5
Flah Park	Th	10:00 am-10:45 am	Jan 12-Feb 16	\$60	ages 2-5

Do you dream of being an artist? Or starring on Broadway? Start your journey here with an inspiring class.



Art

Youth Drawing & Painting

Students will learn and enjoy working with different media: pencil, ink, watercolor, and pastel. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Sep 20-Oct 25	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Nov 7-Dec 13*	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Jan 10-Feb 14	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Feb 28-Apr 4	\$60	ages 9-12

**First class held on Monday, Nov 7 due to Election Day*

Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, ink, watercolor, and pastel. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Sep 21-Oct 26	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Nov 9-Dec 14	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Jan 11-Feb 15	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Mar 1-Apr 5	\$60	ages 9-12



Art for Teens

Students will experience working with different mediums: pencil, watercolor, pen & ink, and charcoal. Will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Sep 20-Oct 25	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Nov 7-Dec 13*	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Jan 10-Feb 14	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Feb 28-Apr 4	\$60	ages 13-16

**First class held on Monday, Nov 7 due to Election Day*

Fundamentals of Art: Form & Content

Are you ready to become an even better artist? This course will teach students through examples in art history and through experimentation, how the specific properties of art media and principles of design interact. With individualized instruction you can explore paint, watercolor, pastels, and drawing media to discover your favorite subject matter and to develop your signature style. **INSTRUCTOR:** Sandra Litzenberger

Ren Ctr AA	Tu	6:00 pm-8:30 pm	Nov 1-Dec 20	\$140	ages 16-adult
------------	----	-----------------	--------------	-------	---------------

Drawing on the Right Side of the Brain <<NEW!>>

This course will introduce the drawing methods developed by Dr. Betty Edwards. Students will learn how to make their pencil drawings come alive with accuracy and realism. This method does not require any special aptitude or talent for drawing! **INSTRUCTOR:** Sandra Litzenberger

Ren Ctr AA	T/Th	6:00 pm-8:30 pm	Sep 13-29	\$90	ages 14-adult
------------	------	-----------------	-----------	------	---------------

Mixed Media Mask Making <<NEW!>>

Explore your creative side in this imaginative workshop where students will design and create their own 3-D mask using a fun variety of materials. All supplies included. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	Sa	10:00 am-11:30 am	Oct 15	\$35	ages 10-14
------------	----	-------------------	--------	------	------------

Mixed Media Art Dolls <<NEW!>>

Indulge in creative play as you learn to transform assorted odds and ends into imaginative mixed media art dolls. All supplies included. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	Sa	1:00 pm-3:00 pm	Feb 11	\$40	ages 10-adult
------------	----	-----------------	--------	------	---------------

Santa's Secret Workshop

Kids – here is your chance to place a handmade surprise under the tree for Mom, Dad or the loved one of your choice! Choose, create and wrap your gift with love. Shhh! We can keep a secret, can you? All supplies included. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	Sa	10:00 am-12:00 pm	Dec 17	\$20	ages 5-8
------------	----	-------------------	--------	------	----------

Beginner's Photography (Outdoor Emphasis)

Did you get a new camera for graduation or at any other time? Are you confused about those buttons and things like F-stop, shutter speed, ISO, and white balance? This class will help with all those questions and allow you to take your camera off automatic and take the photograph you would like (instead of what the camera thinks you want). **INSTRUCTOR:** Sol Levine

Flah Park	Sa	9:00 am-3:30 pm*	Oct 1	\$70	ages 13-adult
-----------	----	------------------	-------	------	---------------

**Participants are asked to pack a lunch*



Glass Fusion

Wearable Glass Jewelry <<NEW!>>

After learning the basics of working with glass and safety aspects involved, participants will create approximately three wearable pieces. We will use various tools and types of glass to create unique and beautiful pieces. It will be possible to make earrings and/or necklaces. Completed pieces will be fired and available for pick up one week from the date of the class. All supplies included. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Sep 17	\$60	ages 13-adult
------------	----	------------------	--------	------	---------------

Glass Suncatcher/Holiday Ornament <<NEW!>>

After learning the basics of working with glass and safety aspects involved, participants will create approximately three 2"x3" glass suncatchers/ornaments. This workshop will combine the joy of the holidays with the pride of making your own piece. These pieces will be fired and ready to be picked up one week from the date of the class. Each suncatcher/ornament will be ready to hang. All supplies included. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Nov 19	\$50	ages 10-adult
------------	----	------------------	--------	------	---------------

Glass Fused and Functional

This class will provide students a chance to learn the basics of fusing glass while designing and constructing an original dish (approximately 8"x8") or a hanging piece (approximately 6"x8") using various tools and techniques. Finished pieces will be food safe. Completed pieces will be fired and available for pick up one week from the date of the class. All supplies included. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Oct 22	\$90	ages 13-adult
------------	----	------------------	--------	------	---------------

Textile Arts

Crochet Amigurumi

Make your own unique stuffed animal. Amigurumi is from the Japanese word for crocheted or knitted stuffed doll. These sweet toys are a great way to experiment and be creative. This class is suitable for both beginners and experienced crocheters. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Sep 6-Oct 11	\$70	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Oct 18-Nov 22	\$70	ages 10-adult



Knitted and Fuled Clutch Style Purse <<NEW!>>

Knit a charming clutch purse and line it with a coordinating fabric. An enjoyable project for both novice and experienced knitters. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Sep 6-Oct 11	\$70	ages 10-adult
Ren Ctr AA	Tu	4:00 pm-5:30 pm	Oct 18-Nov 22	\$70	ages 10-adult

Materials list will be provided to students

Knitted Slippers <<NEW!>>

Knit cozy slippers while it is cold outside. These slippers are seamless and fulled. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Jan 10-Feb 14	\$70	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Jan 10-Feb 14	\$70	ages 10-adult

