

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

JAN-FEB 2015



Winter Program Guide

WELCOME

January-February 2015

Wake Forest Parks, Recreation & Cultural Resources Department
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Flaherty Park Community Center
1226 N. White St.
919-554-6726

Alston-Massenburg Center
416 N. Taylor St.
919-554-6189

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.



Meet the town's new Urban Forestry Coordinator



The Parks, Recreation & Cultural Resources (PRCR) Department is pleased to announce **Jennifer Rall** as the town's new urban forestry coordinator. Rall will be responsible for implementing the town's urban forestry program. She will oversee the planting, removal and maintenance of trees located on public property and rights-of-way. She will also be charged with promoting public education initiatives through community-wide landscaping projects and informative seminars.

Jennifer Rall can be reached at jrall@wakeforestnc.gov or 919-435-9565.

Specialized Recreation now offered

All Town of Wake Forest recreation programs are inclusive and we encourage individuals with and without disabilities to participate together. The town now offers specialized programs to meet the needs of Wake Forest children with physical or intellectual disabilities. See pages 16 and 17 for information about Special Needs Movie Night, Sensory Fun Days, Dream League Baseball and a very special Valentine Party.

Parents Morning Out: Saturday, Dec. 20

On Saturday, Dec. 20, the Parks, Recreation & Cultural Resources Department will offer fun, supervised activities for children ages 3-12 at the Wake Forest Community House. Scheduled from 9 a.m. to 2 p.m., the program is designed to give parents some free time for holiday-related tasks.

Participants will be entertained with crafts, games, a movie and more. The cost is \$20 and pre-registration is required at Wake Forest Town Hall or online at wakeforest.recdesk.com. Parents are encouraged to register early as there are a limited number of spaces available. Children must be potty-trained to participate. Snacks will be provided but children must bring their own lunch.

For more information, contact Programs Superintendent Monica Lileton at mlileton@wakeforestnc.gov or 919-435-9563.

Program registration begins Dec. 1

Register at any staffed site or online at wakeforestnc.recdesk.com.

STAFFED REGISTRATION SITES: Wake Forest Town Hall, Flaherty Park Community Center, Alston-Massenburg Center

Athletic league registration is accepted at town hall during the advertised periods only. Returning players who have already presented a birth certificate may register online. See page 17 for athletic league information.

PARKS & GREENWAYS

PLACES TO PLAY

From the flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk

E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns and restored farm buildings, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics and relaxation. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Amidst the beautiful scenery loop three miles of paved trails for walking bicycling and in-line skating. Leashed dogs are also welcome to enjoy the trails.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$100	\$150 Half Day, Mon-Fri \$200 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$250 Full Day, Mon-Fri \$400 Full Day, Sat-Sun/holiday	dawn to dusk
Performance Garden	\$100	\$75 Half Day, Mon-Fri \$100 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$150 Full Day, Mon-Fri \$200 Full Day, Sat-Sun/holiday	dawn to dusk
Open Space (3 sites under pecan grove)	\$100	\$15/hr 2-hr min	Daily dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-435-9560
HOURS: dawn to dusk



Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts and a community center (see page 7 for center information).

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$100	\$15/hr 2-hr min	Daily dawn to dusk
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Daily

See page 7 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk

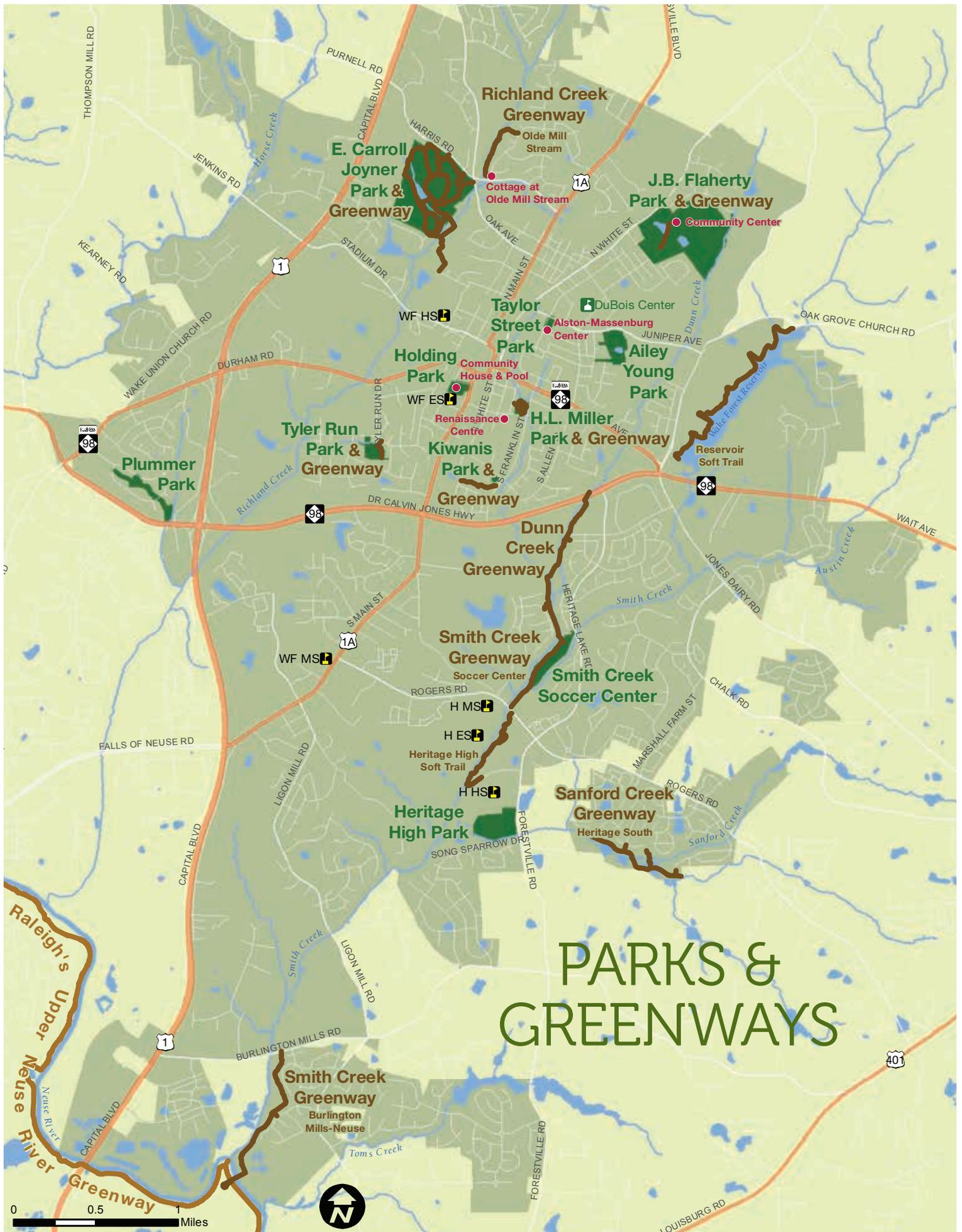


Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, 50-meter pool and the Wake Forest Community House.

