

RecConnect

WAKE FOREST PARKS, RECREATION & CULTURAL RESOURCES

MARCH-AUGUST 2016

Spring & Summer Program Guide

INCLUDING SUMMER CAMPS



WELCOME

Meet the town's PRCR Office Assistant



When you call or visit the parks and recreation office at Wake Forest Town Hall, chances are you'll be greeted by Rosemary Pimentel. Rosemary has been with the Parks, Recreation & Cultural Resources Department since 2007. She is eager to help you with rentals of both the Wake Forest Community House and Joyner Park. She can also assist you with registrations for specialized programs and athletics.

Having worked in customer service for 33 years, Rosemary has a strong desire to serve the public. She strives to make the PRCR department outstanding by attending professional workshops and bringing back ideas to meet the community's needs. Most of all, she enjoys working directly with the residents of Wake Forest.

Born and raised in Southern California, Rosemary has lived in Wake Forest since 2006. She received her certifications at Redlands University, CA in business and business communications; and she holds a certification in customer service. Rosemary also serves as a notary public, one of several town staff commissioned as notaries in North Carolina.



Program registration begins Feb. 1

Register for programs at any staffed site or online at wakeforestnc.recdesk.com. Online registration closes two business days before the start of a program.

STAFFED REGISTRATION SITES:

- **Wake Forest Town Hall**, 301 S. Brooks St., Mon-Fri 8 am-5 pm
- **Flaherty Park Community Center**, 1226 N. White St., Mon-Fri 10 am-10 pm, Sat 8 am-4 pm, Sun 1 pm-5 pm
- **Alston-Massenburg Center**, 416 N. Taylor St., Mon-Fri 2 pm-8 pm, Sat 8 am- 4 pm, Sun 1 pm-5 pm

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Wake Forest Parks, Recreation & Cultural Resources Department
 301 S. Brooks St.
 Wake Forest, NC 27587
 919-435-9560
 fax 919-435-9499
wakeforestnc.gov/parksrecreation.aspx

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Flaherty Park Community Center
 1226 N. White St.
 919-554-6726

Alston-Massenburg Center
 416 N. Taylor St.
 919-554-6189

The Wake Forest Parks, Recreation & Cultural Resources Department seeks to enhance the lives of the citizens of Wake Forest by offering a comprehensive system of parks, greenways, facilities, and open spaces, coupled with cultural and athletic programs, that promote education, health, and wellness.



EVENTS

AND COMMUNITY ACTIVITIES



Easter Egg Hunt

There's always something to do in Wake Forest. Save the dates for these fun community events.

Easter Egg Hunt

Over 10,000 eggs will be hidden at this year's Easter Egg Hunt! The egg hunt will feature multiple hunt areas, each for a different age group. This event will begin at 10:00 am starting with the youngest participants (0-3 years) and will continue at 15-minute intervals for different age groups, ending with ages 10-12 at 10:45 am. Bring your own basket and arrive early for good parking!



Joyner Pk	Sa	10:00 am-11:00 am	Mar 19	free	all ages
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Egg-ceptional Egg Hunt

This egg hunt is free and will cater to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Pk*	Sa	11:30 am-12:00 pm	Mar 19	free	all ages
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**Event will be held in the pecan grove*

Midday Music at Miller <NEW!>

Take a midday break and listen to live music at Miller Park, 401 Elm Ave. The mini-concerts are offered on Thursdays throughout the month of May—a perfect break during the lunchtime hour.

Miller Pk	Th	12:00 pm	May 5-26	free	all ages
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Arbor Day Expo & Tree Seedling Giveaway

Arbor Day Expo & Tree Seedling Giveaway

Celebrate Arbor Day, the tree planters holiday! The Town of Wake Forest and the Wake Forest Urban Forestry Advisory Board will host the annual Arbor Day Expo and Tree Seedling Giveaway at E. Carroll Joyner Park on April 23. The Arbor Day Expo will feature various exhibit booths and vendors, free tree seedlings, tree photo booth, face painting and activities for the kids. At noon, Mayor Vivian Jones will accept the town's 37th Tree City USA Award and Wake Forest Power will accept their 2nd Tree Line USA Award. Come join the fun as we celebrate trees! **PRESENTED BY:** Wake Forest Urban Forestry Board



Joyner Pk	Sa	11:00 am-3:00 pm	Apr 23	free	all ages
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**In case of inclement weather, the expo will be moved to the Wake Forest Renaissance Centre, 405 S. Brooks St. Any change in location will be announced by 3 pm on Friday, April 22. For updated information, call the Weather Line at 919-435-9569.*

Six Sundays in Spring Concert Series

Bring a lawn chair and enjoy live music at the park. The Six Sundays in Spring concert series is co-sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department, Wake Forest ARTS and United Arts Raleigh and Wake County. The May 29 show is presented by PineCone: The Piedmont Council of Traditional Music.

Joyner Pk	Su	5:00 pm-7:00 pm	Apr 24-May 29	free	all ages
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**In case of inclement weather, the concert will be moved to the Wake Forest Renaissance Centre, 405 S. Brooks St. Any change in location will be announced by 3 pm on the day of the concert. For updated information, call the Weather Line at 919-435-9569 or check the Town of Wake Forest Facebook page.*

Concerts in the Park

Bring a lawn chair and enjoy live music at the park. Concerts in the Park are co-sponsored by the Wake Forest Parks, Recreation & Cultural Resources Department and Wake Forest ARTS.



Joyner Pk	Su	5:00 pm-7:00 pm	Aug 7	free	all ages
Joyner Pk	Su	5:00 pm-7:00 pm	Sep 4	free	all ages

Family Movie Nights at Joyner Park << NEW! >>

The Parks, Recreation & Cultural Resources Department presents Family Movie Nights at Joyner Park. There will be assorted food vendors on site selling snacks and beverages. Area residents planning to attend are encouraged to arrive early as viewing space may be limited. E. Carroll Joyner Park is located at 701 Harris Road. Visitors to the park are reminded that alcoholic beverages, smoking, and unleashed pets are prohibited. To hear the title of the movie, call 919-556-7063.