Materials list will be provided to students

Quick Gifts for Christmas <<NEW!>>

Crochet a snowflake soap bag and knit a coffee sweater all in time for gift giving. These small projects work up quickly for some instant crafting gratification. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Dec 6-20	\$35	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Dec 6-20	\$35	ages 10-adult

Materials list will be provided to students

Music

Beginner Acoustic Guitar Lessons

Children will take part in an upbeat and engaging learning experience. Participants will learn the basics of acoustic guitar including basic chords and strumming patterns. Pick and acoustic guitar required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Tu	6:00 pm-7:00 pm	Oct 4-25	\$65	ages 6-8
Flah Park	Tu	6:00 pm-7:00 pm	Nov 8-29	\$65	ages 6-8
Flah Park	Tu	7:00 pm-8:00 pm	Nov 8-29	\$65	ages 9-12
Flah Park	Tu	6:00 pm-7:00 pm	Dec 13-Jan 3	\$65	ages 6-8
Flah Park	Tu	6:00 pm-7:00 pm	Jan 17-Feb 7	\$65	ages 6-8



Intermediate Acoustic Guitar Lessons

Participants will take part in an energetic and upbeat atmosphere where they will continue taking steps toward learning rhythm guitar. Children will continue to learn more challenging chords and strumming patterns. Acoustic guitar and pick required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Tu	7:00 pm-8:00 pm	Oct 4-25	\$65	ages 9-12
Flah Park	Tu	7:00 pm-8:00 pm	Dec 13-Jan 3	\$65	ages 9-12
Flah Park	Tu	7:00 pm-8:00 pm	Jan 17-Feb 7	\$65	ages 9-12

Bow Time – Beginner's Class

This six-week Saturday morning class will prepare students to join existing Bow Time after-school string orchestra classes at their school. Participants will be required to select and obtain their instrument (violin, viola, or cello) prior to the start of class, along with other accessories. Participants will learn how to care for and hold their instrument, use the bow, use the left hand to play different notes, read music, and play together by understanding rhythms and counting. **INSTRUCTOR:** Presti Merrill

Flah Park	Sa	9:00 am-10:30 am	Sep 10-Oct 15	\$125	grades K-5
Flah Park	Sa	9:00 am-10:30 am	Oct 29-Dec 17	\$125	grades K-5

* Visit BowTimeAtSchool.org or contact Ted Wagner at tedwagner71@yahoo.com for details on how to get supplies



Dance

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed. **INSTRUCTOR:** Jimmy Roberson

WFCH	M	7:00 pm-9:00 pm	Sep-Feb*	\$10/mo	ages 12-18
------	---	-----------------	----------	---------	------------

*No class Sep 5, Jan 2, Jan 16;
Class dress is casual but participants are encouraged to wear comfortable shoes

Ballet/Tap/Jazz Combination – Grades K-2

Dancers will gain ballet, tap and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three mini routines they will learn throughout the session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	Th	4:00 pm-5:00 pm	Aug 22-Oct 3	\$60	grades K-2
Alst Mass	Th	4:00 pm-5:00 pm	Sep 29-Nov 3	\$60	grades K-2
Alst Mass	Th	4:00 pm-5:00 pm	Nov 10-Dec 22*	\$60	grades K-2
Alst Mass	Th	4:00 pm-5:00 pm	Jan 5-Feb 9	\$60	grades K-2

*No class Nov 24

Ballet/Tap/Jazz Combination – Grades 3-5

Dancers will gain ballet, tap and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three mini routines they will learn throughout the session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	Th	5:00 pm-6:30 pm	Aug 22-Oct 3	\$70	grades 3-5
Alst Mass	Th	5:00 pm-6:30 pm	Sep 29-Nov 3	\$70	grades 3-5
Alst Mass	Th	5:00 pm-6:30 pm	Nov 10-Dec 22*	\$70	grades 3-5
Alst Mass	Th	5:00 pm-6:30 pm	Jan 5-Feb 9	\$70	grades 3-5

*No class Nov 24

Ballet/Tap/Jazz Combination – Grades 6-8

Dancers will gain ballet, tap and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three mini routines they will learn throughout the session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	Th	6:30 pm-8:00 pm	Aug 22-Oct 3	\$70	grades 6-8
Alst Mass	Th	6:30 pm-8:00 pm	Sep 29-Nov 3	\$70	grades 6-8
Alst Mass	Th	6:30 pm-8:00 pm	Nov 10-Dec 22*	\$70	grades 6-8
Alst Mass	Th	6:30 pm-8:00 pm	Jan 5-Feb 9	\$70	grades 6-8

*No class Nov 24

Martial Arts

Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Sr. Master Randy Berger

WFCH	T/Th	7:00 pm-8:00 pm	Sep-Feb	\$40 / mo.	ages 7-17
------	------	-----------------	---------	------------	-----------

Fitness

YogaHappy – Kids

Songs, games, crafts, stories, imaginative play, and creative movement...this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! **INSTRUCTOR:** Alison Draper

Alst Mass	M	4:30 pm-5:25 pm	Sep 12-Oct 17	\$60	ages 7-10
Flah Park	Th	4:30 pm-5:25 pm	Sep 15-Oct 20	\$60	ages 4-7
Flah Park	M	4:30 pm-5:25 pm	Oct 24-Nov 28	\$60	ages 7-10
Flah Park	Th	4:30 pm-5:25 pm	Jan 12-Feb 16	\$60	ages 4-7
Alst Mass	M	4:30 pm-5:25 pm	Jan 23-Feb 27	\$60	ages 7-10

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy inducing, stress-relieving exercise. In this class students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary. Adults will use large, adult-sized hoops to make moves easy to learn. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke (Pickle Mamas)



WFCH	W	7:00 pm-8:00 pm	Sep 14-Oct 12	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Nov 2-Dec 7**	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Jan 4-Feb 1	\$55*	ages 10+

*Hoops provided; optional \$13 drop-in fee is accepted once minimum of 6 is met
** No class Nov 23

LEGO®

Play-Well TEKologies: Engineering with LEGO Mini-Camps

Become a Play-Well engineer this winter! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, engineering and architecture! These are hands-on, brains-on workshops suitable for LEGO® novices to building “maniacs.”



