

# YOUTH

## PROGRAMS & CLASSES

Do you dream of being an artist? Or starring on Broadway? Start your journey here with an inspiring class.



### Art

#### Youth Drawing & Painting

Students will learn and enjoy working with different media: pencil, ink, watercolor and pastel. Students will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Feb 23-Mar 29	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Apr 12-May 17	\$60	ages 13-16
Flah Park	Tu	4:30 pm-5:30 pm	Aug 2-Sep 6	\$60	ages 9-12

#### Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, ink, watercolor and pastel. Students will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Feb 24-Mar 30	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Apr 13-May 18	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Aug 3-Sep 7	\$60	ages 9-12

#### Art for Teens

Students will experience working with different mediums: pencil, watercolor, pen & ink, and charcoal. Students will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Feb 23-Mar 29	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Apr 12-May 17	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Aug 2-Sep 6	\$60	ages 13-16

#### Photography

Did you get a new SLR camera? Giving or getting one for a present? This course will enable you or the person to whom you are giving the camera to be able to take that camera off automatic and get the photo you would like to take instead of what the camera thinks you want. We will talk about f-stops, shutter speed and light conditions with some emphasis on motion and changing light conditions outdoors (for nature and other subjects). **INSTRUCTOR:** Sol Levine



Flah Park	Tu	6:30 pm-9:00 pm	May 3-17	\$70	ages 13+
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## Textile Arts

### Knitted Hand Puppets

Add to your basic knitting skills while making a pair of puppets, one girl and one boy. We will focus on reading patterns, changing colors and seaming. This class is best for those who are familiar with the knit and purl stitch.  
**INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Mar 1-Apr 12	\$85	ages 10-adult
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### Crocheted Lace

Learn the basics of crocheted lace by making a coaster-sized doily. Then choose snowflakes, lace edging or a larger doily to expand your skills.  
**INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:00 pm-8:00 pm	Apr 19-May 24	\$70	ages 10-adult
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*Supply list will be provided*

## Music

### WF Community Youth Orchestra—Beginner

Creativity, fun and music-making thrive here! Students will learn to play with proper technique, read notation and make music as a group. No previous experience is necessary. **INSTRUCTOR:** Tonya Suggs

Flah Park	Tu	5:00 pm-5:45 pm	Feb 2-Mar 15	\$85*	ages 5-11
Flah Park	Tu	5:00 pm-5:45 pm	Apr 5-May 21	\$85*	ages 5-11

*\*Limited amount of instruments and financial aid are available. Please contact LaSaundra Booth at lbooth@wfcyo.org*

### WF Community Youth Orchestra—Intermediate

This is the orchestra for you! Students will enjoy playing a mix of classical and popular music with a refined tone, correct technique and dynamics. Students must have taken private lessons or participated in orchestra previously.  
**INSTRUCTOR:** LaSaundra Booth

Flah Park	Tu	6:00 pm-7:00 pm	Feb 2-Mar 15	\$85*	ages 12-18
Flah Park	Tu	6:00 pm-7:00 pm	Apr 5-May 21	\$85*	ages 12-18

*\*Limited amount of instruments and financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org*

### Beginner Guitar Lessons

Children will take part in an upbeat and engaging learning experience. Participants will learn the basics of acoustic guitar including basic chords and strumming patterns. Pick and acoustic guitar required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Tu	7:00 pm-8:00 pm	Mar 1-22	\$55	ages 6-8
Flah Park	Sa	10:30 am-11:30 am	Mar 5-26	\$55	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Mar 5-26	\$55	ages 9-12
Flah Park	Tu	7:00 pm-8:00 pm	Apr 5-26	\$55	ages 9-12
Flah Park	Sa	10:30 am-11:30 am	Apr 9-30	\$55	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Jun 4-25	\$55	ages 6-8
Flah Park	Tu	7:00 pm-8:00 pm	Jun 7-28	\$55	ages 6-8

### Intermediate Guitar Lessons

This intermediate guitar class is perfect for the child who has already taken beginner lessons. Students must have an understanding of chords and notes. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	11:30 am-12:30 pm	Apr 9-30	\$55	ages 9-12
Flah Park	Sa	11:30 am-12:30 pm	Jun 4-25	\$55	ages 9-12

### Bow Time—Beginners ◀NEW!▶

This 6-week class will prepare students to join existing Bow Time after-school string orchestra classes at their participating schools. Participants will be required to select and obtain their instrument (violin, viola, or cello) prior to the start of class, along with other accessories. Participants will learn how to care for and hold their instrument, use the bow, use the left hand to play different notes, read music, and play together by understanding rhythms and counting.  
**INSTRUCTOR:** Presti Merrill

Flah Park	Sa	9:00 am-10:20 am	Jun 11-Jul 30	\$125	grades K-5
Flah Park	Sa	10:30 am-11:50 am	Jun 11-Jul 30	\$125	grades K-5

*\* Visit [BowTimeAtSchool.org](http://BowTimeAtSchool.org) or contact Ted Wagner at [tedwagner71@yahoo.com](mailto:tedwagner71@yahoo.com) for instrument purchase or rental information*

## Wake Forest Children's Choir

The Wake Forest Children's Choir is a community outreach program for children in fourth through ninth grade. Choristers will sing a variety of exhilarating repertoire through the year while developing proper singing technique in a noncompetitive environment. Through ensemble participation, children will gain a sense of community and become lifelong lovers of music. Singers will participate in weekly rehearsals and will be given performance opportunities throughout the year. This is a wonderful opportunity for children to connect with other passionate and dedicated musicians. For more information visit [wfchildrenschoir.org](http://wfchildrenschoir.org). **INSTRUCTORS:** Kasie Ryan and Terri Smith

Ren Ctr	Tu	5:00 pm-6:00 pm	Jan 12-Apr 18*	\$170	grades 4-9
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\* No class Mar 29. Concert performance on Apr 18.