HOLDING PARK POOL The 50-meter public pool is open from Memorial Day weekend through August.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$100	\$15/hr 2-hr min	Daily dawn to dusk
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Daily

See page 6 for Wake Forest Community House rental information



PARKS & GREENWAYS



Acres	Amphitheatre	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground (ADA #)	Pond	Swimming Pool	Restrooms	Soccer Field	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●				●		●	●	●				●	
DuBois Park 518 N. Franklin St.	0.4			●								●					
E. Carroll Joyner Park 701 Harris Rd.	117	●				●	●	●	●	●	●		●		●		
H.L. Miller Park 401 Elm Ave.	2					●					●						
Heritage High Park* 1140 Forestville Rd.	25		●	●			●								●	●	●
Holding Park 133 W. Owen Ave.	5		●	●	●			●	●		●	●		●	●		
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●		●	●	●	●	●	●		●		●
Kiwanis Park 400 E. Holding Ave.	1					●				●	●	●	●				
Plummer Park 965 Jones Wynd	0.5									●	●	●					
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●		●	●	●			●	●	
Taylor Street Park 416 N. Taylor St.	1.5				●	●				●	●	●			●		
Tyler Run Park 830 Pineview Dr.	9		●	●			●				●	●					

*Heritage High Park is open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the town's greenways.

For more information visit wakeforestnc.gov/adopt-a-trail.aspx or contact Senior Planner Candace Davis at cdavis@wakeforesnc.gov or 919-435-9513.



Download the greenway app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



Paved (P), Soft Trail (S)	Length in Miles
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GREENWAYS

E. Carroll Joyner Park 701 Harris Rd.	P	3.0 mi.
	S	0.5 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P	1.0 mi. 0.3 mi*
H.L. Miller Park 401 Elm Ave.	P	0.4 mi.
Heritage High School 1150 Forestville Rd.	S	0.8 mi.
J.B. Flaherty Park 1226 N. White St.	P	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P	0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P	0.45 mi.
Sanford Creek Heritage South Greenway dead end of Marshall Farm St.	P	0.85 mi. 1.3 mi. **
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P	1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	0.63 mi. 1.1 mi.**
Tyler Run Park 830 Pineview Dr.	P	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S	1.6 mi.

*Downtown Connector section (.3 mi.) to be completed 2015.
**Smith/Sanford Creek Greenway (2.4 mi.) to be completed 2015.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School, Tyler Run Park and Wake Forest Middle School.

Soccer fields are located at Heritage High School, Smith Creek Soccer Center and Wake Forest Middle School

See pages 4-5 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Daily



Wake Forest Reservoir

The Wake Forest Reservoir was created as a drinking water source for the town in the early 1960s. Shortly after the City of Raleigh utility merger, the water plant was taken off line, but limited operations are still in place at the reservoir. You can still see some of the water plant structures on site.



Today, the lake is open for paddle and electric powered boats. Hikers can explore the 1.6 mile trail which follows the west bank of the reservoir.

The driveway to the lake is located off of Traditions Grande Boulevard near Wait Avenue. There is a small concrete boat ramp adjacent to the parking area.

Wake Forest's community centers are gathering spots

Alston-Massenburg Center

416 N. Taylor St.
919-554-6189

HOURS: Mon-Fri 2-8 pm; Sat 8 am-4 pm;
Sun 1-5 pm



The fully renovated Alston-Massenburg Center features a large meeting room, with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground and a picnic shelter.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$100	\$200 Half Day	Sat & Sun only 8:00 am-3:00 pm; 5:00 pm-midnight	24 tables 125 chairs available
		\$400 Full Day	8:00 am-midnight	

Wake Forest Community House

133 W. Owen Ave.
919-435-9560

HOURS: Open for scheduled programs and private rentals



The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House adjoins the Holding Park Pool and playground. To rent the Community House, call 919-435-9560 or visit town hall.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$100	\$200 Half Day	Fri, Sat & Sun 8:00 am-3:00 pm; 5:00 pm-midnight	27 tables 170 chairs available
		\$400 Full Day	8:00 am-midnight	

CENTERS

AND RENTAL FACILITIES



for fun and recreation—the perfect location for your next event.

Flaherty Park Community Center

1226 N. White St.
919-554-6726

HOURS: Mon-Fri 10 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

OPEN PLAY: The gymnasium is available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov/flaherty-park-community-center.aspx.



Flaherty Park Community Center is a recreational facility primarily used for Parks, Recreation & Cultural Resources programs. The center features a regulation high school gymnasium, an arts & crafts room, a game room and a meeting room with an adjoining kitchen.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$100	\$80/hr 2-hr min Additional \$15/hr supervisory fee for after hours (5 pm-midnight)	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$100	\$40/hr 2-hr min	Sat & Sun only	4 tables 20 chairs available
Open Space	\$100	\$15/hr 2-hr min	Daily	--

**Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.*

Cottage at Olde Mill Stream

901 Barnford Mill Rd.
919-435-9560

HOURS: Open for scheduled programs
The Cottage at Olde Mill Stream is a one-room building used for Parks, Recreation & Cultural Resources programs.



Wake Forest Renaissance Centre

405 S. Brooks St. | **Arts Annex:** 407 S. Brooks St.
919-435-9458 | Event Line: 919-435-9428

The Wake Forest Renaissance Centre is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events. Located in the heart of Wake Forest's Renaissance District, the Renaissance Centre strives to connect and engage our community through inspiring arts experiences, and contribute to the economic growth and quality of life in our region.