Winter Wonderland Workshop with LEGO®

In these Play-Well Mini Camps, participants will apply engineering, architecture, creativity and fun to create a magical winter wonderland! Build motorized contraptions like snowmobiles, gondolas and more. We will build a hilltop village complete with slopes for our LEGO® skiers and sledders, and even holiday lighting. **INSTRUCTOR:** Play-Well TEKologies

Flah Park	W-F	9:00 am-12:00 pm	Dec 28-30	\$95	ages 5-7
Flah Park	W-F	1:00 pm-4:00 pm	Dec 28-30	\$95	ages 8-12



Teacher Workday LEGO® Workshop: Battle Tracks Galore

Compete for the title of Battle Track Champion! Build a motorized train that will take on other competitors on our monorail tracks. Students can let their imagination run wild with designing, building, and testing different mechanisms until the right parts are combined into the ultimate battle track machine. **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	Th	9:00 am-12:00 pm	Mar 24	\$35	ages 7-12
------------	----	------------------	--------	------	-----------

Teacher Workday LEGO® Workshop: Bots and Walkers

Bring your engineering and creative thinking skills as we create some crazy motorized creatures! Students will be introduced to a variety of methods of movements through a series of intriguing projects. Taking inspiration from the movement of insects, sea creatures, and even our own bodies, we will have fun creating some life-like crawlers, wobblers and walkers! **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M	9:00 am-12:00 pm	Apr 25	\$35	ages 7-12
------------	---	------------------	--------	------	-----------

Theater

Story Theatre <<NEW!>>

In the exciting art of story theatre, actors become people, animals, even objects. Student will learn skills as they bring to life scripted tales and use improvisation to fracture some fairytales and create stories of their own. No previous experience needed. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	Sa	9:30 am-10:30 am	Sep 10-Oct 22	\$90	ages 6-8
------------	----	------------------	---------------	------	----------

Character Safari <<NEW!>>

Students will create exciting scenes and stories with believable characters as they explore fun story settings such as the jungle, the school, outer space, the dusty attic and even under the bed. **INSTRUCTOR:** Raleigh Little Theatre



Ren Ctr AA	Sa	9:30 am-10:30 am	Jan 14-Feb 25	\$90	ages 6-8
------------	----	------------------	---------------	------	----------

Characters Alive <<NEW!>>

An actor doesn't reveal character simply by saying lines. An actor must become the character physically, vocally and understand him/her inside and out. In this fun and exciting class, students will use stories and improvisation to learn and practice skills for creating a complete character. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	Sa	11:00 am-12:30 pm	Sep 10-Oct 22	\$110	ages 9-12
------------	----	-------------------	---------------	-------	-----------

Pathway to the Stage <<NEW!>>

The first step on the pathway to the stage is the audition. Once cast, there are many steps an actor must take to bring his/her character to life. In this scene study class, students will learn techniques such as character development, blocking, character relationships and vocal projection – all vital to taking that last big step to the stage! **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	Sa	11:00 am-12:30 pm	Jan 14-Feb 25	\$110	ages 9-12
------------	----	-------------------	---------------	-------	-----------

Explorations in Acting

Develop your performance skills and techniques by exploring monologues, dialogues and improv in a supportive environment. We will use ensemble building games, acting exercises and character development to hone your skills and promote confidence in auditioning. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	M-W	9:00 am-11:30 am	Dec 19-21	\$140	ages 13-15
------------	-----	------------------	-----------	-------	------------

Nature

Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward. Participants will receive training on planting techniques, tree identification, pruning, mulching and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at events, planting trees, and performing basic tree maintenance. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Sep 24	4 hrs of volunteer service	ages 13-adult
--------------	----	------------------	--------	----------------------------	---------------

ADULT

PROGRAMS & CLASSES

It's never too late to get active and learn something new. Enhance your life by taking a class and developing your interests.



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Enter the painting world! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00 pm-3:00 pm	Sep 20-Oct 25	\$80	ages 16-adult
Flah Park	Tu	1:00 pm-3:00 pm	Nov 7-Dec 13*	\$80	ages 16-adult
Flah Park	Tu	1:00 pm-3:00 pm	Jan 10-Feb 14	\$80	ages 16-adult
Flah Park	Tu	1:00 pm-3:00 pm	Feb 28-Apr 4	\$80	ages 16-adult

**First class held on Monday, Nov 7 due to Election Day*

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Materials not included. Must have completed Beginners Oil & Acrylic Painting.

INSTRUCTOR: Mary Benejam

Flah Park	W	10:00 am-12:30 pm	Sep 21-Oct 26	\$80	ages 16-adult
Flah Park	W	10:00 am-12:30 pm	Nov 9-Dec 14	\$80	ages 16-adult
Flah Park	W	10:00 am-12:30 pm	Jan 11-Feb 15	\$80	ages 16-adult
Flah Park	W	10:00 am-12:30 pm	Mar 1-Apr 5	\$80	ages 16-adult

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. Student must have completed Beginners and Intermediate Painting. Let's paint a masterpiece! Materials not included.