## Nature

### Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive free training on proper planting techniques, tree identification, pruning and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at events, planting trees, and performing basic maintenance. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Mar 12	4 hrs of volunteer service	ages 13+
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## Dance

### Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed! **INSTRUCTOR:** Jimmy Roberson

Alst Mass	M	7:00 pm-9:00 pm	Jan-Apr	\$10/mo	ages 12-18
WFCH	M	7:00 pm-9:00 pm	May-Aug*	\$10/mo	ages 12-18

\*No class May 30;

Class dress is casual but participants are encouraged to wear comfortable shoes

## Fitness

### YogaHappy—Kids

Songs, games, crafts, stories, imaginative play, and creative movement...this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! **INSTRUCTOR:** Alison Draper

Alst Mass	M	4:30 pm-5:25 pm	Mar 14-Apr 1	\$60	ages 4-7
Alst Mass	M	4:30 pm-5:25 pm	May 2-Jun 13*	\$60	ages 7-10
Alst Mass	M	4:30 pm-5:25 pm	Jul 11-Aug 1*	\$60	ages 4-7

Free trial class Monday, Feb 29 at 4:30 p.m.

\*No class May 30 and Jul 4

### Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy-inducing, stress-relieving exercise. In this class, students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary, and we will use large, adult-sized hoops for the adult students. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke/The Pickle Mamas



WFCH	W	7:00 pm-8:00 pm	Apr 6-May 4	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	May 11-Jun 8	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Jun 29-Jul 27	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Aug 3-31	\$55*	ages 10+

Hoops will be provided;

\*Optional \$13 drop-in fee is accepted once minimum of 6 is met

## Martial Arts

### Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Sr. Master Randy Berger

Alst Mass	T/Th	7:00 pm-8:00 pm	Jan-Apr	\$40 / mo.	ages 7-17
WFCH	T/Th	7:00 pm-8:00 pm	May-Aug	\$40 / mo.	ages 7-17



LEGO®

Become a Play-Well engineer this winter! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, engineering, and architecture! These are hands-on, brains-on workshops suitable for LEGO® novices to building “maniacs.”

### Teacher Workday LEGO® Workshop: Battle Tracks Galore <<NEW!>>

Compete for the title of Battle Track Champion! Build a motorized train that will take on other competitors on our monorail tracks. Students can let their imagination run wild with designing, building, and testing different mechanisms till the right parts are combined into the ultimate battle track machine. INSTRUCTOR: Play-Well TEKologies

Ren Ctr AA	Th	9:00 am-12:00 pm	Mar 24	\$35	ages 7-12
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### Spring Break Camp—Engineering FUNDamentals: Mine, Craft, Build using LEGO® <<NEW!>>

Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO®. INSTRUCTOR: Play-Well TEKologies

Ren Ctr AA	M-F	9:00 am-12:00 pm	Mar 28-Apr 1	\$155	ages 7-12
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### Teacher Workday LEGO® Workshop: Bots and Walkers <<NEW!>>

Bring your engineering and creative thinking skills as we create some crazy motorized creatures! Students will be introduced to a variety of methods of movements through a series of intriguing projects. Taking inspiration from the movement of insects, sea creatures, and even our own bodies, we will have fun creating some life-like crawlers, wobblers and walkers!. INSTRUCTOR: Play-Well TEKologies

Ren Ctr AA	M	9:00 am-12:00 pm	Apr 25	\$35	ages 7-12
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## Theater

### Creative Drama: Mixing Bowl Tales

Students will explore skills needed to bring a story to life such as concentration, movement, pantomime, vocal projection, dialogue and characterization. Celebrate the flavorful creativity of America with folktales from around the world. No experience necessary. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	9:30 am-10:30 am	Mar 12-May 7*	\$90	ages 6-7
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\*No class Mar 26 and Apr 2

### Play On: Prop Bag Theatre

Using various items pulled from the prop bag, students will create believable characters and stories. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	10:45 am-12:00 pm	Mar 12-May 7*	\$90	ages 8-9
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\*No class Mar 26 and Apr 2

### Acting Out: Characters on Location

Students are introduced to basic acting skills and vocal training through the development of believable characters in improvised or scripted scenes. Students will develop believable characters and original scenes as they use improvisation and movement to explore fun story environments such as the beach, fantasy world, reality TV, the moon, the jungle and even the refrigerator. No experience necessary. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	12:30 pm-2:00 pm	Mar 12-May 7*	\$110	ages 10-12
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\*No class Mar 26 and Apr 2

