

YOUTH

PROGRAMS & CLASSES

Do you dream of being an artist? Or starring on Broadway? Start your journey here with an inspiring class.



Fun with Found Poetry

Impressionist Painting Workshop

Everyone will complete an Impressionist painting. Participants will choose the subject matter. Enjoy the painting process that changed the world! All materials included. **INSTRUCTOR:** Mary Benejam

Flah Park	Sa	10:00 am-3:30 pm	Apr 25	\$70	ages 9-12
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Art for Teens

Students will experience working with different mediums: pencil, watercolor, acrylic, pen & ink, and charcoal. Will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Apr 14-May 19	\$60	ages 13-15
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Youth Art

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. Class sessions are based on the Wake County Public School System's year-round calendar. Track-out and homeschoolers are welcome! **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	1:30 pm-3:00 pm	Mar 30-Apr 13	\$38	ages 5-8
Flah Park	M	4:30 pm-6:00 pm	Mar 30-Apr 13	\$38	ages 5-8
Flah Park	M	1:30 pm-3:00 pm	Apr 27-May 11	\$38	ages 5-8
Flah Park	M	4:30 pm-6:00 pm	Apr 27-May 11	\$38	ages 5-8

Art

Youth Drawing & Open Studio

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Apr 14-May 19	\$60	ages 9-12
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Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety on subject matters of the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Apr 15-May 20	\$60	ages 9-12
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Explore Zentangle

Come as a family or on your own to explore the new art of Zentangle! Participants will learn how to get started with Zentangle from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Participants will learn a total of eight tangles (patterns) and complete two tiles. Pens and other materials included. **INSTRUCTOR:** Cathy Dills

Ren Ctr	Sa	2:00 pm-4:00 pm	Mar 14	\$65	ages 12-adult
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Doodlers

Draw on your imagination! Children develop their creativity through carefully designed lessons that ignite the imagination and develop skills. Using real artists' materials including watercolor, tempera paints, oil pastels, creative tools and more, children create masterpieces that are truly unique and an expression of themselves! **INSTRUCTOR:** Abrakadoodle

Flah Park	Th	5:15 pm-6:15 pm	Mar 3-24	\$60	ages 6-12
Flah Park	Th	5:15 pm-6:15 pm	Apr 7-28	\$60	ages 6-12
Flah Park	Th	5:15 pm-6:15 pm	May 12-Jun 2	\$60	ages 6-12
Flah Park	Th	5:15 pm-6:15 pm	Jun 16-Jul 7	\$60	ages 6-12
Flah Park	Th	5:15 pm-6:15 pm	Jul 21-Aug 11	\$60	ages 6-12
Flah Park	Th	5:15 pm-6:15 pm	Aug 25-Sep 15	\$60	ages 6-12

Doodlers +

Why wait to create? If you want to explore your creative side with no pressure and have fun while doing it, this is the class for you. Work on specific art principles and develop your art skills or take them to the next level. **INSTRUCTOR:** Abrakadoodle

Ren Ctr	M	6:30 pm-7:30 pm	Apr 6-Apr 27	\$75	ages 11-15
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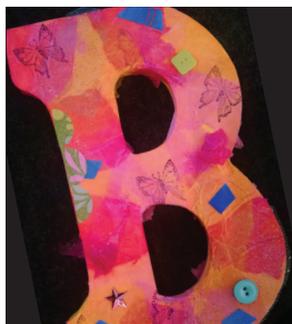
Paper Bag Art Journals

Using a combination of recycled materials and fun art supplies, young artists will discover their own unique style when they create a personalized art journal—complete with handles for the artist-on-the-go! **INSTRUCTOR:** Beth Martin

Ren Ctr	Sa	1:00 pm-2:30 pm	Mar 14	\$15	ages 8-12
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Mixed Media Monograms

Discover the excitement of mixed media with this fun-filled class. Using a variety of color, texture and art supplies, kids will create an alphabet masterpiece that celebrates who they are. (Must register by deadline to reserve your alphabet letter choice for class.) **INSTRUCTOR:** Beth Martin



Ren Ctr	Sa	1:00 pm-2:30 pm	Apr 11	\$20	ages 4-7
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Fun with Found Poetry