INSTRUCTOR: Mary Benejam

Flah Park	Tu	10:00 am-12:30 pm	Sep 20-Oct 25	\$80	ages 16-adult
Flah Park	Tu	10:00 am-12:30 pm	Nov 7-Dec 13*	\$80	ages 16-adult
Flah Park	Tu	10:00 am-12:30 pm	Jan 10-Feb 14	\$80	ages 16-adult
Flah Park	Tu	10:00 am-12:30 pm	Feb 28-Apr 4	\$80	ages 16-adult

**First class held on Monday, Nov 7 due to Election Day*



Drawing on the Right Side of the Brain <<NEW!>>



This course will introduce the drawing methods developed by Dr. Betty Edwards. Students will learn how to make their pencil drawings come alive with accuracy and realism. This method does not require any special aptitude or talent for drawing! **INSTRUCTOR:** Sandra Litzenburger

Ren Ctr AA	T/ Th	6:00 pm-8:30 pm	Sep 13-29	\$90	ages 14-adult
---------------	----------	-----------------	-----------	------	---------------

Watercolor, Drawing & Pastels

Students will learn washes, glazes, color mixing, and composition. Students will also learn value, shape, shading, composition, perspective and design. All elements are extremely useful for any art work. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Sep 21-Oct 26	\$80	ages 16-adult
Flah Park	W	1:00 pm-3:00 pm	Nov 9-Dec 14	\$80	ages 16-adult
Flah Park	W	1:00 pm-3:00 pm	Jan 11-Feb 15	\$80	ages 16-adult
Flah Park	W	1:00 pm-3:00 pm	Mar 1-Apr 5	\$80	ages 16-adult

Fundamentals of Art: Form & Content

Are you ready to become an even better artist? This course will teach students through examples in art history and through experimentation, how the specific properties of art media and principles of design interact. With individualized instruction you can explore paint, watercolor, pastels, and drawing media to discover your favorite subject matter and to develop your signature style. **INSTRUCTOR:** Sandra Litzenberger

Ren Ctr AA	Tu	6:00 pm-8:30 pm	Nov 1-Dec 20	\$140	ages 16-adult
---------------	----	-----------------	--------------	-------	---------------



Beginner's Photography (Outdoor Emphasis)

Did you get a new camera for graduation, Mothers Day or Fathers Day? Are you confused about those buttons and things like F-stop, shutter speed, ISO, and white balance? This class will help with all those questions and allow you to take your camera off automatic and take the photograph you would like (instead of what the camera thinks you want). **INSTRUCTOR:** Sol Levine

Flah Park	Sa	9:00 am-3:30 pm*	Oct 1	\$70	ages 13-adult
-----------	----	------------------	-------	------	---------------

*Participants are asked to pack a lunch

Mixed Media Art Dolls <<NEW!>>

Indulge in creative play as you learn to transform assorted odds and ends into imaginative mixed media art dolls. All supplies included. **INSTRUCTOR:** Beth Martin

Ren Ctr AA	Sa	1:00 pm-3:00 pm	Feb 11	\$40	ages 10-adult
---------------	----	-----------------	--------	------	---------------

Glass Fusion

Wearable Glass Jewelry <<NEW!>>

After learning the basics of working with glass and safety aspects involved, participants will create approximately three wearable pieces. We will use various tools and types of glass to create unique and beautiful pieces. It will be possible to make earrings and/or necklaces. Completed pieces will be fired and available for pick up one week from the date of the class. All supplies included. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Sep 17	\$60	ages 13-adult
---------------	----	------------------	--------	------	---------------

Glass Suncatcher/Holiday Ornament <<NEW!>>

After learning the basics of working with glass and safety aspects involved, participants will create approximately three 2"x3" glass suncatchers/ornaments. This workshop will combine the joy of the holidays with the pride of making your own piece. These pieces will be fired and ready to be picked up one week from the date of the class. Each suncatcher/ornament will be ready to hang. All supplies included. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Nov 19	\$50	ages 10-adult
---------------	----	------------------	--------	------	---------------

Glass Fused and Functional

This class will provide students a chance to learn the basics of fusing glass while designing and constructing an original dish (approximately 8"x8") or a hanging piece (approximately 6"x8") using various tools and techniques. Finished pieces will be food safe. Completed pieces will be fired and available for pick up one week from the date of the class. All supplies included.

INSTRUCTOR: Linda Martin

Ren Ctr AA	Sa	9:30 am-12:30 pm	Oct 22	\$90	ages 13-adult
------------	----	------------------	--------	------	---------------

Textile Arts

Knitted and Fulled Clutch Style Purse <<NEW!>>

Knit a charming clutch purse and line it with a coordinating fabric. An enjoyable project for both novice and experienced knitters. INSTRUCTOR: Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Sep 6-Oct 11	\$70	ages 10-adult
Ren Ctr AA	Tu	4:00 pm-5:30 pm	Oct 18-Nov 22	\$70	ages 10-adult

Materials list will be provided to students

Crochet Amigurumi

Make your own unique stuffed animal. Amigurumi is from the Japanese word for crocheted or knitted stuffed doll. These sweet toys are a great way to experiment and be creative. This class is suitable for both beginners and experienced crocheters. INSTRUCTOR: Amy Yinger



Ren Ctr AA	Tu	4:00 pm-5:30 pm	Sep 6-Oct 11	\$70	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Oct 18-Nov 22	\$70	ages 10-adult

Activities offered at the Senior Center

The Northern Wake Senior Center offers adults age 55 and older a full schedule of recreational activities, including aerobics, shag lessons, wood carving, painting, and craft making.

The center also provides several social events each month.

Programming is provided by Resources for Seniors, Inc. The organization serves senior and disabled adults in Wake County by providing home- and community-based services and information.