Joyner Pk	Sa	8:30 pm	May 21	free	all ages
Joyner Pk	Sa	8:30 pm	Jun 25	free	all ages
Joyner Pk	Sa	8:30 pm	Jul 30	free	all ages
Joyner Pk	Sa	8:30 pm	Aug 13	free	all ages

**In case of inclement weather, the event will be relocated to the Wake Forest Renaissance Centre for the Arts, 405 S. Brooks St. For updated information, call the Weather Line at 919-435-9569 or check the Town of Wake Forest Facebook page.*

PARKS & GREENWAYS

PLACES TO PLAY

From the flagship park to the smaller neighborhood parks, Wake Forest offers a wide range of places to explore and enjoy the great outdoors.

E. Carroll Joyner Park

701 Harris Rd.
919-435-9560
HOURS: dawn to dusk

E. Carroll Joyner Park is one of the community's most treasured resources. With 117 acres of sweeping lawns and restored farm buildings, the park is a beautiful setting for public and private events. A magnificent pecan grove offers shade underneath its canopy for picnics and relaxation. The 1000-seat amphitheater provides the perfect setting for large performances including the "Six Sundays in Spring" concert series. A smaller performance garden offers an intimate venue for weddings, storytelling and music workshops. Amidst the beautiful scenery loop three miles of paved trails for walking bicycling and in-line skating. Leashed dogs are also welcome to enjoy the trails.

RENT THIS SITE	Deposit	Rates	Availability
Amphitheater	\$100	\$150 Half Day, Mon-Fri \$200 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$250 Full Day, Mon-Fri \$400 Full Day, Sat-Sun/holiday	dawn to dusk
Performance Garden	\$100	\$75 Half Day, Mon-Fri \$100 Half Day, Sat-Sun/holiday	Daily 8:00 am-2:00 pm; 3:00 pm-dusk
		\$150 Full Day, Mon-Fri \$200 Full Day, Sat-Sun/holiday	dawn to dusk
Open Space (3 sites under pecan grove)	\$100	\$15/hr 2-hr min	Daily dawn to dusk



J. B. Flaherty Park

1226 N. White St.
919-435-9560
HOURS: dawn to dusk



Flaherty Park is a 100-acre facility that includes lighted ball fields, a playground, two stocked ponds, a dog park, tennis courts and a community center (see page 9 for center information).

FLAHERTY DOG PARK Flaherty Dog Park provides a place for dog owners to let their pets run free safely and legally without a leash. The park is approximately two acres in size and is located adjacent to the Flaherty Park baseball and softball fields. The fenced park is divided into two sections: one for small dogs, one for large dogs. Water stations, picnic tables and a pet waste clean-up station are available.

RENT THIS SITE	Deposit	Rate	Availability
Open Space	\$100	\$15/hr 2-hr min	Daily dawn to dusk
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Subject to WFPRCR/league schedules

See page 9 for Flaherty Park Community Center rental information

Holding Park

133 W. Owen Ave.
919-435-9560
PARK HOURS: dawn to dusk



Holding Park is a five-acre site that features a large playground, basketball courts, picnic tables, 50-meter pool and the Wake Forest Community House.

HOLDING PARK POOL The 50-meter public pool is open from Memorial Day weekend through August.

RENT THIS SITE	Deposit	Rate	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	Subject to WFPRCR/league schedules

See page 8 for Wake Forest Community House rental information





Acres	Amphitheatre	Baseball/ Softball Field	Basketball Court	Community Center	Dog Park	Flower Garden	Greenway	Grill	Open Space	Picnic Shelter	Picnic Tables	Playground (ADA #)	Pond	Swimming Pool	Restrooms	Soccer Field	Tennis Court
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PARKS

Ailey Young Park 800 Juniper Ave.	15		●	●				●		●	●	●				●	
DuBois Park 518 N. Franklin St.	0.4			●								●					
E. Carroll Joyner Park 701 Harris Rd.	117	●				●	●	●	●	●	●		●		●		
H.L. Miller Park 401 Elm Ave.	2					●					●						
Heritage High Park* 1140 Forestville Rd.	25		●	●			●								●	●	●
Holding Park 133 W. Owen Ave.	5		●	●	●			●	●		●	●		●	●		
J.B. Flaherty Park 1226 N. White St.	100		●	●	●	●	●	●	●	●	●	●	●		●		●
Kiwanis Park 400 E. Holding Ave.	1					●				●	●	●					
Plummer Park 965 Jones Wynd	0.5									●	●	●					
Smith Creek Soccer Center 690 Heritage Lake Rd.	17						●	●		●	●	●			●	●	
Taylor Street Park 416 N. Taylor St.	1.5				●	●		●		●	●	●			●		
Tyler Run Park 830 Pineview Dr.	9		●	●			●				●	●					

*Heritage High Park is open to the public after 6 pm on weekdays and dawn to dusk on weekends.

Adopt-a-Trail Program

Would you like to play a role in the betterment of your community? Volunteers are invited to help in the beautification of our greenway trails. The Adopt-a-Trail Program is designed to promote civic responsibility and community pride.

Community organizations, individuals, families, and business are encouraged to adopt a specific length or neighborhood of trails, keeping them clear of weeds and debris for one year. Volunteers are also invited to initiate and participate in a number of enhancement projects designed to improve the aesthetics or functionality of the town's greenways.

For more information visit wakeforestnc.gov/adopt-a-trail.aspx or contact Transportation Planning Manager Candace Davis at cdavis@wakeforestnc.gov or 919-435-9513.



Download the Town of Wake Forest app

Download the free Town of Wake Forest app to access maps to the parks directly from your smartphone. Receive time-sensitive news messages, including notices about game cancellations. Enjoy instant access to popular community events. Search for "Town of Wake Forest" on iTunes, in the iPhone app store or in Google Play.