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestnc.gov/renaissance-centre.aspx or contact the Renaissance Centre Manager at 919-435-9566.



Compare Amenities

	Classroom	Game Room	Gymnasium	Kitchen	Meeting Room	Performance Stage	Available for Rent
Alston-Massenburg Center	●			●	●	●	●
Cottage at Olde Mill Stream	●						
Flaherty Park Community Center	●	●	●	●	●		●
Wake Forest Community House	●			●			●
Wake Forest Renaissance Centre	●				●	●	●

PRESCHOOL

PROGRAMS & CLASSES

For our youngest residents, these kid-friendly classes are geared to learning about the world through exploration.



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	10:00 am-10:45 am	Jan 5-Feb 2*	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Jan 8-Jan 29	\$48	18 mos-3 yrs
Flah Park	M	10:00 am-10:45 am	Feb 23-Mar 16*	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Feb 12-Mar 5	\$48	18 mos-3 yrs

*No class Jan 19 or Feb 16

Preschool Art

Students will enjoy stories and art projects based around a theme. Students will explore basic art techniques through many different mediums. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	11:00 am-12:30 pm	Jan 5-Feb 2*	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Jan 8-Jan 29	\$48	ages 3-5
Flah Park	M	11:00 am-12:30 pm	Feb 23-Mar 16*	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Feb 12-Mar 5	\$48	ages 3-5

*No class Jan 19 or Feb 16

Valentine Factory

In this workshop, we will have fun making Valentine's Day crafts and learn about the art of print making. Please bring a snack. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	10:00 am-12:00 pm	Feb 7	\$20	ages 3-5
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Dance

Creative Movement

This class will guide your child in the discovery of pre-ballet, tap, and jazz through exercises that build coordination, gross motor skills, and bonding relationships. Students will perform a routine using the skills they have learned at the end of the session. Parents may participate if your dancer needs you to. **REQUIREMENTS:** *Girls:* leotard, tights, hair up and pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	9:00 am-9:30 am	Jan 5-Feb 9*	\$38	ages 2-3
WFCH	M	9:00 am-9:30 am	Feb 16-Mar 16	\$38	ages 2-3

*No class Jan 19



Tiny Ballerinas

Dancers will gain ballet technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the room. They will apply these skills in a new routine that they will perform for friends and family at the end of each session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	9:30 am-10:00 am	Jan 5-Feb 9*	\$38	ages 3-5
WFCH	M	9:30 am-10:00 am	Feb 16-Mar 16	\$38	ages 3-5

*No class Jan 19

Ballet/Tap/Jazz Combination

Dancers will gain ballet, tap, & jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in 3 new routines that they will perform for friends and family at the end of each session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, t-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

WFCH	M	10:00 am-11:00 am	Jan 5-Feb 9*	\$38	ages 3-5
WFCH	M	10:00 am-11:00 am	Feb 16-Mar 16	\$38	ages 3-5

*No class Jan 19

Fitness

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	Th	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs
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Special Events

Elsa and Ana's Frozen Wonderland

Children spend the day with their favorite *Frozen* characters—Elsa and Ana. Join the royal sisters for a day filled with fun crafts and activities. Be a part of the beloved adventure through an interactive storytime where every child has a role. Program includes two craft projects led by each sister: “Do you want to build a snowman?” craft with Ana and “Decorating Magical Snowflake Wands” with Elsa. Queen Elsa leads the girls in a special princess lesson activity and concludes with a coronation ceremony where each girl is crowned by Queen Elsa. Each girl also receives a special princess certificate from Princess Ana. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Jan 24	\$35*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Jan 24	\$35*	ages 3-7

*Parents admitted free

Valentine's Princess Boutique and Ball

Little princess friends gather from near and far to celebrate with Cinderella and Sleeping Beauty for a Valentine's Boutique and Ball! Each girl should arrive elegantly dressed in their favorite princess ball gown. Upon arrival, Cinderella and Sleeping Beauty will treat the girls to a mini boutique. Each girl will be pampered with hair, nails and make-up in preparation for the ball. Parents are invited and encouraged to join your princess during the final 30 minutes of the event as she walks down the red carpet to reveal her princess make-over and enjoy dancing at the ball with Cinderella and Sleeping Beauty. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Feb 14	\$50*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Feb 14	\$50*	ages 3-7

*Parents admitted free

Carolina Puppet Theatre

Wednesday, Dec 3 and 17; Jan 7 and 21;
Feb 4 and 18 ~ 11 am
Wake Forest Renaissance Centre



NEW SHOW EACH MONTH! The wacky Gabardine Sisters and their super-duper star puppet, Bartlet, entertain audiences with storytelling, music and puppetry. Full of mayhem, these fast-paced, interactive shows are a delightful experience for young children. Geared for ages 3-7. **Tickets:** \$5. (see back cover for ticket information)

YOUTH

PROGRAMS & CLASSES

Do you dream of being an artist? Or dancing with the stars? Start your journey here with an inspiring class.



Art

Art for Teens

Students will experience working with different mediums: pencil, watercolor, acrylic, pen & ink, and charcoal. Will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Jan 6-Feb 10	\$60	ages 13-15
Flah Park	Tu	3:30 pm-4:30 pm	Feb 24-Mar 31	\$60	ages 13-15

Youth Drawing & Open Studio

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Jan 6-Feb 10	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Feb 24-Mar 31	\$60	ages 9-12

Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, watercolor, and acrylic. Will work on a variety on subject matters of the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Jan 7-Feb 11	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Feb 25-Apr 1	\$60	ages 9-12

Impressionist Painting Workshop

Everyone will complete an Impressionist Painting. Participants will choose the subject matter. Enjoy the painting process that changed the world! All materials included. **INSTRUCTOR:** Mary Benejam

Flah Park	Sa	10:00 am-3:30 pm	Feb 7	\$70	ages 9-12
Flah Park	Sa	10:00 am-3:30 pm	Apr 25	\$70	ages 9-12

Art for Homeschoolers

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	1:30 pm-3:00 pm	Jan 5-Feb 2*	\$48	ages 5-8
Flah Park	M	1:30 pm-3:00 pm	Feb 23-Mar 16	\$48	ages 5-8

**No class Jan 19*

Kids Art

Students will explore basic elements of art including line, color, and composition. Different art mediums will be emphasized. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M	4:30 pm-6:00 pm	Jan 5-Feb 2*	\$48	ages 5-8
Flah Park	Th	4:30 pm-6:00 pm	Feb 23-Mar 16	\$48	ages 5-8

**No class Jan 19*

Valentine Factory

In this workshop, we will have fun making Valentine's Day crafts and learning about print making. Please bring a snack. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Sa	1:00 pm-3:00 pm	Feb 7	\$20	ages 5-8
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Zentangle is a relaxing artform that involves drawing patterns. It's a perfect form of creative expression for any age and any skill level.