Ever wanted to write but couldn't find the words? Spark your creativity by playing with words and art as you create poetry using handpicked words from book pages and adding your own illustrations. **INSTRUCTOR:** Beth Martin

Ren Ctr	Sa	10:00 am-11:30 am	Mar 21	\$20	ages 13-17
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Glass Mosaic

In this workshop, students will learn about glass grafts and will create an 8"x6" glass mosaic fish that can hang in a window or on a wall. All pieces will be pre-fired so there will be no sharp pieces. The finished piece will be fired and available for pick up at the Renaissance Centre one week after the workshop. All materials are included. **INSTRUCTOR:** Linda Martin, Studio M Glass

Ren Ctr	Tu	4:00 pm-6:00 pm	Mar 17	\$75	ages 9-12
Ren Ctr	Sa	10:00 am-12:00 pm	Mar 21	\$75	ages 9-12
Ren Ctr	Sa	1:00 pm-3:00 pm	Mar 21	\$75	ages 13-17

Photography

Let's learn to get that camera off the automatic setting and take the photo you want (instead of what the camera thinks you want) with an emphasis on the outdoors. We will talk about the interactions of f-stop, shutter speed, ISO and the like as well as equipment, composition, varying light conditions and more. **INSTRUCTOR:** Sol Levine



Flah Park	Tu	6:30 pm-9:00 pm	Apr 14-Apr 28	\$60	ages 13+
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Textile Arts

Beginning Knitting—Mother's Day Spa Set

Learn to knit by making a soap bag, face cloth and slippers just in time for Mother's Day! This class is appropriate for students ages 10-adult with little or no knitting experience. **INSTRUCTOR:** Amy Yinger

Ren Ctr	Tu	6:30 pm-8:00 pm	Mar 3-31	\$60	ages 10-adult
Ren Ctr	Tu	6:30 pm-8:00 pm	Apr 21-May 19	\$60	ages 10-adult

Music

WF Community Youth Orchestra—Beginner

This course introduces students to the fun and rewarding world of orchestra! Students will be introduced to the violin, viola, cello and bass. Emphasis will be placed on correct posture, technique and musicianship. **INSTRUCTOR:** LaSaundra Booth

Flah Park	Th	6:00 pm-6:45 pm	Apr 2-May 16	\$85*	ages 7-10
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*Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org

WF Community Youth Orchestra—Intermediate

This course will emphasize the expressive qualities of music such as playing with vibrato and using dynamics. Students must have at least one year of orchestral experience in order to take this course. A mixture of classical, contemporary and popular pieces will be learned. **INSTRUCTOR:** LaSaundra Booth



Flah Park	Tu	6:00 pm-7:00 pm	Mar 31-May 16	\$85*	ages 11-17
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*Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org



Beginning Keyboard

This eight (8) week class will cover the basics of the keyboard including general theory, scales, chords, ear training and hand dexterity in a fun relaxed environment. **INSTRUCTOR:** Progressive Music Center

Ren Ctr	Th	4:30 pm-5:30 pm	Mar 12-Apr 30	\$120	ages 8-12
Ren Ctr	Th	6:00 pm-7:00 pm	Mar 12-Apr 30	\$120	ages 13-adult

Found Sounds Percussion

Everybody needs more cowbells, but how about more 5-gallon buckets? Students will have fun playing everyday items like 5-gallon buckets, tin cans, plastic water bottles and other “found” items. They will help build new percussion instruments and learn how they work together in an ensemble. Students will also learn the basics of percussive rhythms, general notation and put together solos and work as a team culminating in an epic drum battle! This program builds self esteem, cognitive flexibility, fine motor skills, listening skills and pattern recognition while having lots of fun in a group. **INSTRUCTOR:** Progressive Music Center

Ren Ctr	M	5:00 pm-6:00 pm	Mar 9-Apr 27	\$120	ages 12-17
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Beginner Guitar Lessons

Students will experience the joy of learning basic techniques, chords, and finger exercise. Please bring an acoustic guitar and a pick. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	10:30 am-11:30 am	Apr 4-25	\$50	ages 6-8
Alst Mass	Tu	7:00 pm-8:00 pm	May 5-26	\$50	ages 9-12
Flah Park	Sa	10:30 am-11:30 am	Jun 6-27	\$50	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Jun 6-27	\$50	ages 9-12