Paved (P), Soft Trail (S)	Length in Miles
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GREENWAYS

E. Carroll Joyner Park 701 Harris Rd.	P	3.0 mi.
	S	0.5 mi.
Dunn Creek Greenway 690 Heritage Lake Rd.	P	1.0 mi. 0.3 mi*
H.L. Miller Park 401 Elm Ave.	P	0.4 mi.
Heritage High School 1150 Forestville Rd.	S	0.8 mi.
J.B. Flaherty Park 1226 N. White St.	P	0.25 mi.
Kiwanis Greenway 706 S. Franklin St.	P	0.25 mi.
Richland Creek Olde Mill Stream Greenway 901 Barnford Mill Rd.	P	0.45 mi.
Sanford Creek Heritage South Greenway dead end of Marshall Farm St.	P	0.85 mi. 1.3 mi. **
Smith Creek Burlington Mills Greenway 2912 Burlington Mills Rd.	P	1.15 mi.
Smith Creek Soccer Center 690 Heritage Lake Rd.	P	0.63 mi. 1.1 mi.**
Tyler Run Park 830 Pineview Dr.	P	0.12 mi.
Wake Forest Reservoir Traditions Grande Blvd.	S	1.6 mi.

*Downtown Connector section (.3 mi.) to be completed 2015.
**Smith/Sanford Creek Greenway (2.4 mi.) to be completed 2015.

Park & Trail Rules

- Parks and greenways are open daily dawn to dusk.
- Smoking is limited to parking areas only.
- Alcoholic beverages are prohibited.
- Use of personal grills (gas or charcoal) is prohibited.
- Motorized vehicles are not permitted.
- Please lock vehicle doors and windows, and do not leave valuables visible.

Trail Safety Tips

- Remain on the right side of the trail except when passing.
- Bicyclists and skaters must always yield the right of way to pedestrians.
- Greenway patrons are encouraged to walk or jog with a friend.

Athletic Fields

Baseball/softball fields are located at Ailey Young Park, J.B. Flaherty Park, R.H. Forrest Field, Heritage High School, Tyler Run Park and Wake Forest Middle School.

Soccer fields are located at Heritage High School, Smith Creek Soccer Center and Wake Forest Middle School

See pages 5-7 for park locations and list of amenities.

FIELD INFORMATION: 919-435-9560

RENT THIS SITE	Deposit	Rates	Availability
Athletic Field	\$100	\$25/hr (no lights) + \$30 field prep fee Lights: \$15/hr additional	<i>Subject to WFPRCR/league schedules</i>



Wake Forest Reservoir

The Wake Forest Reservoir was created as a drinking water source for the town in the early 1960s. Shortly after the City of Raleigh utility merger, the water plant was taken off line, but limited operations are still in place at the reservoir. You can still see some of the water plant structures on site.



Today, the lake is open for paddle and electric powered boats. Hikers can explore the 1.6 mile trail which follows the west bank of the reservoir.

The driveway to the lake is located off of Traditions Grande Boulevard near Wait Avenue. There is a small concrete boat ramp adjacent to the parking area.

Wake Forest's community centers are gathering spots

Alston-Massenburg Center

416 N. Taylor St.

919-554-6189

HOURS: Mon-Fri 2-8 pm; Sat 8 am-4 pm;

Sun 1-5 pm



The fully renovated Alston-Massenburg Center features a large meeting room, with a stage, theater curtains and kitchen. The center adjoins Taylor Street Park which has a playground and a picnic shelter.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Large Meeting Room	\$100	\$200 Half Day	<i>Sat & Sun only</i> 8:00 am-3:00 pm; 5:00 pm-midnight	24 tables 125 chairs available
		\$400 Full Day	8:00 am-midnight	

Wake Forest Community House

133 W. Owen Ave.

919-435-9560

HOURS: Open for scheduled programs and private rentals



The Wake Forest Community House was built in 1942 by the Works Progress Administration. It now serves as a charming site for reunions, receptions and park programs. The Community House adjoins the Holding Park Pool and playground. To rent the Community House, call 919-435-9560 or visit town hall.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Main Floor	\$100	\$200 Half Day	<i>Fri, Sat & Sun</i> 8:00 am-3:00 pm; 5:00 pm-midnight	27 tables 170 chairs available
		\$400 Full Day	8:00 am-midnight	

CENTERS AND RENTAL FACILITIES



for fun and recreation—the perfect location for your next special event.

Flaherty Park Community Center

1226 N. White St.
919-554-6726

HOURS: Mon-Fri 10 am-10 pm;
Sat 8 am-4 pm; Sun 1-5 pm

OPEN PLAY: The gymnasium is available for open play basketball, volleyball and pickleball. Check the website for monthly open play schedules: wakeforestnc.gov/flaherty-park-community-center.aspx.



Flaherty Park Community Center is a recreational facility primarily used for Parks, Recreation & Cultural Resources programs. The center features a regulation high school gymnasium, an arts & crafts room, a game room and a meeting room with an adjoining kitchen.

RENT THIS SITE	Deposit	Rate	Availability	Furniture
Gymnasium	\$100	\$80/hr 2-hr min Additional \$15/hr supervisory fee for after hours (5 pm-midnight)	Sat & Sun only	Fits 550 chairs or 330 chairs plus tables*
Meeting Room	\$100	\$40/hr 2-hr min	Sat & Sun only	4 tables 20 chairs available
Open Space	\$100	\$15/hr 2-hr min	Daily	—

*Tables and chairs must be rented from an outside vendor and must have rubberized tips. Tables must be 6'.



Getting married?
Consider renting a town
facility for your special day.

Wake Forest Renaissance Centre for the Arts

405 S. Brooks St.

Arts Annex: 407 S. Brooks St.
919-435-9458

Event Hotline: 919-435-9428



The Wake Forest Renaissance Centre for the Arts is a multi-purpose facility providing visual and performing arts programming for people of all ages, while also serving as a popular venue for a variety of community events. Located in the heart of Wake Forest's Renaissance District, the Renaissance Centre strives to connect and engage our community through inspiring arts experiences, and contribute to the economic growth and quality of life in our region.

RENTAL INFORMATION: The Renaissance Centre and Arts Annex are available for meetings, weddings, performances and other special events. For rental fees and further information, visit wakeforestnc.org or call 919-435-9458.