Zentangle for Kids

This class is the perfect opportunity to try something new and you don't even need to be an artist! Students will learn how to get started with Zentangle, from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Students will learn a total of eight tangles (patterns) and complete two tiles. **INSTRUCTOR:** Cathy Dills

Ren Ctr AA	Tu	4:00 pm-5:30 pm	Jan 20-Feb 10	\$85*	ages 8-14
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**Plus \$20 materials fee. Pens will be yours to keep.*

Explore Zentangle

Come as a family or on your own to explore the new art of Zentangle! Participants will learn how to get started with Zentangle, from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Participants will learn a total of eight tangles (patterns) and complete two tiles. **INSTRUCTOR:** Cathy Dills

Ren Ctr AA	Sa	10:00 am-12:00 pm	Feb 7	\$45*	ages 15-adult
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**Plus \$20 materials fee. Pens will be yours to keep.*

Soap Carving

Do you want to learn to wood carve but are too young? Learn the basics of carving using soap. Students will learn to carve an animal and a simple relief carving using etching techniques. Participants will use plastic knives and pattern etchers during class. All materials included. **INSTRUCTOR:** Fred Zinn

Flah Park	Th	6:15 pm-8:45 pm	Jan 8-Jan 29	\$30	ages 8-12
Flah Park	Th	6:15 pm-8:45 pm	Feb 26-Mar 19	\$30	ages 8-12

Whittling

Learn the difference in the steel, wood, and other makes of knives that are great for pocket knives. Learn the proper way to sharpen a knife and the safe usage of that knife. Two whittling projects will be completed. Knives will be provided for the projects. **INSTRUCTOR:** Fred Zinn

Flah Park	Sa	10:00 am-12:00 pm	Jan 10-Jan 31	\$30	ages 10+
Flah Park	Sa	10:00 am-12:00 pm	Feb 28-Mar 19	\$30	ages 10+

Music

WF Community Youth Orchestra—Beginner

This course introduces students to the fun and rewarding world of orchestra! Students will be introduced to the violin, viola, cello, and bass. Emphasis will be placed on correct posture, technique, and musicianship. **INSTRUCTOR:** LaSaundra Booth

Flah Park	Th	6:00 pm-6:45 pm	Feb 5-Mar 19	\$85*	ages 7-10
Flah Park	Th	6:00 pm-6:45 pm	Apr 2-May 16	\$85*	ages 7-10

**Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org.*

WF Community Youth Orchestra—Intermediate

This course will emphasize the expressive qualities of music such as playing with vibrato and using dynamics. Students must have at least one year of orchestral experience in order to take this course. A mixture of classical, contemporary and popular pieces will be learned. **INSTRUCTOR:** LaSaundra Booth

Flah Park	Tu	6:00 pm-7:00 pm	Feb 3-Mar 17	\$85*	ages 11-17
Flah Park	Tu	6:00 pm-7:00 pm	Mar 31-May 16	\$85*	ages 11-17

**Financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org.*

Beginner Guitar Lessons

Students will experience the joy of learning basic techniques, chords, and finger exercise. Please bring an acoustic guitar and a pick. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	10:30 am-11:30 am	Jan 10-Jan 31	\$50	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Jan 10-Jan 31	\$50	ages 9-12
Flah Park	Sa	10:30 am-11:30 am	Feb 14-Mar 7	\$50	ages 6-8

Intermediate Guitar Lessons

This intermediate guitar class is perfect for the child who has already taken beginner lessons. Students must have an understanding of chords and notes. **INSTRUCTOR:** Krista Pimentel



Flah Park	Sa	11:30 am-12:30 pm	Feb 14-Mar 7	\$50	ages 9-12
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Percussion Playground

Play, dance, drum! Students will have fun learning how to use upcycled materials to develop musical abilities through listening, playing and moving.

INSTRUCTOR: Terri Smith

Ren Ctr AA	Tu	4:30 pm-5:15 pm	Jan 20-Feb 24	\$90*	grades K-2
Ren Ctr AA	Tu	5:30 pm-6:15 pm	Jan 20-Feb 24	\$90*	grades 3-5

*Plus \$10 materials fee

Theatre

Ensemble Acting and Playwriting

Young aspiring actors will develop basic theater skills and gain valuable experience in ensemble acting and cooperative playwriting. Through guided exploration and sharing of ideas, the group will devise and perform an original performance piece. The final performance will be on the last day of class.

INSTRUCTOR: Harrison Phipps (under the supervision of Beth Martin)

Ren Ctr AA	Th	4:00-5:30 pm	Jan 15-Mar 5	\$80	grades 6-8
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Improv FUNDamentals

Students will learn the fundamentals of improvisation in a fun, supportive environment. INSTRUCTOR: Jeris Donovan

Ren Ctr AA	Sa	9:00 am-12:00 pm	Feb 7	\$60	ages 12-15
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Acting Adventures

Through the use of theater games and exercises, students will learn to use their voices and bodies to express their imagination and ideas. INSTRUCTOR: Beth Martin

Ren Ctr AA	Sa	1:00 pm-3:00 pm	Feb 7	\$25	ages 5-8
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Creative Writing

What's YOUR Story

Ever wanted to write your own novel? Do you have great ideas and not a clue how to get them down on paper? This class will help you transform your exciting ideas into the first few pages of a novel. Learn how to create characters that will hook readers and help shape your story. INSTRUCTOR: Tanya Yvonne

Ren Ctr AA	Sa	10:00 am-11:30 am	Jan 24-Feb 7	\$45	ages 15+
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Dance

Wake Forestettes Baton Corps

Wake Forest's first Twirling and Baton Corps. Students will learn how to twirl the baton and will perform at various community events as a unit. No experience necessary. INSTRUCTOR: Bonnie Mallory

WFCH	M/W	4:30 pm-5:30 pm	Jan 5-Jun 10	\$50/ mo.*	ages 10-14
WFCH	M/W	5:30 pm-6:15 pm	Jan 5-Jun 10	\$50/ mo.*	ages 4-6
WFCH	M/W	6:15 pm-7:15 pm	Jan 5-Jun 10	\$50/ mo.*	ages 7-9

*Students must purchase baton and basic performance uniform.