NORTHERN WAKE SENIOR CENTER
235 E. Holding Ave., Wake Forest
Open Mon-Fri 8 am – 5 pm
919-554-4111

wakeforestnc.gov (search 'senior center')



Knitted Slippers <<NEW!>>

Knit cozy slippers while it is cold outside. These slippers are seamless and fulled. INSTRUCTOR: Amy Yinger

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Jan 10-Feb 14	\$70	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Jan 10-Feb 14	\$70	ages 10-adult

Materials list will be provided to students

Quick Gifts for Christmas <<NEW!>>

Crochet a snowflake soap bag and knit a coffee sweater all in time for gift giving. These small projects work up quickly for some instant crafting gratification. INSTRUCTOR: Amy Yinger

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Dec 6-20	\$35	ages 10-adult
Ren Ctr AA	Tu	6:30 pm-8:00 pm	Dec 6-20	\$35	ages 10-adult

Materials list will be provided to students

Music

Beginner Acoustic Guitar Lessons

Participants will take part in an energetic and upbeat atmosphere where they will take the first step towards learning the basics of rhythm guitar. Participants will learn introductory chords and strumming patterns and apply them in consistent exercises. Acoustic guitar and pick required. INSTRUCTOR: Krista Pimentel

Flah Park	Th	6:00 pm-7:00 pm	Oct 6-27	\$65	ages 16-adult
Flah Park	Th	6:00 pm-7:00 pm	Dec 15-Jan 5	\$65	ages 16-adult
Flah Park	Th	6:00 pm-7:00 pm	Jan 19-Feb 9	\$65	ages 16-adult



Intermediate Acoustic Guitar Lessons

Participants will take part in an energetic and upbeat atmosphere where they will take continuing steps towards learning rhythm guitar. Participants will learn more complex chords and strumming patterns and apply them in consistent exercises. Acoustic guitar and pick required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Th	7:00 pm-8:00 pm	Oct 6-27	\$65	ages 16-adult
Flah Park	Th	7:00 pm-8:00 pm	Dec 15-Jan 5	\$65	ages 16-adult
Flah Park	Th	7:00 pm-8:00 pm	Jan 19-Feb 9	\$65	ages 16-adult

Fitness

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy inducing, stress-relieving exercise. In this class students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary. We will use large, adult-sized hoops to make moves easy to learn. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke (Pickle Mamas)

WFCH	W	7:00 pm-8:00 pm	Sep 14-Oct 12	\$55*	ages 16-adult
WFCH	W	7:00 pm-8:00 pm	Nov 2-Dec 7**	\$55*	ages 16-adult
WFCH	W	7:00 pm-8:00 pm	Jan 4-Feb 1	\$55*	ages 16-adult

*Hoops provided; optional \$13 drop-in fee is accepted once minimum of 6 is met
**No class Nov 23

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Risk & Liability

By registering for classes/programs or athletic leagues, participants and/or their guardians understand that participating in the activities may include the risk of injury. These risks include slips/trips/falls, musculoskeletal injuries, physical contacts with actions of other participants, the inherent risks of inclement weather, accidents while traveling to and from events/activities, and equipment problems or failures, among others. By registering for classes/programs/athletics, the registrant/guardian is choosing for themselves and/or their child/children to participate in the selected programs despite the risks. Participant/guardian is aware of the Town of Wake Forest Release of Liability requirement for participation, and agrees to the terms set within (liability waiver is required prior to completion of registration).

Dance

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed. **INSTRUCTOR:** Jimmy Roberson

WFCH	M	7:00 pm-9:00 pm	Sep-Feb*	\$20 /mo	ages 19+
------	---	-----------------	----------	----------	----------

*No class Sep 5, Jan 2, Jan 16

Class dress is casual but participants are encouraged to wear comfortable shoes

Martial Arts

Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Sr. Master Randy Berger

WFCH	Tu/Th	7:00 pm-8:00 pm	Sep-Feb	\$40 / mo.	ages 18+
------	-------	-----------------	---------	------------	----------

Nature

Tree Stewards Workshop



The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive training on proper planting techniques, tree identification, pruning, mulching and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at community events, planting trees, and performing basic maintenance, such as mulching and watering. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Sept 24	4 hrs of volunteer service	ages 18+
--------------	----	------------------	---------	----------------------------	----------

SPECIALIZED PROGRAMS

Enriching programs designed for children with special needs.



Special Events & Programs

Storytelling Hour

A free storytelling hour will be offered for children with special needs at the 2016 Forest of Wake Storyfest. See page 25 for more details about Storyfest.

Ren Ctr	Sa	11:00 am	Aug 6	free	all ages
---------	----	----------	-------	------	----------

Family Bingo Night

Feeling lucky? Come play bingo, eat and socialize with us. Bring your favorite snack and concessions will also be available for purchase. Win prizes and have fun!

WFCH	F	6:30 pm-8:30 pm	Oct 14	free*	all ages
------	---	-----------------	--------	-------	----------

**Pre-registration is required*

Special Needs Movie Night

This movie night allows children with special needs to enjoy a film in a safe and accepting environment. The event area will have added lighting, and the movie's volume will be lower. Audience members are invited to get up and dance, walk, shout or sing! The rule of the day: FUN without repercussions.

Ren Ctr	F	6:30 pm	Nov 18	free	all ages
---------	---	---------	--------	------	----------

Family Game Night

Enjoy a fun-filled evening playing board games with the whole family. We provide a library of games for you to enjoy or you can bring your own if you'd like. Bring your favorite snack and concessions will also be available for purchase. Come enjoy plenty of fun and laughter with all of us!

WFCH	F	6:30 pm-8:30 pm	Jan 27	free*	all ages
------	---	-----------------	--------	-------	----------

**Pre-registration is required*

Special Needs Valentine Party

The Town of Wake Forest invites our youth with special needs and their siblings to celebrate Valentine's Day. The party will feature music, crafts, games and refreshments. Drop in for a game of BINGO and try your luck at winning a prize!