Compare Amenities

	Classroom	Game Room	Gymnasium	Kitchen	Meeting Room	Performance Stage	Available for Rent
Alston-Massenburg Center	●			●	●	●	●
Flaherty Park Community Center	●	●	●	●	●		●
Wake Forest Community House				●	●		●
Wake Forest Renaissance Centre for the Arts	●				●	●	●

PRESCHOOL

PROGRAMS & CLASSES

Geared for our youngest residents, these classes help preschoolers learn about the world through exploration.



Art

Toddler Art

Parents and their children will enjoy exploring the world of art through many projects and storytelling adventures. Parent participation required. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	10:00 am-10:45 am	Mar 24-Apr 14	\$48	18 mos-3 yrs
Flah Park	Th	10:00 am-10:45 am	Apr 28-May 19	\$48	18 mos-3 yrs

Preschool Art

Come meet Moo Monet and hear a story that goes along with our art project of the day. We will explore basic art techniques through many different mediums. **INSTRUCTOR:** Maureen Seltzer

Flah Park	Th	11:00 am-12:30 pm	Mar 24-Apr 14	\$48	ages 3-5
Flah Park	Th	11:00 am-12:30 pm	Apr 28-May 19	\$48	ages 3-5

Dance

Ballet/Tap/Jazz Combination

Dancers will gain ballet, tap and jazz technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the floor. They will apply these skills in three new routines that they will perform for friends and family at the end of each session. Students will spend 20 minutes dancing each of the three dance styles. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes, and black or tan tap shoes. *Boys:* flexible gym shorts or pants, T-shirt, black tap shoes and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	10:00 am-11:00 am	Mar 28-May 2	\$38	ages 3-5
Alst Mass	M	10:00 am-11:00 am	May 16-Jun 27*	\$38	ages 3-5

*No class May 30

Tiny Ballerinas

Dancers will gain ballet technique through age-appropriate exercises at the barre, in the center of the room, and traveling across the room. They will apply these skills in a new routine that they will perform for friends and family at the end of each session. **REQUIREMENTS:** *Girls:* leotards, tights, hair up, pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, t-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:30 am-10:00 am	Mar 28-May 2	\$38	ages 3-5
Alst Mass	M	9:30 am-10:00 am	May 16-Jun 27*	\$38	ages 3-5

*No class May 30



Carolina Puppet Theatre

performing monthly at the Wake Forest Renaissance Centre for the Arts

NEW SHOW EVERY MONTH! Full of mayhem, these fast-paced, interactive shows are a delightful experience for young children. Geared for ages 3-7.

Tickets: \$5. (See page 30 for ticket and show information)



Creative Movement

This class will guide your child in the discovery of pre-ballet, tap and jazz through exercises that build coordination, gross motor skills and bonding relationships. Students will perform a routine using the skills they have learned at the end of the session. Parents may participate if your dancer needs you to. **REQUIREMENTS:** *Girls:* leotard, tights, hair up and pink leather or canvas ballet shoes. *Boys:* flexible gym shorts or pants, T-shirt and black jazz shoes. **INSTRUCTOR:** Rachel Macholl

Alst Mass	M	9:00 am-9:30 am	Mar 28-May 2	\$38	ages 2-3
Alst Mass	M	9:00 am-9:30 am	May 16-Jun 27*	\$38	ages 2-3

*No class May 30

Fitness

Preschool Open Gym

Watching a rambunctious little rascal can really tire a parent out. Why not let your energetic tyke play with others while you both make some new friends? We will provide plenty of things to play with and climb in, around and over. No instruction or supervision will be provided and parents/caregivers are required to stay with their child.

Flah Park	M	11:30 am-1:00 pm	ongoing	free	18 mos-5 yrs
Flah Park	Th	10:00 am-12:00 pm	ongoing	free	18 mos-5 yrs

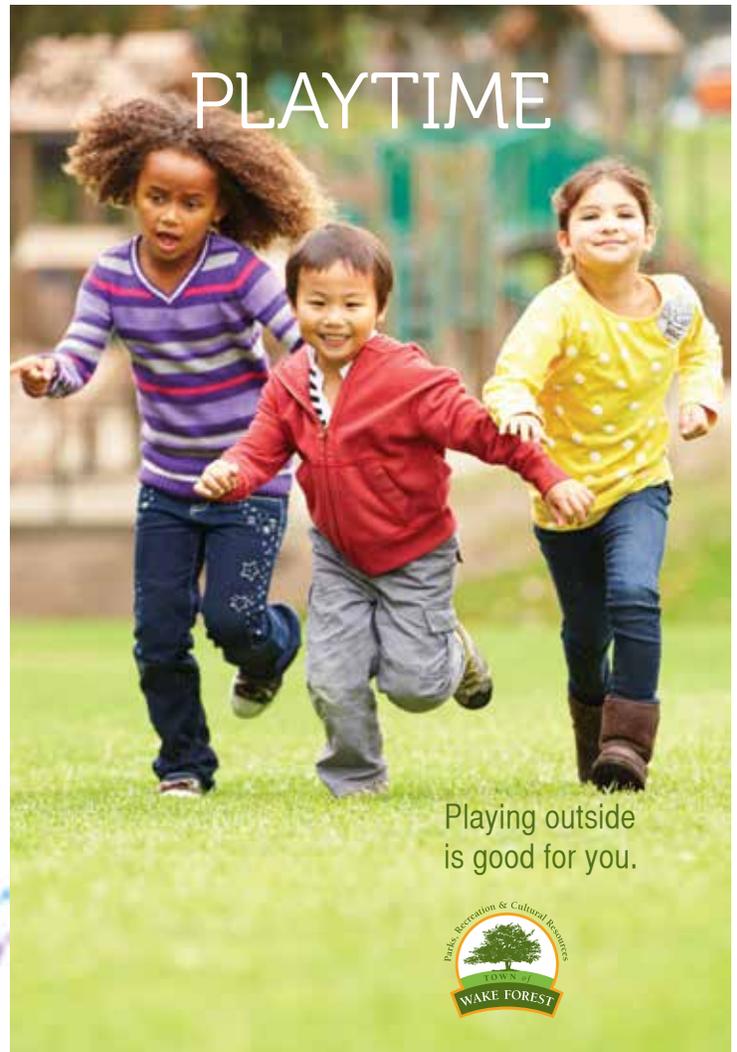


YogaHappy—Preschool

Songs, games, crafts, stories, imaginative play, and creative movement...this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! Parent participation required. **INSTRUCTOR:** Alison Draper

Ren Ctr AA	Th	10:00 am-10:45 am	Mar 17-Apr 21	\$60	ages 2-5
Ren Ctr AA	Th	10:00 am-10:45 am	May 5-Jun 9	\$60	ages 2-5
Alst Mass	Th	10:00 am-10:45 am	Jul 14-Aug 18	\$60	ages 2-5

*Free trial class Thursday, Mar 3 at 10 a.m.