Fitness

PE for Homeschoolers

Students will participate in a wide variety of sports and activities which will assist them in maintaining physical fitness and expose them to the joy of developing an active lifestyle. INSTRUCTOR: Bonnie Mallory

Flah Park	M/Th	11:30 am-12:30 pm	Jan 5-Feb 16	\$65	grades K-2
Flah Park	M/Th	12:30 pm-1:30 pm	Jan 5-Feb 16	\$65	grades 3-5
Flah Park	M/Th	1:30 pm-2:30 pm	Jan 5-Feb 16	\$65	grades 6-8
Flah Park	M/Th	11:30 am-12:30 pm	Feb 23-Apr 2	\$65	grades K-2
Flah Park	M/Th	12:30 pm-1:30 pm	Feb 23-Apr 2	\$65	grades 3-5
Flah Park	M/Th	1:30 pm-2:30 pm	Feb 23-Apr 2	\$65	grades 6-8

Textile Arts

Beginning Crochet (Amigurumi)

Participants will begin with making an owl pencil cup and make the owl amigurumi. This class is appropriate for those with little or no crochet experience. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:30 pm-6:00 pm	Jan 20-Feb 17	\$65	ages 11-adult
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Beginning Knitting

This class is appropriate for those with little or no knitting experience. Participants learn knitting basics and will make "My Striped and Slouchy Hat" by Christi Wasson and a coordinating pair of boot cuffs. A supply list will be sent upon registration. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Jan 20-Feb 17	\$60*	ages 11-adult
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*Materials not included



Martial Arts

Beginner Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	6:15 pm-7:00 pm	ongoing	\$40 / mo.	ages 18+
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Advanced Tae Kwon Do

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	7:00 pm-8:00 pm	ongoing	\$40 / mo.	ages 18+
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Special Events

Elsa and Ana's Frozen Wonderland

Children spend the day with their favorite *Frozen* characters—Elsa and Ana. Join the royal sisters for a day filled with fun crafts and activities. Be a part of the beloved adventure through an interactive storytime where every child has a role. Program includes two craft projects led by each sister: "Do you want to build a snowman?" craft with Ana and "Decorating Magical Snowflake Wands" with Elsa. Queen Elsa leads the girls in a special princess lesson activity and concludes with a coronation ceremony where each girl is crowned by Queen Elsa. Each girl also receives a special princess certificate from Princess Ana. **INSTRUCTOR:** Curtsies and Crowns



WFCH	Sa	10:00 am-11:30 am	Jan 24	\$35*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Jan 24	\$35*	ages 3-7

*Parents admitted free

Valentine's Princess Boutique and Ball

Little princess friends gather from near and far to celebrate with Cinderella and Sleeping Beauty for a Valentine's Boutique and Ball! Each girl should arrive elegantly dressed in their favorite princess ball gown. Upon arrival, Cinderella and Sleeping Beauty will treat the girls to a mini boutique. Each girl will be pampered with hair, nails and make-up in preparation for the ball. Parents are invited and encouraged to join your princess during the final 30 minutes of the event as she walks down the red carpet to reveal her princess make-over and enjoy dancing at the ball with Cinderella and Sleeping Beauty. **INSTRUCTOR:** Curtsies and Crowns

WFCH	Sa	10:00 am-11:30 am	Feb 14	\$50*	ages 3-7
WFCH	Sa	1:00 pm-2:30 pm	Feb 14	\$50*	ages 3-7

*Parents admitted free

Afterschool

AMC Afterschool

This FREE afterschool program is open to all youth actively attending a Wake County school. The Alston-Massenburg Center offers students a safe, supervised environment each afternoon. AMC gives children the opportunity to play or hang out with friends. A parent/guardian must register their child in person at the Alston-Massenburg Center.

Alst Mass	M-F	2:00 pm-6:00 pm	Jan 5-Jun 12	free	ages 5-17
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ADULT

PROGRAMS & CLASSES

It's never too late to get active and learn something new. Adult classes are geared to enhancing your life by developing your interests.



Art

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Enter the painting world! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00 pm-3:00 pm	Jan 6-Feb 10	\$75	ages 16+
Flah Park	Tu	1:00 pm-3:00 pm	Feb 24-Mar 31	\$75	ages 16+

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Materials not included. Must have completed Beginners Oil & Acrylic Painting. **INSTRUCTOR:** Mary Benejam

Flah Park	W	10:00 am-12:30 pm	Jan 7-Feb 11	\$75	ages 16+
Flah Park	W	10:00 am-12:30 pm	Feb 25-Apr 1	\$75	ages 16+

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. Student must have completed Beginners and Intermediate Painting. Let's paint a masterpiece! Materials not included.

INSTRUCTOR: Mary Benejam

Flah Park	Tu	10:00 am-12:30 pm	Jan 6-Feb 10	\$75	ages 16+
Flah Park	Tu	10:00 am-12:30 pm	Feb 24-Mar 31	\$75	ages 16+

Adult Drawing

Students will learn value, shape, form, perspective and proportions. These skills will help in any art direction. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Jan 7-Feb 11	\$75	ages 16+
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Watercolor

Students will learn washes, glazes, color mixing, and composition. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Feb 25-Apr 1	\$75	ages 16+
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Explore Zentangle

Come as a family or on your own to explore the new art of Zentangle! Participants will learn how to get started with Zentangle, from dividing up your space to how to pick your tangles. This class includes the history and purpose of Zentangle. Participants will learn a total of eight tangles (patterns) and complete two tiles. **INSTRUCTOR:** Cathy Dills

Ren Ctr AA	Sa	10:00 am-12:00 pm	Feb 7	\$45*	ages 15-adult
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**Plus \$20 materials fee. Pens will be yours to keep.*