WFCH	Sa	2:00 pm-4:00 pm	Feb 11	\$5*	all ages
------	----	-----------------	--------	------	----------

**Pre-registration is required*

Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League play begins in April with games on Saturday mornings through early June. **Online registration only.** STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562

Registration: Feb 1-28	Apr-June season	\$40 resident \$80 non-resident	ages 5+ boys and girls
---------------------------	-----------------	------------------------------------	---------------------------

An Inclusive Approach

The Wake Forest Parks, Recreation & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together.

In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act.

If you or a family member requires a reasonable modification to participate in a program, please contact Recreation Superintendent, Monica A. Lileton at mlileton@wakeforestnc.gov.

ATHLETICS

YOUTH AND ADULT

Join a team sport and reach for the top of your game!



Youth Basketball

Youth Basketball

Team practices begin in November. Games are played December-February. League age is determined by participant's age on Jan. 1, 2017. **Online registration only.** **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Sep 1-30	Nov-Feb season	\$40 resident \$80 non-resident	ages 5-17 boys and girls
---------------------------	----------------	------------------------------------	-----------------------------

Youth Baseball/Softball

Youth Baseball, Softball & T-Ball

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participants age on April 30, 2017. **Online registration only.** **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Feb 1-28	Mar-Jun season	\$40 resident \$80 non-resident	boys, ages 5-17 girls, ages 5-15
---------------------------	----------------	------------------------------------	-------------------------------------

Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League play begins in April with games on Saturday mornings through early June. **Online registration only.** **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562



Registration: Feb 1-28	Apr-June season	\$40 resident \$80 non-resident	ages 5+ boys and girls
---------------------------	-----------------	------------------------------------	---------------------------

Fairfield Academy of Baseball – Winter Off-Season Development

MLB players train year-round to keep their bodies ready for baseball, then they have spring training before starting their season. The Winter Off-Season Development (ODP) is the "spring training" before high school and middle school baseball seasons/tryouts begin. With a ratio of 50% strength/conditioning and 50% baseball drills, players' bodies will be ready to compete for roster spots in February! T-shirt included. **INSTRUCTOR:** Coach Lenny Fairfield, Franklin Academy High School Baseball Coach

Flah Park	Tu/Th/Sa	Tu/Th: 5:00 pm-7:00 pm Sa: 11:00 am-1 pm	Jan 10- Feb 11	\$299	grades 4-6
Flah Park	Tu/Th/Sa	Tu/Th: 5:00 pm-7:00 pm Sa: 11:00 am-1 pm	Jan 10- Feb 11	\$349	grades 7-12

Adult Kickball

Adult Co-Rec Kickball

League play is scheduled to begin in mid-September, and games will be played on weeknights and Sundays throughout late October. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Oct season	\$150/team	ages 18+
---------------------------	----------------	------------	----------



Tennis Program

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit wfata.usta.com.

Adult Flag Football

Adult Flag Football

Each year from September through November, the Wake Forest Parks, Recreation & Cultural Resources Department partners with CenterPoint Sports to offer an Adult Flag Football League. League games are played on Sunday afternoons from mid-September through early November. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Aug 1-31	Sep-Nov season	\$150/team	ages 18+
---------------------------	----------------	------------	----------

Adult Pickleball

Adult Pickleball League

League will be offered on Thursdays beginning in February at the Southeastern Baptist Theological Seminary Ledford Center. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Jan 1-31	Feb-Apr season	\$35/person	ages 18+
---------------------------	----------------	-------------	----------

Adult Softball

Men's Spring Recreational Softball League

Games played Monday, Wednesday, Thursday beginning in mid-March. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Feb 1-28	Mar-Apr season	\$550/team	ages 18+
---------------------------	----------------	------------	----------

Church Men's Softball League

Games will be played Monday, Tuesday, Thursday, Friday and Saturday, beginning in late April. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
---------------------------	----------------	------------	----------



YOUTH REGISTRATION: ALL registration for youth leagues will be held **online only** during the specified registration periods. Computer access will be available at town hall should registrants need access. New players must submit a copy of the participant's birth certificate. Returning players are not required to submit a birth certificate.

ADULT REGISTRATION: Register at Wake Forest Town Hall, 301 S. Brooks St. or online at wakeforestnc.recdesk.com.

RESIDENT/NON-RESIDENT RATES: Residents who live within the town's limits are eligible for the \$40 resident rate. Residents who live outside the limits are encouraged to participate but will be charged the \$80 non-resident rate.

REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

SPRING 2017 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2011	2011	2011	2011	2011	2011	2011	2011	2012	2012	2012	2012	5
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	6
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	7
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	8
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	9
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	10
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	11
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	12
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	13
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	14
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	15
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	16
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7	Rookie League (machine pitch)
Rookie League (machine pitch)	8	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	n/a
Senior League (15-17)	16	n/a
Senior League (15-17)	17	n/a



WINTER 2016-17 Youth Basketball

League Age

Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	AGE
2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	5
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	6
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	7
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	8
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	9
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	10
2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	11
2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	12
2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	13
2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	14
2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	15
2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	16
1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Volunteer Coaching

Volunteer coaches are valuable assets to Wake Forest athletic programs. These individuals demonstrate a selfless concern for the community as evidenced by their willingness to give of their time to help area children.

Opportunities are available to coach the following sports:

- basketball (November-February)
- volleyball (mid-May to late July)
- spring baseball, softball and t-ball (mid-March to late June)
- fall baseball/softball (mid-August through mid-October)

We strive to provide a safe environment for Wake Forest youth. Therefore, before a coach is permitted to participate in any of our youth leagues, he/she is required to annually complete and submit a background check consent form.