Playing outside
is good for you.



YOUTH

PROGRAMS & CLASSES

Do you dream of being an artist? Or starring on Broadway? Start your journey here with an inspiring class.



Art

Youth Drawing & Painting

Students will learn and enjoy working with different media: pencil, ink, watercolor and pastel. Students will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	4:30 pm-5:30 pm	Feb 23-Mar 29	\$60	ages 9-12
Flah Park	Tu	4:30 pm-5:30 pm	Apr 12-May 17	\$60	ages 13-16
Flah Park	Tu	4:30 pm-5:30 pm	Aug 2-Sep 6	\$60	ages 9-12

Youth Drawing & Open Studio for Homeschoolers

Students will learn and enjoy working with different media: pencil, ink, watercolor and pastel. Students will work on a variety of subject matters or the student's favorite. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	3:30 pm-4:30 pm	Feb 24-Mar 30	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Apr 13-May 18	\$60	ages 9-12
Flah Park	W	3:30 pm-4:30 pm	Aug 3-Sep 7	\$60	ages 9-12

Art for Teens

Students will experience working with different mediums: pencil, watercolor, pen & ink, and charcoal. Students will work on a variety of subject matters or their favorite. Join us for this fun class! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	3:30 pm-4:30 pm	Feb 23-Mar 29	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Apr 12-May 17	\$60	ages 13-16
Flah Park	Tu	3:30 pm-4:30 pm	Aug 2-Sep 6	\$60	ages 13-16

Photography

Did you get a new SLR camera? Giving or getting one for a present? This course will enable you or the person to whom you are giving the camera to be able to take that camera off automatic and get the photo you would like to take instead of what the camera thinks you want. We will talk about f-stops, shutter speed and light conditions with some emphasis on motion and changing light conditions outdoors (for nature and other subjects). **INSTRUCTOR:** Sol Levine



Flah Park	Tu	6:30 pm-9:00 pm	May 3-17	\$70	ages 13+
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Textile Arts

Knitted Hand Puppets

Add to your basic knitting skills while making a pair of puppets, one girl and one boy. We will focus on reading patterns, changing colors and seaming. This class is best for those who are familiar with the knit and purl stitch.

INSTRUCTOR: Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Mar 1-Apr 12	\$85	ages 10-adult
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Crocheted Lace

Learn the basics of crocheted lace by making a coaster-sized doily. Then choose snowflakes, lace edging or a larger doily to expand your skills.

INSTRUCTOR: Amy Yinger

Ren Ctr AA	Tu	6:00 pm-8:00 pm	Apr 19-May 24	\$70	ages 10-adult
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Supply list will be provided

Music

WF Community Youth Orchestra—Beginner

Creativity, fun and music-making thrive here! Students will learn to play with proper technique, read notation and make music as a group. No previous experience is necessary. **INSTRUCTOR:** Tonya Suggs

Flah Park	Tu	5:00 pm-5:45 pm	Feb 2-Mar 15	\$85*	ages 5-11
Flah Park	Tu	5:00 pm-5:45 pm	Apr 5-May 21	\$85*	ages 5-11

**Limited amount of instruments and financial aid are available. Please contact LaSaundra Booth at lbooth@wfcyo.org*

WF Community Youth Orchestra—Intermediate

This is the orchestra for you! Students will enjoy playing a mix of classical and popular music with a refined tone, correct technique and dynamics. Students must have taken private lessons or participated in orchestra previously.

INSTRUCTOR: LaSaundra Booth

Flah Park	Tu	6:00 pm-7:00 pm	Feb 2-Mar 15	\$85*	ages 12-18
Flah Park	Tu	6:00 pm-7:00 pm	Apr 5-May 21	\$85*	ages 12-18

**Limited amount of instruments and financial aid available. Please contact LaSaundra Booth at lbooth@wfcyo.org*

Beginner Guitar Lessons

Children will take part in an upbeat and engaging learning experience. Participants will learn the basics of acoustic guitar including basic chords and strumming patterns. Pick and acoustic guitar required. **INSTRUCTOR:** Krista Pimentel

Flah Park	Tu	7:00 pm-8:00 pm	Mar 1-22	\$55	ages 6-8
Flah Park	Sa	10:30 am-11:30 am	Mar 5-26	\$55	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Mar 5-26	\$55	ages 9-12
Flah Park	Tu	7:00 pm-8:00 pm	Apr 5-26	\$55	ages 9-12
Flah Park	Sa	10:30 am-11:30 am	Apr 9-30	\$55	ages 6-8
Flah Park	Sa	11:30 am-12:30 pm	Jun 4-25	\$55	ages 6-8
Flah Park	Tu	7:00 pm-8:00 pm	Jun 7-28	\$55	ages 6-8

Intermediate Guitar Lessons

This intermediate guitar class is perfect for the child who has already taken beginner lessons. Students must have an understanding of chords and notes. **INSTRUCTOR:** Krista Pimentel

Flah Park	Sa	11:30 am-12:30 pm	Apr 9-30	\$55	ages 9-12
Flah Park	Sa	11:30 am-12:30 pm	Jun 4-25	\$55	ages 9-12

Bow Time—Beginners ◀NEW!▶

This 6-week class will prepare students to join existing Bow Time after-school string orchestra classes at their participating schools. Participants will be required to select and obtain their instrument (violin, viola, or cello) prior to the start of class, along with other accessories. Participants will learn how to care for and hold their instrument, use the bow, use the left hand to play different notes, read music, and play together by understanding rhythms and counting.