Fitness

Gentle Yoga

This class will emphasize the healing benefit of yoga with slower movements and connection to breath. The practice will be especially beneficial for those who are recovering from injury or illness, or if you simply want a deep gentle yoga experience. All levels are welcome. Please bring a mat and wear comfortable clothing. **INSTRUCTOR:** Sunny Davis

WFCH	W	10:00 am-11:30 am	Jan 7-Feb 11	\$60*	ages 18+
WFCH	W	10:00 am-11:30 am	Feb 25-Apr 1	\$60*	ages 18+

**Optional \$12 drop-in fee is accepted*

Core Strengthening with Pilates

Pilates is a safe, gentle form of exercise which strengthens the body from the inside out. Having a strong core helps improve our backs plus our ability to perform everyday activities with ease and helps prevent injuries. All levels are welcome. Please bring a mat and wear comfortable clothing. **INSTRUCTOR:** Sunny Davis

Flah Park	M	10:00 am-11:15 am	Jan 5-Feb 16*	\$60*	ages 18+
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**No class Jan 19; optional \$12 drop-in fee is accepted*

Fitfluence Boot Camp

Keep that New Year's resolution! Fitfluence Boot Camp is a 4-week session designed to help build strength, endurance and promote weight loss through calorie torching, high intensity interval based workouts. Our class will create a motivating and encouraging atmosphere which will make working out fun and make you look forward to each class. No two workouts will be the same. Bring yoga mat and water. **INSTRUCTOR:** Carole Langheim

WFCH	M/W/F	6:15 am-7:00 am	Jan 5-Jan 30	\$120*	ages 18+
WFCH	Tu/Th	10:00 am-10:45 am	Jan 6-Jan 29	\$80*	ages 18+
WFCH	M/W/F	6:15 am-7:00 am	Feb 2-Feb 27	\$120*	ages 18+
WFCH	Tu/Th	10:00 am-10:45 am	Feb 3-Feb 26	\$80*	ages 18+

**Optional \$12 drop-in fee is accepted once minimum is met*

Textile Arts

Beginning Crochet (Amigurumi)

Participants will begin with making an owl pencil cup and make the owl amigurumi. This class is appropriate for those with little or no crochet experience. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	4:30 pm-6:00 pm	Jan 20-Feb 17	\$65	ages 11-adult
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Beginning Knitting

This class is appropriate for those with little or no knitting experience. Participants learn knitting basics and will make "My Striped and Slouchy Hat" by Christi Wasson and a coordinating pair of boot cuffs. A supply list will be sent upon registration. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Jan 20-Feb 17	\$60*	ages 11-adult
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**Materials not included*

Creative Writing

What's YOUR Story

Ever wanted to write your own novel? Do you have great ideas and not a clue how to get them down on paper? This class will help you transform your exciting ideas into the first few pages of a novel. Learn how to create characters that will hook readers and help shape your story. **INSTRUCTOR:** Tanya Yvonne

Ren Ctr AA	Sa	10:00 am-11:30 am	Jan 24-Feb 7	\$45	ages 15+
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Martial Arts

Beginner Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	6:15 pm-7:00 pm	ongoing	\$40 / mo.	ages 18+
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Advanced Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Kevin Ray

WFCH	T/Th	7:00 pm-8:00 pm	ongoing	\$40 / mo.	ages 18+
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Dog Training

Introduction to Tracking

This is a course designed for dogs that like to follow their nose. Tracking demonstrates the dogs ability to recognize and follow a scent, a skill useful is the service of mankind. This course will focus on an introduction to AKC Tracking. **REQUIREMENTS:** one dog, tracking harness, a 30-40 ft lead, dog treats, dog toys, 2 strat flags, 5 turn flags and markers. **PRE-REQUISITE:** Dog must have passed a Canine Good Citizen Test. Dogs must have rabies vaccinations, DHHP vaccinations or titers. **INSTRUCTOR:** Marlene and Tom Anton

Joyner Pk	Th	10:00 am-11:00 am	Jan 8-Feb 12	\$120	ages 18+
Joyner Pk	Sa	10:00 am-11:00 am	Jan 10-Feb 14	\$120	ages 18+

Advanced Tracking

This is a course designed for dogs that like to follow their nose. Tracking demonstrates the dogs ability to recognize and follow a scent, a skill useful is the service of mankind. This course will focus on advanced tracking techniques. **REQUIREMENTS:** one dog, tracking harness, a 30-40 ft lead, dog treats, dog toys, 2 strat flags, 5 turn flags and markers. **PRE-REQUISITE:** Dog must have passed a Canine Good Citizen Test. Dogs must have rabies vaccinations, DHHP vaccinations or titers. **INSTRUCTOR:** Marlene and Tom Anton

Joyner Pk	Th	9:00 am-10:00 am	Jan 8-Feb 12	\$120	ages 18+
Joyner Pk	Sa	9:00 am-10:00 am	Jan 10-Feb 14	\$120	ages 18+

SPECIALIZED RECREATION

Enriching programs tailored for children with special needs.

Programs

Sensory Fun Days

Need some time to spend with your exceptional child in a fun unstructured environment? This unique open play time will be held in our indoor gym facility. It is designated for children with special needs and their families. A parent or caretaker must accompany each child.

Flah Park	Sa	3:00 pm-5:00 pm	ongoing	free	18 mos-13 yrs.
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Special Needs Movie Night

This movie night allows children with special needs to enjoy a film in a safe and accepting environment. The event area will have added lighting, and the movie's volume will be lower. Audience members are invited to get up and dance, walk, shout or sing! The rule of the day: FUN without repercussions.

Ren Ctr	F	6:30 pm	Jan 23	free	all ages
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Special Events

Special Needs Valentine Party

The Town of Wake Forest invites our youth with special needs and their siblings to celebrate Valentine's Day. The party will feature music, crafts, games, and refreshments. Drop in for a game of BINGO and try your luck at winning a prize!

WFCH	Sa	6:00 pm-8:00 pm	Feb 7	\$10*	all ages
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**Parents and caretakers admitted free*

ATHLETICS

YOUTH AND ADULT

Join a team sport and reach for the top of your game!



