



## Adopt-a-Trail

Town of Wake Forest

*“If the greenway movement can help us  
get back a bit of honest, natural beauty  
and our heritage of historic place,  
we shall owe it much.”*

—Charles Little, *Greenways for America*, 1990

Dear Community Leader,

On behalf of the Greenways Advisory Board of Wake Forest, we would like to thank you for your contribution to the Town of Wake Forest (the “Town”) through your civic involvement. We also would like to introduce you to a new Town program.

The Adopt-A-Trail Program is intended to be a fun, meaningful way to promote civic responsibility and community pride while enhancing the Town’s green heritage. It can also provide an opportunity for your group to be actively involved in conservation of community resources by helping to maintain and enhance existing trails.

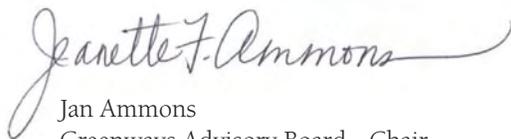
The type of work that will be involved will depend on the section of trail that your group decides to adopt. It could include keeping trail surfaces free of sticks, rocks, and other debris; pruning small limbs from the trail corridors; cleaning water bars and drainage ditches; and clearing debris from bridges, stairs, and viewing decks. Other jobs might include litter clean up and beautification on the trails, trailheads or parking lots; maintaining bulletin boards and trail signs; and reporting vandalism, trail hazards or safety issues to Town staff.

Your group’s involvement would create awareness of trail locations, and provide a vehicle for distribution of Town-issued informative pamphlets and communications about Town greenway trails.

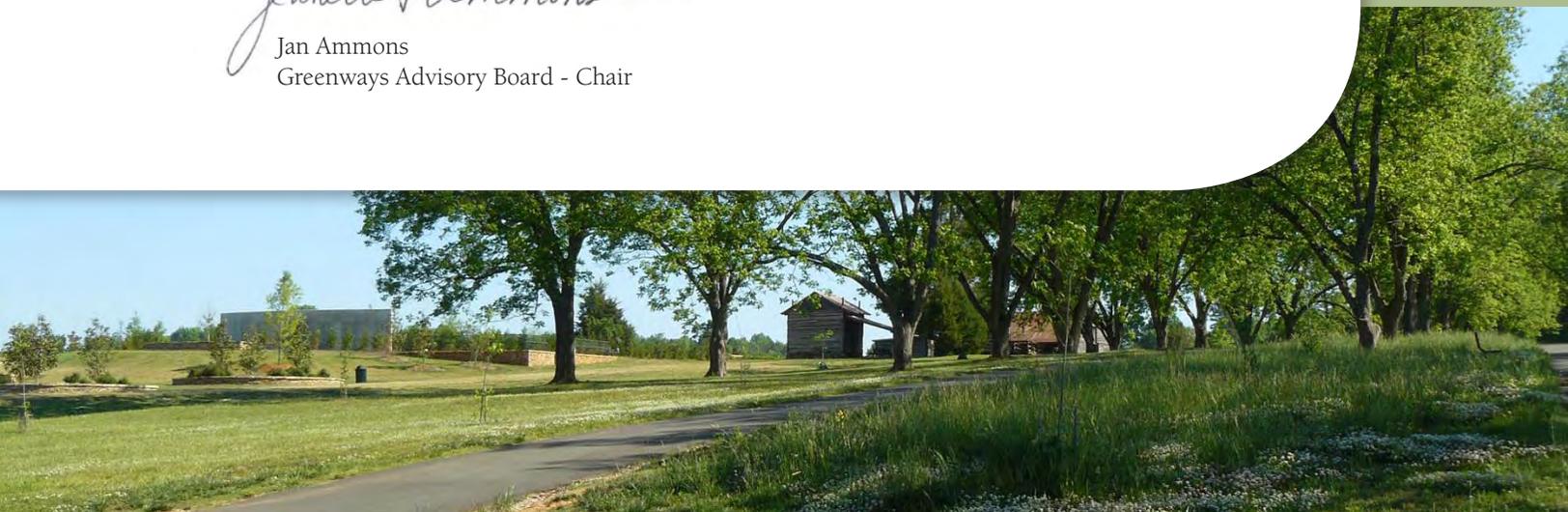
We hope that your group will find the enclosed brochure helpful in considering whether to participate in this rewarding program.

If you would like a representative from the Greenways Advisory Board to come to speak to your group, please call me at 919-422-9498.