INSTRUCTOR: Presti Merrill

Flah Park	Sa	9:00 am-10:20 am	Jun 11-Jul 30	\$125	grades K-5
Flah Park	Sa	10:30 am-11:50 am	Jun 11-Jul 30	\$125	grades K-5

** Visit BowTimeAtSchool.org or contact Ted Wagner at tedwagner71@yahoo.com for instrument purchase or rental information*

Wake Forest Children's Choir

The Wake Forest Children's Choir is a community outreach program for children in fourth through ninth grade. Choristers will sing a variety of exhilarating repertoire through the year while developing proper singing technique in a noncompetitive environment. Through ensemble participation, children will gain a sense of community and become lifelong lovers of music. Singers will participate in weekly rehearsals and will be given performance opportunities throughout the year. This is a wonderful opportunity for children to connect with other passionate and dedicated musicians. For more information visit wfchildrenschoir.org. **INSTRUCTORS:** Kasie Ryan and Terri Smith

Ren Ctr	Tu	5:00 pm-6:00 pm	Jan 12-Apr 18*	\$170	grades 4-9
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* No class Mar 29. Concert performance on Apr 18.

Nature

Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive free training on proper planting techniques, tree identification, pruning and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at events, planting trees, and performing basic maintenance. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator

WF Town Hall	Sa	9:00 am-12:30 pm	Mar 12	4 hrs of volunteer service	ages 13+
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Dance

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed! **INSTRUCTOR:** Jimmy Roberson

Alst Mass	M	7:00 pm-9:00 pm	Jan-Apr	\$10/mo	ages 12-18
WFCH	M	7:00 pm-9:00 pm	May-Aug*	\$10/mo	ages 12-18

*No class May 30;

Class dress is casual but participants are encouraged to wear comfortable shoes

Fitness

YogaHappy—Kids

Songs, games, crafts, stories, imaginative play, and creative movement...this isn't your typical yoga class. YogaHappy uses these familiar activities to teach yoga in a fun and interactive way. In addition to being fun, yoga promotes confidence, healthy living, and a peaceful mind, all of which contribute to a happier you! **INSTRUCTOR:** Alison Draper

Alst Mass	M	4:30 pm-5:25 pm	Mar 14-Apr 1	\$60	ages 4-7
Alst Mass	M	4:30 pm-5:25 pm	May 2-Jun 13*	\$60	ages 7-10
Alst Mass	M	4:30 pm-5:25 pm	Jul 11-Aug 1*	\$60	ages 4-7

Free trial class Monday, Feb 29 at 4:30 p.m.

*No class May 30 and Jul 4

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy-inducing, stress-relieving exercise. In this class, students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary, and we will use large, adult-sized hoops for the adult students. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke/The Pickle Mamas



WFCH	W	7:00 pm-8:00 pm	Apr 6-May 4	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	May 11-Jun 8	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Jun 29-Jul 27	\$55*	ages 10+
WFCH	W	7:00 pm-8:00 pm	Aug 3-31	\$55*	ages 10+

Hoops will be provided;

*Optional \$13 drop-in fee is accepted once minimum of 6 is met

Martial Arts

Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Sr. Master Randy Berger

Alst Mass	T/Th	7:00 pm-8:00 pm	Jan-Apr	\$40 / mo.	ages 7-17
WFCH	T/Th	7:00 pm-8:00 pm	May-Aug	\$40 / mo.	ages 7-17



LEGO®

Become a Play-Well engineer this winter! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, engineering, and architecture! These are hands-on, brains-on workshops suitable for LEGO® novices to building “maniacs.”

Teacher Workday LEGO® Workshop: Battle Tracks Galore <<NEW!>>

Compete for the title of Battle Track Champion! Build a motorized train that will take on other competitors on our monorail tracks. Students can let their imagination run wild with designing, building, and testing different mechanisms till the right parts are combined into the ultimate battle track machine.

INSTRUCTOR: Play-Well TEKnologies

Ren Ctr AA	Th	9:00 am-12:00 pm	Mar 24	\$35	ages 7-12
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Spring Break Camp—Engineering FUNDamentals: Mine, Craft, Build using LEGO® <<NEW!>>

Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO®. INSTRUCTOR: Play-Well TEKnologies

Ren Ctr AA	M-F	9:00 am-12:00 pm	Mar 28-Apr 1	\$155	ages 7-12
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Teacher Workday LEGO® Workshop: Bots and Walkers <<NEW!>>

Bring your engineering and creative thinking skills as we create some crazy motorized creatures! Students will be introduced to a variety of methods of movements through a series of intriguing projects. Taking inspiration from the movement of insects, sea creatures, and even our own bodies, we will have fun creating some life-like crawlers, wobblers and walkers!. INSTRUCTOR: Play-Well TEKnologies

Ren Ctr AA	M	9:00 am-12:00 pm	Apr 25	\$35	ages 7-12
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Theater

Creative Drama: Mixing Bowl Tales

Students will explore skills needed to bring a story to life such as concentration, movement, pantomime, vocal projection, dialogue and characterization. Celebrate the flavorful creativity of America with folktales from around the world. No experience necessary. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	9:30 am-10:30 am	Mar 12-May 7*	\$90	ages 6-7
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*No class Mar 26 and Apr 2

Play On: Prop Bag Theatre

Using various items pulled from the prop bag, students will create believable characters and stories. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	10:45 am-12:00 pm	Mar 12-May 7*	\$90	ages 8-9
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*No class Mar 26 and Apr 2

Acting Out: Characters on Location

Students are introduced to basic acting skills and vocal training through the development of believable characters in improvised or scripted scenes. Students will develop believable characters and original scenes as they use improvisation and movement to explore fun story environments such as the beach, fantasy world, reality TV, the moon, the jungle and even the refrigerator. No experience necessary. INSTRUCTOR: Johannah Maynard, Raleigh Little Theatre

Ren Ctr AA	Sa	12:30 pm-2:00 pm	Mar 12-May 7*	\$110	ages 10-12
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*No class Mar 26 and Apr 2



ADULT

PROGRAMS & CLASSES

It's never too late to get active and learn something new. Enhance your life by taking a class and developing your interests.