Youth Athletics

Youth Baseball, Softball & T-Ball

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participant's age on April 30, 2015 (see chart on next page). **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Feb 1-28	Mar-June Season	\$40 resident \$80 non-resident	boys, ages 5-17 girls, ages 5-15
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Dream League Baseball

An adaptive baseball league for school-aged special-needs children. League play begins in April with games on Saturday mornings through early June. **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Feb 1-28	April-June	\$40 resident \$80 non-resident	ages 5+ boys and girls
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YOUTH REGISTRATION: **New players must register at Wake Forest Town Hall, 301 S. Brooks St.** and submit a copy of the participant's birth certificate. Returning players are not required to submit a birth certificate and may register at town hall or online at wakeforestnc.recdesk.com.

RESIDENT/NON-RESIDENT RATES: Residents who live within the town's limits are eligible for the \$40 resident rate. Residents who live outside the town's limits are encouraged to participate in athletic programs but will be charged the \$80 non-resident rate.

Adult Athletics

Men's Spring Softball League

Recreational league offered annually from March-April. Games are played Monday, Wednesday and Thursday nights. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-28	Mar-Apr Season	\$550/team	ages 18+
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ADULT REGISTRATION: Register at Wake Forest Town Hall, 301 S. Brooks St. or online at wakeforestnc.recdesk.com.



**Inclement
Weather Line:
919-435-9569**

In case of inclement weather, Wake Forest residents should call the Weather Line at 919-435-9569 for information concerning changes to the town's regular schedule. The Weather Line will provide updates concerning all town-sponsored programs and activities, including athletic games and practices, as well as concerts, festivals, and other special events.

Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes.

Weather-related announcements may also appear on the homepage of the town's website, on our Facebook page and on Wake Forest TV 10.



LEAGUE AGE CHART

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	5
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	6
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	7
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	8
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	9
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	10
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	11
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	12
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	13
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	14
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	15
1998	1998	1998	1998	1998	1998	1998	1998	1999	1999	1999	1999	16
1997	1997	1997	1997	1997	1997	1997	1997	1998	1998	1998	1998	17

▲ **Spring 2015 Baseball/Softball Leagues** Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.



Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Coach Pitch	7 coed	Coach Pitch
Coach Pitch	8 coed	Coach Pitch
Minor League (machine pitch)	9	Minor League (machine pitch)
Minor League (machine pitch)	10	Minor League (machine pitch)
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	Senior League (15-17)
Senior League (15-17)	16	Senior League (15-17)
Senior League (15-17)	17	Senior League (15-17)

Proof of Age

First Time Participants A copy of the participant's birth certificate must be presented with the registration form at the time of registration. Registrations will not be accepted without a copy of the participant's birth certificate.

Returning Participants A copy of the participant's birth certificate must be filed with the Wake Forest Parks & Recreation Department along with the registration form. Returning participants may register at wakeforestnc.recdesk.com.

The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. To register for a class, an individual must complete a registration form. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted in this brochure.

Athletics

Athletic registration forms will only be accepted during the advertised registration period. Early registrations will not be accepted. Online registration for youth athletics is available during specified registration dates, for returning players only. To use our online registration, follow the link from the Youth Athletics page on the town's website at wakeforestnc.gov/parksrecreation.aspx. Birth certificates are required at the time of registration.

Non-Resident Fees

Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department.

Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.

Participant Information

Please write legibly. Complete one form per person. Make copies as necessary.

Are you a Wake Forest resident? <input type="checkbox"/> Yes <input type="checkbox"/> No GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female AGE: _____ DATE OF BIRTH: _____	LAST NAME: _____		FIRST NAME: _____		
	ADDRESS: _____				
	CITY: _____		STATE: _____	ZIP: _____	
	HOME PHONE: _____	CELL PHONE: _____	EMAIL ADDRESS (optional): _____		

I would like to receive occasional email communications about Town of Wake Forest programs, services, and special events.
 NOTE: The Town of Wake Forest now has the authority to deny requests for copies of subscriber email lists. Passed by the North Carolina General Assembly in July 2010, House Bill 1921 states that email address lists are open to public inspection for those who want to come to town hall to see them but are no longer required to be provided.

Youth Athletic Leagues Only:

SCHOOL: _____

GRADE: _____

FATHER'S NAME: _____

PHONE: _____

MOTHER'S NAME: _____

PHONE: _____

JERSEY SIZE:

- | | |
|----------------------------------|-----------------------------------|
| <input type="checkbox"/> Youth S | <input type="checkbox"/> Adult S |
| <input type="checkbox"/> Youth M | <input type="checkbox"/> Adult M |
| <input type="checkbox"/> Youth L | <input type="checkbox"/> Adult L |
| | <input type="checkbox"/> Adult XL |

COACHING VOLUNTEERS:
(HEAD COACH)

- Dad Mom Both

SIBLINGS:

Name(s) of sibling(s) in same age group/league, if any:

Are you a new participant?

- Yes.** You must present a birth certificate along with this registration form in order for the registration to be processed.
- No.** We will confirm that we have your birth certificate on file. If we do not, you must provide one before we can process your registration.

Note: Registration for athletic programs will be accepted only during advertised registration periods.

PROGRAM TITLE / SPORT: _____

STARTING DATE: _____	DAY OF WEEK: _____	TIME: _____	FEE: _____
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Health & Emergency Information

Parent/Guardian Name(s): _____ (H) Phone: _____ (W) Phone: _____

Emergency Contact: _____ (H) Phone: _____ (W) Phone: _____

Special Needs: The Parks, Recreation & Cultural Resources Department will attempt to provide accommodations for program participants when the need for accommodation is requested within two weeks. To insure a medically safe and appropriately planned program, please list any special need or precaution which may require accommodations for participating (i.e., visual or hearing impairment, mental or physical disability, heart condition, history of seizures, asthma, ADD, etc.)

Physician Name: _____ Phone: _____

Known Allergies: _____

Current Medications: _____

Parent/Guardian & Adult Participation Agreements: I, _____ (parent/guardian), do hereby give my permission for _____ (participant) to participate in the program known as _____ offered by the Parks, Recreation & Cultural Resources Department.

By signing this document, I hereby absolve the Town of Wake Forest and any individuals, groups, or organizations officially connected in any manner with the above stated program of all liabilities concerning personal injury, property damage, equipment loss, or death. I realize that transportation to and from the program is my responsibility, and that if anyone connected with the program transports my child on my behalf, I will hold the party/parties involved blameless of any accident or injury that may occur. Such absolution is to be binding when the above individuals are acting within the scope of the activity. I hereby accept the instructor, supervision, facilities, and equipment, as being satisfactory for the program activity named above. I understand that insurance coverage is my/our responsibility, and I/we certify the I/we have read and agree to the terms stated above and that all information provided is correct to the best of my/our knowledge.