Intermediate Guitar Lessons

This intermediate guitar class is perfect for the child who has already taken beginner lessons. Students must have an understanding of chords and notes. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	11:30 am-12:30 pm	Apr 4-25	\$50	ages 9-12
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Beginning Guitar

This eight (8) week class will cover the basics of the guitar including general theory, scales, chords, ear training, single string and hand dexterity in a fun relaxed environment. **INSTRUCTOR:** Progressive Music Center

Ren Ctr	Th	4:30 pm-5:30 pm	Mar 12-Apr 30	\$120	ages 8-12
Ren Ctr	Th	6:00 pm-7:00 pm	Mar 12-Apr 30	\$120	ages 13-adult

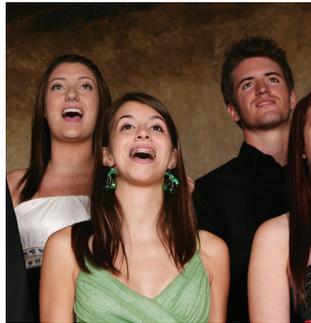
Private Voice Lessons

Private voice lessons are a great opportunity to gain foundational knowledge and skills in a pressure-free setting. Whether you are looking to improve your technique, prepare for an audition or learn a new hobby, private lessons will give you the individual attention you need to share your voice with confidence. Please call Cathy Gouge at 919-435-9567 to reserve a half-hour time slot before registering. Available time slots: 4:00-4:30 pm, 4:30-5:00 pm, 5:30-6:00 pm, 6:00-6:30 pm. **INSTRUCTOR:** Heather Dahlberg

Ren Ctr	M	4:00 pm-6:00 pm	Mar 9-Apr 27	\$250	ages 12-adult
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Voice Ensemble

Do you sing in the shower or belt it out with your favorite tunes on the radio? Then join others that want to sing too for this awesome 8-week vocal class with a performance on the last week of class. The class will have a surprise theme for the week and students will work as a group to design a performance around that theme while having fun working on proper breathing and posture, harmonizing, finding your natural pitch, falsettos and more! Stop hiding your voice and come join the vocal fun! **INSTRUCTOR:** Samantha Williams, Progressive Music Center



Ren Ctr	M	5:00 pm-6:00 pm	Mar 9-Apr 27	\$120	ages 12-17
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Dance

Wake Forestettes Baton Corps

Wake Forest's first Twirling and Baton Corps. Students will learn how to twirl the baton and will perform at various community events as a unit. No experience necessary. **INSTRUCTOR:** Bonnie Mallory

WFCH	M/W	4:30 pm-5:30 pm	Mar 2-Jun 10*	\$50/mo.*	ages 10-14
WFCH	M/W	5:30 pm-6:15 pm	Mar 2-Jun 10*	\$50/mo.*	ages 4-6
WFCH	M/W	6:15 pm-7:15 pm	Mar 2-Jun 10*	\$50/mo.*	ages 7-9

*No class Apr 6 and May 25

*Students must purchase baton and basic performance uniform

Fitness

PE for Homeschoolers

Students will participate in a wide variety of sports and activities which will assist them in maintaining physical fitness and expose them to the joy of developing an active lifestyle. **INSTRUCTOR:** Bonnie Mallory

Flah Park	M/Th	11:30 am-12:30 pm	Apr 13-May 21	\$65	grades K-2
Flah Park	M/Th	12:30 pm-1:30 pm	Apr 13-May 21	\$65	grades 3-5
Flah Park	M/Th	1:30 pm-2:30 pm	Apr 13-May 21	\$65	grades 6-8

Create Your Own Hula-Hoop Workshop

Come craft and hula-hoop with the Pickle Mamas! Hula-hooping is fun for all ages and is an excellent way to burn calories, tone muscles, de-stress, and be playful! All materials and instruction will be provided for participants to make and decorate their own high-quality hoop using their favorite colors. We will create large hoops for adults and small hoops for children. We will practice hooping together with our new hoops. Participants will go home with new crafting and hooping skills, as well as a lovely new hoop, which can be used inside or outside for lots of fun and exercise (hula-hooping burns approximately 420 calories per hour). **INSTRUCTOR:** The Pickle Mamas