To inquire about coaching opportunities, contact Athletic Program Superintendent Edward Austin at 919-435-9562, eaustin@wakeforestnc.gov or Athletic Programs Specialist Meghan Hawkins at 919-435-9457, mhawkins@wakeforestnc.gov.

**Inclement
Weather Line:
919-435-9569**

In case of inclement weather, Wake Forest residents should call the WEATHER LINE at 919-435-9569 for information concerning changes to the town's regular schedule. The Weather Line will provide updates concerning all town-sponsored programs and activities, including athletic games and practices, as well as concerts, festivals, and other events. Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes. Weather-related announcements may also appear on the homepage of the town's website, on our Facebook page and on Wake Forest TV 10.



RENAISSANCE CENTRE

FOR THE ARTS

You'll discover enriching experiences at the centre that will leave you feeling inspired.



DECEMBER 10: Jeremy Davis and The Fabulous Equinox Orchestra

Events & Performances

2016 Forest of Wake Storyfest

Featuring renowned professional storytellers, along with entertaining workshops and family-friendly concerts for all ages, Storyfest will bring the art of live storytelling to the Wake Forest community, while celebrating one of mankind's oldest art forms. Guest storytellers: Donna Washington, Lona Bartlett and Dan Blaisdell.

Ren Ctr	Aug 6	1:00 pm-9:00 pm*	\$5-\$15 plus tax
---------	-------	------------------	-------------------

*A free storytelling hour will be offered at 11:00 am for special needs children and their families.

Wake Forest Home & Garden Show

A variety of exhibits and workshops will be offered both inside and outside the Renaissance Centre featuring the latest in home improvement products, services, and features. Talk with home design and products experts. Learn from local landscapers. Explore the newest ideas in interior design. Enjoy how-to clinics.



Ren Ctr	Aug 13	11:00 am-6:00 pm	free
Ren Ctr	Aug 14	1:00 pm-6:00 pm	free

Malpass Brothers Concert

Steeped in traditional country music, the Malpass Brothers feature a smooth vocal blend and skillful musicianship, while performing in the styles of Johnny Cash, Marty Robbins and Hank Williams Sr. The duo promotes the work and music of classic country artists they treasure, while creating new music and making their own mark in the lineage of a rich American cultural heritage.



Ren Ctr	Aug 27	7:00 pm	\$15 plus tax
---------	--------	---------	---------------

Forest Moon Theater presents *Arsenic and Old Lace*

This is the classic comedy about a pair of elderly ladies who fill the basement of their boarding house with the remains of socially and religiously "acceptable" residents.

Ren Ctr	Sep 16	7:30 pm	advance: \$15 adult, \$13 student/senior
Ren Ctr	Sep 17	7:30 pm	day of: \$18 adult, \$16 student/senior
Ren Ctr	Sep 18	3:00 pm	group rate* (10 or more): \$11 advance, \$14 day of plus tax
Ren Ctr	Sep 23	7:30 pm	
Ren Ctr	Sep 24	7:30 pm	* group tickets must be purchased by one person
Ren Ctr	Sep 25	3:00 pm	

Storytelling Pajama Night with Donna Washington

A fun night of cozying up, drinking hot chocolate and listening to the bedtime stories of multiple storytelling award winner Donna Washington. In Donna's own words, "Every story is true, except for the parts I make up." Don't forget to have your kids wear their pajamas so you don't have to worry about getting them ready for bed after the big event is over.



Ren Ctr	Oct 14	6:30 pm	free
---------	--------	---------	------

Neck of the Woods – Performance Series

Neck of the Woods is a variety performance series that features emerging local artists. An evening may consist of several performance arts acts. Each show is different and may include actors, dancers, musicians, comedians, writers and spoken word artists. Come out and enjoy a truly unique and entertaining event and support your local artists! Bar will be open for wine, beer and other refreshment purchases. **PRESENTED AND SPONSORED BY:** Wake Forest ARTS

Ren Ctr	Oct 21	7:30 pm	\$5 <i>plus tax</i>
Ren Ctr	Feb 17	7:30 pm	\$5 <i>plus tax</i>



OCTOBER 28: Terry Anderson and the OAK Team

Rockin' the Forest – Concert Series

The Renaissance Centre is pleased to present "Rockin' the Forest" – a new music series. Performances will feature a variety of genres, including rock, Americana and power pop. Here's your chance to stay close to home and discover talented musicians, both established and emerging.

Ren Ctr	Oct 28	Terry Anderson and the OAK Team	8:00 pm	\$10 adult, \$5 child 12 & under, <i>plus tax</i>
Ren Ctr	Nov 19	Johnny Folsom 4	8:00 pm	
Ren Ctr	Feb 24	Sarah Shook and the Disarmers	8:00 pm	

Big Screen Classics Movie Marathon Weekend

Join us for a weekend of unique and universal works of cinema that have transcended time and trends, with indefinable quality. There isn't a prize for making it through all the the movies, but, chances are you'll impress your co-workers when you tell them about your weekend adventures. Concessions available for purchase. Call the event hotline for movie titles: 919-435-9428.

Ren Ctr	Nov 4	10:00 am, 1:00 pm, 4:00 pm, 7:00 pm	free
Ren Ctr	Nov 5	10:00 am, 1:00 pm, 4:00 pm, 7:00 pm	free



Broadway Ball

PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrencen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458.

**Ticket prices do not include tax*

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrencen.org and clicking on "Join our Mailing List."

Wake Forest Guild of Artists & Wake Forest ARTS Art Exhibition

Join the Wake Forest Guild of Artists and Wake Forest ARTS in their inaugural member art exhibition. Members of the Wake Forest Guild of Artists work in many mediums and in many styles. The exhibit may include acrylic, oil or watercolor paintings, sculpture, jewelry, glasswork, encaustic, woodworking and mixed media. This is an exciting opportunity to see what local artists offer the community. Work will be displayed and the event is open to the public.