With warm regards,



Jan Ammons  
Greenways Advisory Board - Chair





## Adopt-a-Trail

Town of Wake Forest



The beautification and visual enhancement of our greenway trails, provides volunteer community service opportunities for groups, individuals and businesses. By adopting a specific trail, and keeping it clear of weeds and debris for one year, you are actively contributing to the beauty of our greenway system.

### How does the program work?

The greenway trails are publicly owned and need your personal concern and attention. The Parks and Recreation Department provides normal maintenance, but you can provide that extra attention to detail that makes a trail more beautiful.

To adopt a trail, your group agrees to pick up litter, debris and loose brush at least four times a year in the adopted trail section. A trail section must be adopted for a period of one year, renewable annually thereafter upon approval by the Parks and Recreation Director.

You can choose any available trail section. Assignments are made on a first come, first served basis.

#### WHAT DOES THE TOWN OF WAKE FOREST PROVIDE?

Volunteers who adopt a section of trail will receive instruction in trail maintenance from Town of Wake Forest staff.

The Town will provide trash bags, gloves, safety vests, shovels, rakes, and free pick up of the trash you collect. If a task requires a tool you do not own, we will lend you the appropriate equipment.

#### ARE VOLUNTEERS COMPENSATED?

As a volunteer you will not be paid, but you will be rewarded.

▶ Your name and/or group name will appear on the Town's website, Community Channel 10 and in *Our Town* newsletter.

▶ You will receive special recognition at our Volunteer Appreciation Event.

▶ Most important, you will have the satisfaction of knowing that you're actively protecting and maintaining natural resources.

### Can anyone volunteer to adopt a trail?

We encourage individuals, families, scout troops, youth groups, schools, churches, community and service organizations, and special interest groups to get involved. Anyone with an interest in trails and the outdoors is welcome to help us preserve our land and provide safe, enjoyable access to the outdoors.

#### CAN CHILDREN PARTICIPATE?

Minors under age 18 may participate if their parents or guardians sign a *Youth Participation Release*

in addition to the *Adopt-A-Trail Release Form*. The parent or guardian must accompany the minor, or must assign responsibility to an adult representative of the Adopt-A-Trail applicant.

#### CAN WE CONTRACT THE WORK TO SOMEONE ELSE?

You may do the work yourself, with other volunteers, or hire a contractor to do the work for you. All volunteers or contractors must first sign an *Adopt-A-Trail Release Form* prior to beginning work.

### What tasks are volunteers expected to do?

Adopt-A-Trail volunteers are agreeing to clean trash from adopted trails a minimum of four times a year. Your group will help Town of Wake Forest staff maintain trail systems by keeping trail surfaces free of sticks, rocks, and other debris; pruning small limbs from the trail corridor; cleaning water bars and drainage ditches; clearing debris from bridges and boardwalks; maintaining the trailhead area, including public access areas, bulletin boards, and trail signs; and reporting trail hazards, vandalism, and safety issues.

Depending on your interest and abilities, you might be asked to assist Town staff in repairing trail structures, building benches, or doing environmental restoration work.

#### WHEN CAN VOLUNTEERS WORK ON THEIR TRAILS?

Trail work can be done on your own schedule and at your own pace. A minimum of four inspection and/or work days should be carried out per year, spread throughout the seasons.

### How do I sign up to adopt a trail?

If you or anyone you know is interested in adopting a Wake Forest trail, please contact the Parks and Recreation Director:

