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**FOR IMMEDIATE RELEASE**

### **HOLDING PARK POOL TO OPEN MAY 29**

**WAKE FOREST, NC – May 18, 2010** – The Wake Forest Parks & Recreation Department will open Holding Park Pool for the season on Saturday, May 29. The pool will be open only on weekends through Sunday, June 13. Beginning Monday, June 14, Holding Park Pool will be open on weekdays and weekends through Sunday, Aug. 22.

Holding Park Pool, 133 W. Owen Ave., is one of the area's largest outdoor public swimming pools. The 50-meter pool is open during the summer months and offers swimming to the general public, as well as water aerobics, swim lessons, lap swim times, and parent/toddler swim times.

Open swim times are 1-6 p.m., Monday – Friday and 1-7 p.m., Saturday – Sunday. Daily admission fees are \$1 for children ages 2 and under; \$3 for children ages 3-12, and \$4 for patrons ages 13 and over.

Open swim passes are now available. Passes are for individuals only and may be purchased at Town Hall. The fee is \$40 per person for Wake Forest (in-town) residents and \$65 per person for non-residents.

Swim lesson registration will begin June 1 at Town Hall, 401 Elm Ave. The fee is \$35 for Wake Forest (in-town) residents and \$70 for non-residents. Classes will be offered for preschoolers (3-5-year-olds) and beginners (ages 6 and above). The swim lesson schedule is now available at Town Hall and online at [www.wakeforestnc.gov/residents/parksrecreation\\_swimlessons.aspx](http://www.wakeforestnc.gov/residents/parksrecreation_swimlessons.aspx).

Lap swim passes and Parent/Toddler passes are also available and may be purchased at Town Hall. Lap swim passes are for individuals only. The fee is \$30 per person. Lap swim times are Monday – Friday, noon - 1 p.m.

Parent/Toddler passes are now on sale and are for one parent and up to two children ages 4 and under. The fee is \$30 per pass. Parent/Toddler swim times are Monday – Saturday, noon - 1 p.m.

Water aerobics are scheduled for Tuesday and Thursday evenings from 7:45 - 8:30 p.m. Wake Forest will offer two sessions: June 15 – July 8 and July 20 – August 12. The fee is \$30.

The Wake Forest Parks & Recreation Department wishes to remind residents of the following pool rules:

- All bathers must take a shower in the locker room before entering the pool.
- Swimming aids and water toys are prohibited. Flotation devices are restricted to U.S. Coast Guard-approved for infants and children.
- Eating or drinking is permitted only in designated areas. Outside food, coolers, and alcoholic beverages are prohibited.
- Follow the directives of lifeguards, parks & recreation staff, and the police.
- Ball playing, running, jumping, using profane language or other forms of disruptive and disorderly behavior are prohibited.
- No diving, except in designated areas.
- No smoking, pets, or glass bottles permitted.

For more information about programs offered at Holding Park Pool, contact the Parks & Recreation Department at (919) 554-6180.

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For more information about the Town of Wake Forest, contact Public Information Officer Bill Crabtree at (919) 554-6196.