Art

Watercolor

Students will learn washes, glazes, color mixing and composition. Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Feb 24-Mar 30	\$80	ages 16+
Flah Park	W	1:00 pm-3:00 pm	Apr 13-May 18	\$80	ages 16+

Beginners Oil & Acrylic Painting

Students will start with the basics: color wheel, value, composition and design. First paintings are a learning exercise. Enter the painting world! Materials not included. **INSTRUCTOR:** Mary Benejam

Flah Park	Tu	1:00 pm-3:00 pm	Feb 23-Mar 29	\$80	ages 16+
Flah Park	Tu	1:00 pm-3:00 pm	Apr 12-May 17	\$80	ages 16+
Flah Park	Tu	1:00 pm-3:00 pm	Aug 2-Sep 6	\$80	ages 16+

Intermediate Oil & Acrylic Painting

Students will learn new techniques and choose their subject matter. Materials not included. Must have completed Beginners Oil & Acrylic Painting.

INSTRUCTOR: Mary Benejam

Flah Park	W	10:00 am-12:30 pm	Feb 24-Mar 30	\$80	ages 16+
Flah Park	W	10:00 am-12:30 pm	Apr 13-May 18	\$80	ages 16+
Flah Park	W	10:00 am-12:30 pm	Aug 3-Sep 7	\$80	ages 16+

Advanced Oil Painting

This course is designed for advanced oil painting students. Will work on specific techniques and styles. Student must have completed Beginners and Intermediate Painting. Let's paint a masterpiece! Materials not included.

INSTRUCTOR: Mary Benejam



Flah Park	Tu	10:00 am-12:30 pm	Feb 23-Mar 29	\$80	ages 16+
Flah Park	Tu	10:00 am-12:30 pm	Apr 12-May 17	\$80	ages 16+
Flah Park	Tu	10:00 am-12:30 pm	Aug 2-Sep 6	\$63	ages 16+

Drawing Classes

Students will learn value, shape, shading, composition, perspective and design. All elements are extremely useful for any art work. Materials supplied by student. **INSTRUCTOR:** Mary Benejam

Flah Park	W	1:00 pm-3:00 pm	Aug 3-Sep 7	\$75	ages 16+
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Photography

Did you get a new SLR camera? Giving or getting one for a present? This course will enable you or the person to whom you are giving the camera to be able to take that camera off automatic and get the photo you would like to take instead of what the camera thinks you want. We will talk about f-stops, shutter speed and light conditions with some emphasis on motion and changing light conditions outdoors (for nature and other subjects). **INSTRUCTOR:** Sol Levine

Flah Park	Tu	6:30 pm-9:00 pm	May 3-17	\$70	ages 13+
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Textile Arts

Knitted Hand Puppets

Add to your basic knitting skills while making a pair of puppets, one girl and one boy. We will focus on reading patterns, changing colors and seaming. This class is best for those who are familiar with the knit and purl stitch. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	Tu	6:30 pm-8:00 pm	Mar 1-Apr 12	\$85	ages 10-adult
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Crocheted Lace

Learn the basics of crocheted lace by making a coaster-sized doily. Then choose snowflakes, lace edging or a larger doily to expand your skills. **INSTRUCTOR:** Amy Yinger



Ren Ctr AA	Tu	6:00 pm-8:00 pm	Apr 19-May 24	\$70	ages 10-adult
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Supply list will be provided

Crochet Amigurumi

Learn the basics of crochet and make your own unique stuffed animal. These charming toys are a great way to experiment and be creative. This class is appropriate for anyone, no crochet experience required. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	M-Th	10:00 am-2:00 pm	Jun 13-16	\$102	ages 10-adult
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Fairy Dolls **<<NEW!>>**

Learn to make armatures, faces, and clothes for charming 3" dolls. Students will have time to make three dolls during this class. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	M-Th	10:00 am-2:00 pm	Jun 27-30	\$102	ages 10-adult
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Glass Fusion

Glass Fused & Functional

This class will provide students a chance to learn the basics of fusing glass while designing and constructing an original 8x8 dish using various tools and techniques. Finished dish will be food safe. Completed piece will be fired and available for pickup one week from the date of the class. All supplies included. **INSTRUCTOR:** Linda Martin



Ren Ctr AA	Sa	9:00 am-12:00 pm	Mar 26	\$90	ages 16-adult
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Fitness

Gentle Yoga

This class will emphasize the healing benefit of yoga with slower movements and connection to breath. The practice will be especially beneficial for those who are recovering from injury or illness, or if you simply want a deep gentle yoga experience. All levels are welcome. Please bring a mat and wear comfortable clothing. **INSTRUCTOR:** Sunny Davis

Alst Mass	W	10:00 am-11:30 am	Apr 13-May 18	\$72*	ages 18+
Alst Mass	W	10:00 am-11:30 am	Jun 1-Jul 6	\$72*	ages 18+
Alst Mass	W	10:00 am-11:30 am	Jul 20-Aug 24	\$72*	ages 18+

**Optional \$15 drop-in fee is accepted once minimum of 6 is met*

Core Strengthening with Pilates

Pilates is a safe, gentle form of exercise which strengthens the body from the inside out. Having a strong core helps improve our backs plus our ability to perform everyday activities with ease and helps prevent injuries. All levels are welcome. Please bring a mat and wear comfortable clothing. **INSTRUCTOR:** Sunny Davis

Alst Mass	M	11:00 am-12:00 pm	Mar 28-May 2	\$72*	ages 18+
Alst Mass	M	11:00 am-12:00 pm	May 16-Jun 27	\$72*	ages 18+
Alst Mass	M	11:00 am-12:00 pm	Jul 18-Aug 22	\$72*	ages 18+

**Optional \$15 drop-in fee is accepted once minimum of 6 is met*



Yoga for Every Body

Yoga is truly for every body. If you are curious about why yoga has received so much positive press about the potential benefits, please come give it a try. The class will be taught so that all levels from the beginner to the seasoned practitioner can participate. **INSTRUCTOR:** Sunny Davis