Susan Simpson  
ssimpson@wakeforestnc.gov  
(919) 435-9560

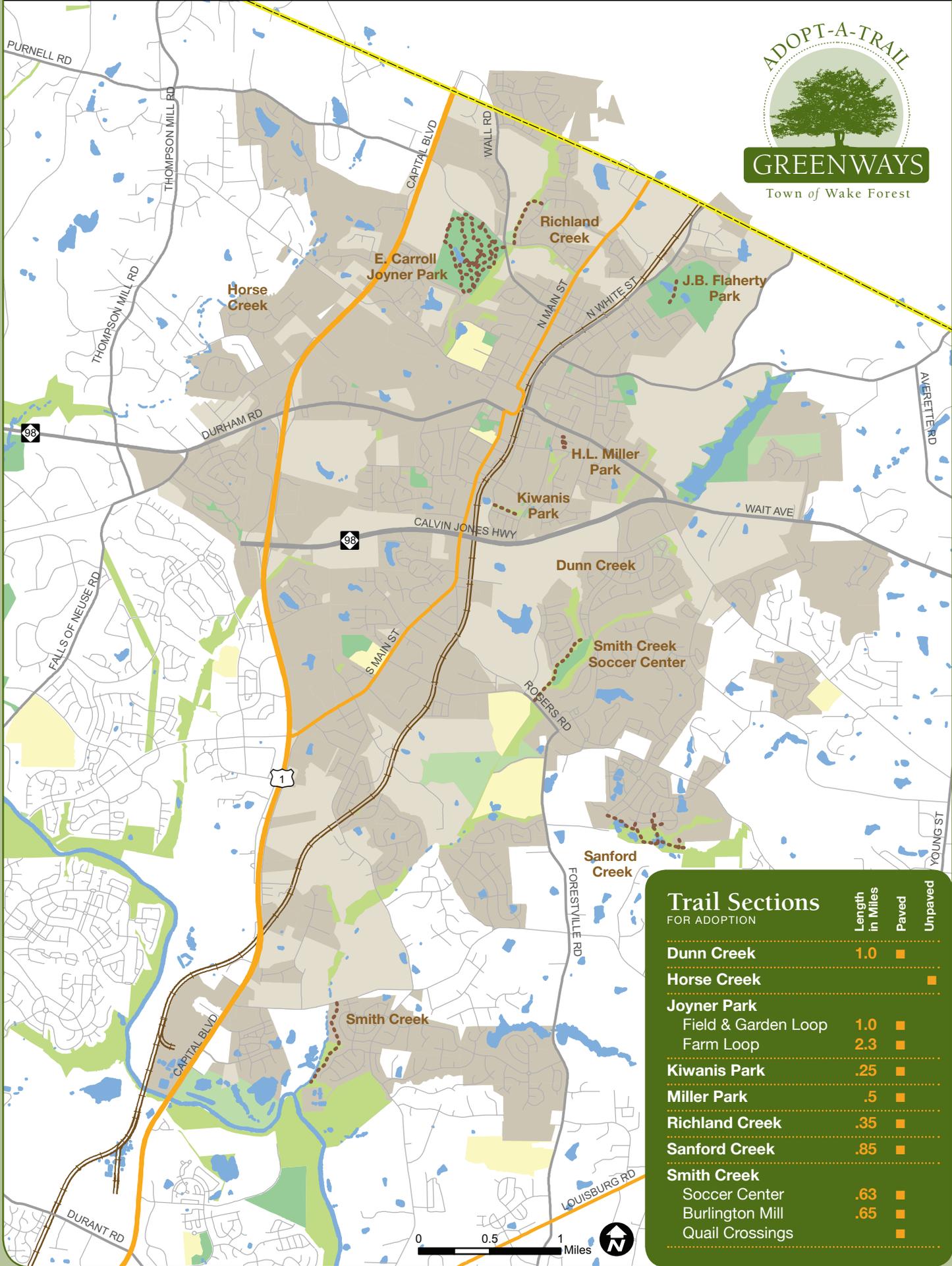
Before any work is initiated, the volunteering group or individual will sign an *Adopt-A-Trail Agreement* outlining the responsibilities and obligations of adopting a trail, and each participating trail volunteer must sign an *Adopt-A-Trail Release Form* that must be delivered to the Parks and Recreation Department before any work may begin.

*Note: For safety reasons, all trail maintenance must be carried out by a minimum of four volunteers, and someone in the group must carry a cell phone.*

TOWN of WAKE FOREST  
Parks & Recreation Department  
301 South Brooks Street  
Wake Forest, NC 27587  
(919) 435-9560



**GREENWAYS**  
Town of Wake Forest



Trail Sections FOR ADOPTION		Length in Miles	Paved	Unpaved
Dunn Creek		1.0	■	■
Horse Creek			■	■
Joyner Park				
Field & Garden Loop	1.0	■		
Farm Loop	2.3	■		
Kiwanis Park		.25	■	
Miller Park		.5	■	
Richland Creek		.35	■	
Sanford Creek		.85	■	
Smith Creek				
Soccer Center	.63	■		
Burlington Mill	.65	■		
Quail Crossings			■	





# RELEASE FORM

This release is executed on \_\_\_\_\_, 20\_\_\_\_, by \_\_\_\_\_(name of group) (the "Group") and its members, whose signatures appear below (hereinafter referred to collectively as "Releasors").