Flah Park	Tu	6:00 pm-7:30 pm	Mar 3	\$30	ages 7+
Flah Park	Tu	6:00 pm-7:30 pm	Apr 7	\$30	ages 7+
Flah Park	Tu	6:00 pm-7:30 pm	May 5	\$30	ages 7+
Flah Park	Tu	6:00 pm-7:30 pm	Jun 2	\$30	ages 7+
Flah Park	Tu	6:00 pm-7:30 pm	Jun 30	\$30	ages 7+
Flah Park	Tu	6:00 pm-7:30 pm	Aug 4	\$30	ages 7+

Forest Moon Theater

presents

Miserella Finds Her Manners

Saturday, Feb 7 and Saturday, Mar 14
11 am at the Renaissance Centre

An original and interactive children's play geared for ages 3-7. **Tickets:** \$5 plus tax. (see page 30 for ticket information)





Theatre

Fractured Fairy Tales Theater Workshop

What if Cinderella's shoes pinched her feet and the prince was a lousy dancer? Or the three bears were actually a famous rock band and Goldilocks was a crazy fan? Kids will enjoy giving a new twist to familiar stories as they explore their dramatic side through the use of theater games, improvisation and play-acting. A great workshop for kids who love the theater and those who want to try it out for the first time. **INSTRUCTOR:** Beth Martin, Forest Moon Theater

Ren Ctr	Sa	9:00 am-12:00 pm	May 9	\$40	ages 8-12
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Lego®

Spring Break Workshop: Battle Tracks Galore

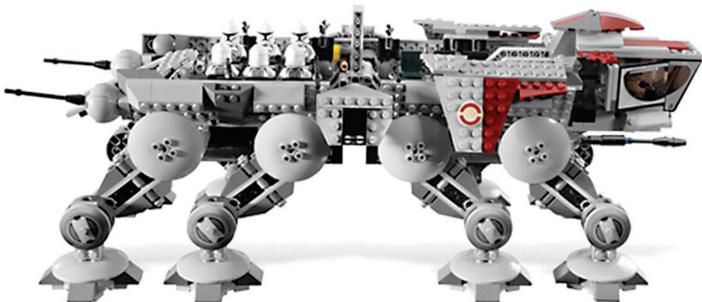
Compete for the title of Battle Track Champion! Build a motorized train that will take on other competitors on our monorail tracks. Students can let their imagination run wild with designing, building and testing different mechanisms until the right parts are combined into the ultimate battle track machine. **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M	9:00 am-12:00 pm	Mar 23	\$35	ages 7-12
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Spring Break Workshop: Bots and Walkers

Bring your engineering and creative thinking skills as we create some crazy motorized creatures! Students will be introduced to a variety of methods of movements through a series of intriguing projects. Taking inspiration from the movement of insects, sea creatures, and even our own bodies, we will have fun creating some life-like crawlers, wobblers and walkers! **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	W	9:00 am-12:00 pm	Mar 25	\$35	ages 7-12
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Martial Arts

Beginner Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	6:15 pm-7:00 pm	ongoing	\$40 / mo.	ages 7-17
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Advanced Tae Kwon Do

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	7:00 pm-8:00 pm	ongoing	\$40 / mo.	ages 7-17
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Afterschool

AMC Afterschool

This FREE afterschool program is open to all youth actively attending a Wake County school. The Alston-Massenburg Center (AMC) offers students a safe, supervised environment each afternoon. AMC gives children the opportunity to play or hang out with friends. A parent/guardian must register their child in person at the Alston-Massenburg Center.

Alst Mass	M-F	2:00 pm-6:00 pm	ongoing	free	ages 5-17
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Special Events

Springtime Celebration with Belle and Rapunzel

Belle and Rapunzel celebrate spring with an enchanted day of stories and crafts. Belle just loves to read and will begin the day by sharing her favorite story followed by a special craft led by each princess. Belle demonstrates to the girls how to create their own story with a journal they can decorate including a rose bookmark. Because of Rapunzel's love of all things spring, she will lead the girls in creating a headpiece filled with ribbons and flowers to match her style. Each girl will be treated to a special princess-themed face painting ready to pose for photos with their favorite springtime princess. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Mar 14	\$35*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Mar 14	\$35*	ages 3-7

*Parents admitted free