Photo Release: Your likeness may be captured by the Town of Wake Forest for use in promotional, news, or informational media. Your participation in this activity implies your consent. If you do not wish for your photo to be used, please contact the Parks, Recreation & Cultural Resources Department at 919-435-9560.

Refund Policy: Class fees and athletic fees are 100% refundable when the class or league is canceled by the Parks, Recreation & Cultural Resources Department. Anyone wishing to withdraw from a class that has not been cancelled by the Parks, Recreation & Cultural Resources Department must request a refund, in writing, at least 10 business days in advance before the scheduled start of the class or first practice. Refunds will not be given for withdrawals made less than the 10 working day period other than for verified medical/hardship cases.

Non-Discrimination Policy: The Parks, Recreation & Cultural Resources Department does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs, or activities. A participant alleging discrimination on the basis of the aforementioned areas may file a complaint with the Director of the Parks, Recreation & Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, DC 20240.

Disclaimer: Town of Wake Forest fees and charges are subject to change without notice. Please call 919-435-9560 to confirm rates.

Complete and sign registration form.>>

Return with full payment by mail or in person.

Town of Wake Forest
 Parks, Recreation & Cultural Resources Department
 301 S. Brooks Street, Wake Forest, NC 27587

Parent/Guardian Adult Participant Signature _____ Date _____

Total Enclosed: \$ _____

Make check payable to: Town of Wake Forest

- I would like to receive an email confirmation of my payment. I have provided my email address above.

OFFICE USE ONLY

<input type="checkbox"/> New	<input type="checkbox"/> Returning	Date Rcvd _____	Fee Paid _____
<input type="checkbox"/> BC attached	<input type="checkbox"/> BC on file	Rcvd By _____	<input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ <input type="checkbox"/> Credit Card



Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

www.wakeforestnc.gov/parksrecreation.aspx

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Wake Forest, NC
Permit #118

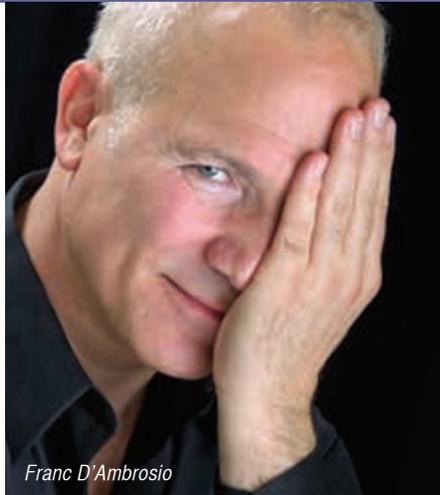
EXPERIENCE THE RENAISSANCE

UPCOMING EVENTS

Franc D'Ambrosio Concert 'Christmas in New York'

Sunday, Dec. 7; 3 pm

Franc D'Ambrosio is best known for his role as the Phantom in Andrew Lloyd Webber's *The Phantom of the Opera*. His new show celebrates the magic of the holiday season. His rich tenor caresses each song in an embrace that he does not relinquish until his final bow. The Wake Forest Elementary Choir will join D'Ambrosio in singing holiday songs at the end of the concert. **Advance Tickets:** \$30 adult, \$25 senior (65+), \$12 child (12 and under); **Day Of:** \$35 adult, \$30 senior, \$15 child, plus tax.



Franc D'Ambrosio



New Year's Eve Celebration 'Living the Dream in 2015'

Wednesday, Dec. 31; 8:30 pm-1:30 am

Make plans to attend a special New Year's celebration at the Renaissance Centre. Featuring live music by the EG Peters Band, a buffet dinner by Main Street Grille, a top shelf bar, dancing, decadent desserts and midnight snacks. *Sponsorship opportunities available.* **Advance Tickets:** \$100 per person, plus tax.

MONTHLY HAPPENINGS

First Friday Flix. First Fridays, 7 pm. Monthly movie showings feature a variety of film favorites. Call 919-435-9428 to hear the name of the movie. Free. Concessions for sale.

flix4kidz. Second Mondays; 10:30 am. Monthly movie showings geared for ages 3-10. All shows are rated G or PG. Call 919-435-9428 to hear the name of the movie. Free.

Scrap Happens & Open Craft Night. Jan. 16, Feb. 20; 5-11 pm. in the Arts Annex. Gather with other crafters to work on your projects or participate in the 'make and take' project. \$10.

Carolina Puppet Theater. Wednesday, Dec. 3 & 17; Jan. 7 & 21; Feb. 4 & 18; 11 am. Storytelling, music and puppetry geared for ages 3-7. New shows each month. \$5 plus tax.

Cinema at the Centre. Dec. 4, Jan. 8, Feb. 5; 7 pm. An evening of film and facilitated discussion. Call 919-435-9428 to hear the name of the movie. Free.

Forest Moon Theater. Dec. 10, Feb. 7; 11 am. Original and interactive children's plays geared for ages 3-7. \$5 plus tax.

Writer's Night in the Forest. Jan. 15, Feb. 26 (History of Wake Forest); 7 pm. Guest authors will discuss their books with the audience.

TGIF Dance Party!

Jan. 30 and Feb. 27; 7:30-9:30 pm

After a long week, let loose at the Renaissance Centre's TGIF Dance Party. We'll be line dancing in January and '80s dancing in February. No experience required. Learn basic steps and then put them together to learn easy dances. Professional DJ and dance instruction provided by Rachel Macholl's Academy of Dance. Live long and dance! **Tickets:** \$5 (plus tax) each session. All ages welcome!



WAKE FOREST

RENAISSANCE
CENTRE

405 S. Brooks St.
Events Hotline: 919-435-9428
Box Office: 919-435-9458
Hours: Mon-Fri 9 am-noon, 1-5 pm
Arts Annex: 407 S. Brooks St.
wakeforestnc.gov/renaissance-centre.aspx

Purchase tickets online at
wakeforestnc.gov/tickets-events.aspx
or at the box office
(convenience fees and taxes may apply)