In consideration of being permitted to participate in the Town of Wake Forest's Adopt-A-Trail Program (the "Program") for the section of the trail identified in the Group's Adopt-A-Trail Program Agreement (the "Agreement") with the Town of Wake Forest, Releasors, being of lawful age, for themselves and their personal representatives, heirs, and next of kin, hereby release and forever discharge the Town of Wake Forest and its officials, employees, and/or agents (hereinafter referred to collectively as the "Town"), from any and every claim, demand, action or right of action, of whatsoever kind or nature, either in law or in equity arising from or by reason of any bodily injury or personal injuries known or unknown, death and/or property damage resulting or to result from any accident that may occur as a result of participation in the Program.

Releasors acknowledge that participation in the Program is voluntary and that the work to be performed and the work environment may be hazardous. Releasors agree that they will follow all Town of Wake Forest safety guidelines and directives and that they will wear and use all required items of safety gear and equipment for the performance of their volunteer duties. Releasors assume full responsibility for and assume the risk of bodily injury, death or property damage while picking up litter, debris, or loose brush and otherwise participating in the Program. Releasors agree to indemnify the Town from any loss, liability, damage or cost the Town may incur due to the presence of Releasors in, on or near those sections of the trail referenced in the Group's Agreement.

Releasors acknowledge their likeness may be captured by the Town for use in promotional, news, or informational media. Participation in this activity implies consent. If any Releasor does not wish for such a photo to be used, please contact the Parks and Recreation Department at (919) 435-9460.

In no event shall the Releasors be considered the agents or employees of the Town.

Releasors agree that this release, waiver, and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of North Carolina and that if any portion of the agreement is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**A participating child's parent or guardian is required to sign a "Youth Participation Release" in the form attached hereto for each volunteer less than 18 years of age.**

**No one may participate in the Program without first having signed below as a Releasor, and no one under the age of 18 may participate without having signed as a Releasor and having a parent or guardian sign the Youth Participation Release.**

This Release contains the entire agreement between the parties to this agreement, and the terms of this Release are contractual and not a mere recital.

**RELEASORS:**

SIGNATURE	PRINT NAME	DATE
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____





# YOUTH PARTICIPATION RELEASE

## To be signed for each child volunteer under the age of 18

As the parent/guardian (the "Parent") of the minor child named below (the "Child," and together with the Parent, the "Releasers"), I hereby give permission for the Child to participate in one or more Adopt-A-Trail Programs. By my signature I release the Town of Wake Forest for the Child, the Parent, and his or her personal representatives, heirs, and next of kin, hereby release and forever discharge the Town of Wake Forest and its officials, employees, and/or agents (hereinafter referred to collectively as the "Town"), from any and every claim, demand, action or right of action, of whatsoever kind or nature, either in law or in equity arising from or by reason of any bodily injury or personal injuries known or unknown, death and/or property damage resulting or to result from any accident which may occur as a result of the Child's participation in the Adopt-A-Trail Program.

The undersigned acknowledges that participation in the Adopt-A-Trail Program is voluntary and that work on trails may include exposure to numerous hazards. Releasers assume full responsibility for and assume the risk of bodily injury, death or property damage. Releasers agree to indemnify the Town from any loss, liability, damage or cost the Town may incur due to the participation of the Child in the Adopt-A-Trail Program.

In no event shall the Child be considered the agent or employee of the Town.

The Parent agrees that this release, waiver, and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of North Carolina and that if any portion of the agreement is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

The Parent realizes that transportation to and from the program is the Parent's responsibility, and that if anyone connected with the program transports the Child on Parent's behalf, Parent will hold that party blameless for any accident or injury that may occur. Such absolution is to be binding when the above individuals are acting within the scope of the activity. Parent hereby accepts the instructor, supervision, facilities, and equipment, as being satisfactory for the program activity named above. Parent understands that insurance coverage is Parent's responsibility, and Parent certifies that Parent has read and agreed to the terms stated above and that all information provided is correct to the best of Parent's knowledge.

The Parent further states that it has carefully read this Release and knows the contents of the Release and signs this Release as his or her own free act, on the Parent's behalf and on behalf of the Child. The Parent hereby represents and warrants to the Town that he or she is the parent or legal guardian of the Child, with full legal authority to execute this Release on the Child's behalf.

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PRINT NAME OF MINOR CHILD

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SIGNATURE OF PARENT OR GUARDIAN

DATE

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PRINT NAME OF PARENT OR GUARDIAN

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STREET ADDRESS

CITY

STATE

ZIP

---

TELEPHONE