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FOR IMMEDIATE RELEASE

HOLDING PARK POOL TO OPEN MAY 23

WAKE FOREST, NC – May 15, 2009 – The Wake Forest Parks & Recreation Department will open [Holding Park Pool](#) for the season on Saturday, May 23.

The pool will be open only on weekends through Sunday, June 14. Beginning Monday, June 15, Holding Park Pool will be open on weekdays and weekends through Sunday, August 23.

Holding Park Pool, 133 W. Owen Ave., is one of the area's largest outdoor public swimming pools. The 50-meter pool is open during the summer months and offers swimming to the general public, as well as water aerobics, swim lessons, lap swim times, and parent/toddler swim times.

Open swim times are 1-6 pm, Monday – Friday and 1-7 pm, Saturday – Sunday. Daily admission fees are \$1 for children ages 2 and under; \$3 for children ages 3-12, and \$4 for patrons ages 13 and over.

Open swim passes are now available. Passes are for individuals only and may be purchased at Town Hall. The fee is \$40 per person for Wake Forest (in-town) residents and \$65 per person for non-residents.

The swim lesson schedule will be announced May 18. Classes will be offered for preschoolers (3-5-year-olds) and beginners (ages 6 and above). Swim lesson registration will begin June 1 at Town Hall. The fee is \$35 for Wake Forest (in-town) residents and \$70 for non-residents.

Lap swim passes and Parent/Toddler passes are also available and may be purchased at Town Hall.

Lap swim passes are for individuals only. The fee is \$30 per person. Lap swim times are Monday – Friday, noon - 1 pm.

Parent/Toddler passes are now on sale and are for one parent and up to two children ages 4 and under. The fee is \$30 per pass. Parent/Toddler swim times are Monday – Saturday,

noon - 1 pm.

Water aerobics are scheduled for Tuesday and Thursday evenings from 7:45 - 8:30 pm. Wake Forest will offer two sessions: June 16 – July 9 and July 21 – August 13. The fee is \$30.

For more information about programs offered at Holding Park Pool, contact the Parks & Recreation Department at (919) 554-6180.

The Wake Forest [Parks & Recreation Department](#) manages 561 acres of parks, open space, natural land and trails. This includes five baseball/softball fields, three soccer fields, one pool, six picnic areas, eight playgrounds, eight lighted tennis courts, a dog park, the Wake Forest Community House, Flaherty Park Community Center, and more than two miles of greenway trails.

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For more information about the [Town of Wake Forest](#), contact Public Information Officer [Bill Crabtree](#) at (919) 554-6196.