Ren Ctr	Nov 6	11:00 am-5:00 pm	free
---------	-------	------------------	------

2016 Broadway Ball Annual Fundraiser

The Wake Forest Renaissance Centre for the Arts will commemorate its third year of bringing extraordinary cultural and performing arts experiences to our community and help raise money to offer free community events and cultural educational scholarships during the 2016 Renaissance Centre Broadway Ball. Enjoy an evening of dinner and dancing to the music of the JTL (Just a Touch of Love) Band.

Ren Ctr	Nov 12	6:00 pm-10:00 pm	\$50* per person or \$90* per couple, <i>plus tax</i>
---------	--------	------------------	---

**Ticket includes opening reception, one drink ticket per person, dinner and a photoshoot souvenir. Bar will be open for beer and wine purchases.*

Wake Forest Holiday Artisans Market

Wake Forest ARTS and the Wake Forest Farmers Market are pleased to present the Wake Forest Holiday Artisans Market, an expansion of the annual farmers market holiday craft show. The market will feature handmade items in a wide range of prices. The Wake Forest Farmers Market winter booths will be open as usual in front of the Renaissance Centre. **PRESENTED BY:** Wake Forest Farmers Market and Wake Forest ARTS.

Ren Ctr	Dec 3	10:00 am-4:00 pm	free
---------	-------	------------------	------

Wake Forest Children's Choir Holiday Concert

The Wake Forest Children's Choir will present an evening of holiday favorites under the direction of Kasie Ryan. Special music will be performed with the Piedmont Chorale.



Ren Ctr	Dec 4	6:30 pm	free
---------	-------	---------	------

Christmas Jubilee Concert featuring the Fabulous Equinox Orchestra

Join us in celebrating the holiday season with Jeremy Davis and The Fabulous Equinox Orchestra. Fashioned in the style and swagger of entertainers like Frank Sinatra and Michael Buble, this big band style orchestra is putting its own festive stamp on the holidays.

Ren Ctr	Dec 10	7:30 pm	\$15 adult, \$13 student/senior
---------	--------	---------	---------------------------------



Arts for All – Free Series

Mike Wiley will perform Tired Souls, a recount of Rosa Parks' decisive bus ride and the notable black citizens who laid the groundwork for this pivotal moment in history. Performance geared for grades 3 to adult.

Ren Ctr	Feb 4	Tired Souls: King & the Montgomery Bus Boycott	3:00 pm & 7:00 pm	free
---------	-------	--	-------------------	------

Forest Moon Theater presents Agnes of God

When a newborn child is found dead in a convent, a court psychiatrist must determine whether the nun accused of the crime is mentally fit to stand trial, with the question of the father's identity hanging in the balance.

Ren Ctr	Feb 10	7:30 pm	advance: \$15 adult, \$13 student/senior day of: \$18 adult, \$16 student/senior group rate* (10 or more): \$11 advance, \$14 day of plus tax * group tickets must be purchased by one person
Ren Ctr	Feb 11	7:30 pm	
Ren Ctr	Feb 12	3:00 pm	
Ren Ctr	Feb 18	7:30 pm	
Ren Ctr	Feb 19	3:00 pm	

Monthly Events



First Friday Flix

Monthly movie showings feature a variety of film favorites. Call 919-435-9428 to hear the name of the movie. Free and open to the public. Concessions for sale.

Ren Ctr	First Friday of each month	7:00 pm	free
---------	----------------------------	---------	------

fliX4kids

Movie showings geared for ages 3-10. All shows are rated G or PG. Call 919-435-9428 to hear the name of the movie. Free and open to the public. Concessions for sale.

Ren Ctr	Second Monday of each month	10:30 am	free
---------	-----------------------------	----------	------

Free at Three

Monthly movie showings geared for the over fifty crowd. Call 919-435-9428 to hear the name of the movie. Concessions for sale.

Ren Ctr	Second Monday of each month	3:00 pm	free
---------	-----------------------------	---------	------

Carolina Puppet Theater

Storytelling, music and puppetry geared for ages 3-7. New shows each month.

Ren Ctr	Aug 3 & 17	Keeping It Clean	11:00 am	\$5*
Ren Ctr	Sep 7 & 21	The Three Bears	11:00 am	\$5*
Ren Ctr	Oct 5 & 19	Having Fun and Being Safe at Halloween	11:00 am	\$5*
Ren Ctr	Nov 2 & 16	Being Thankful	11:00 am	\$5*
Ren Ctr	Dec 7 & 21	Everyone is Special	11:00 am	\$5*

*Plus tax; children under 3 admitted free



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves

the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as

possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Recreation Superintendent, Monica A. Lileton at mileton@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration

for youth athletics is available online only during specified registration dates.

Visit wakeforestnc.gov/parks-recreation-cultural-resources.aspx. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class

that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.



Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parksrecreation.aspx](http://wakeforestnc.gov/parksrecreation.aspx)

PRSRT STD
US Postage
PAID
Wake Forest, NC
Permit #118

JOYNER PARK AFTER DARK

A Unique Camping Experience

- ☾ Night-time nature walk
- ☾ Learn about nocturnal animals
- ☾ Study the constellations
- ☾ Enjoy campfire stories and songs
- ☾ Dinner will be served

OCT 8-9



4 PM-9 AM ~ \$20 PER CAMPSITE | RAIN DATE OCT 22-23 | PRE-REGISTRATION IS REQUIRED AT WAKEFORESTNC.RECDESK.COM
Loaner camping equipment is available on a first come, first served basis. Contact Jennifer Rall at jrall@wakeforestnc.gov