Alst Mass	Tu	5:30 pm-6:30 pm	Mar 29-May 3	\$72*	ages 18+
Alst Mass	Tu	5:30 pm-6:30 pm	May 17-Jun 21	\$72*	ages 18+
Alst Mass	Tu	5:30 pm-6:30 pm	Jul 5-Aug 9	\$72*	ages 18+
Alst Mass	Tu	5:30 pm-6:30 pm	Aug 23-Sep 27	\$72*	ages 18+

**Optional \$15 drop-in fee is accepted once minimum of 6 is met*

Fitness Hula-Hooping

Hula-hooping is no longer just for kids! Adults have realized the muscle firming and calorie burning benefits of this joy-inducing, stress-relieving exercise. In this class, students will learn hoop moves like waist hooping, arm hooping, chest hooping, and leg hooping. No prior hooping experience is necessary, and we will use large, adult-sized hoops for the adult students. 100% guaranteed hooping success! With regular attendance, students will improve their fitness level, hooping skills, and well-being. Fitness meets play! **INSTRUCTOR:** Angela Duke / The Pickle Mamas

WFCH	W	7:00 pm-8:00 pm	Apr 6-May 4	\$55*	ages 16+
WFCH	W	7:00 pm-8:00 pm	May 11-Jun 8	\$55*	ages 16+
WFCH	W	7:00 pm-8:00 pm	Jun 29-Jul 27	\$55*	ages 16+
WFCH	W	7:00 pm-8:00 pm	Aug 3-31	\$55*	ages 16+

**Hoops will be provided; optional \$13 drop-in fee is accepted once minimum of 6 is met*



Dance

Modern Western Square Dancing

Modern Western Square Dancing is one of the best ways to get your body moving, challenge your mind, relieve stress and meet new and friendly people. Participants will learn to execute basic cooperative dance figures, or 'calls,' at the direction of the square dance caller to the beat of the music. After learning the basic skills, participants will be well on their way to enjoying a lifelong hobby to be enjoyed at clubs locally and across the country. Partners are not necessary. Smiles are guaranteed. **INSTRUCTOR:** Jimmy Roberson

Alst Mass	M	7:00 pm-9:00 pm	Jan-Apr	\$20 /mo	ages 19+
WFCH	M	7:00 pm-9:00 pm	May-Aug*	\$20 /mo	ages 19+

**No class May 30*

Class dress is casual but participants are encouraged to wear comfortable shoes

Line Dancing

Come join Ronnie and DJ Frank for a walk-in class of line dancing. Gain confidence with many of the basic steps, learn the process of linking the steps together to form the dance and have fun losing yourself in the music! You will learn line dances to genres of music such as country, Top 40, hip-hop, beach, funk, Irish, swing, and many more. **INSTRUCTOR:** Rhondel Pignataro

Ren Ctr	Tu	7:00 pm-8:30 pm	Mar 29-May 3	\$6 /class	ages 16+
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Martial Arts

Taekwondo

Learn martial arts skills, develop self-esteem, confidence and respect for others. No class held the first Thursday of every month. Please register the first Tuesday of every month with the instructor. **INSTRUCTOR:** Sr. Master Randy Berger

Alst Mass	Tu/Th	7:00 pm-8:00 pm	Jan-Apr	\$40 / mo.	ages 18+
WFCH	Tu/Th	7:00 pm-8:00 pm	May-Aug	\$40 / mo.	ages 18+

Nature

Tree Stewards Workshop

The Town of Wake Forest is seeking volunteers with a passion for trees, a desire to learn, and an interest in becoming a Tree Steward in our community. Participants will receive free training on proper planting techniques, tree identification, pruning, fertilization and more. Volunteers that successfully complete the training will become Town of Wake Forest Tree Stewards. Tree Stewards must pledge to contribute at least four hours of service within one year of their training. Many opportunities for service will be offered including distributing information at community events, planting trees, and performing basic maintenance, such as mulching and watering. Participants under the age of 18 must have the permission of a parent or legal guardian to volunteer. **INSTRUCTOR:** Jennifer Rall, Urban Forestry Coordinator



WF Town Hall	Sa	9:00 am-12:30 pm	Mar 12	4 hrs of volunteer service	ages 13+
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Activities offered at the Senior Center

The Northern Wake Senior Center, 235 E. Holding Ave., offers adults age 55 and older a full schedule of recreational activities, including aerobics, shag lessons, wood carving, painting, and craft making.

Open Monday-Friday, from 8 a.m. to 5 p.m., the center also provides several social events each month.

Programming at the Northern Wake Senior Center is provided by Resources for Seniors, Inc. The organization serves senior and disabled adults in Wake County by providing home- and community-based services and information.

To see a schedule of events, visit wakeforestnc.gov (search for "senior center") or call 919-554-4111.



Staying active is good for you.



CAMPS

SUMMER ENRICHMENT PROGRAMS

Fill your summer break with fun, enriching experiences—right here in Wake Forest!



Day Camp

Camp Nahele (pronounced nah-heh-le)

Camp Nahele (“nahele” means “forest” in Hawaiian) is a full day recreational summer camp program designed to enhance your child’s summer experiences through arts and crafts, education, nature, recreational and sporting activities. The camp will operate for a ten-week period, Mon-Fri, 9 a.m.-5 p.m., at the Wake Forest Community House. Early drop-off is 7:30 a.m. and late pick up is 6 p.m. Participants must be at least six years old on or before June 1, 2016.



WFCH	M-F	7:30 am-6:00 pm	Jun 13-Aug 19	\$100/wk	ages 6-12
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Art Camps

Island Paradise «NEW!»

Come along with Ms. Maureen and Mr. Moo Monet as we explore life in and around a tropical island. We will dive the coral reefs and look for buried treasure in the sand! We may even see a parrot or two in the trees with our stories and art projects. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	9:00 am-12:00 pm	Jul 11-15	\$100	ages 3-5
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Old MacDonald Had a Farm

Old MacDonald Had a Farm Ei - Ei - O. Come along with us for as we follow Old MacDonald around the farm. We’ll learn all about the things that live on the farm through many fun arts and crafts projects and stories. Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer



Flah Park	M-F	9:00 am-12:00 pm	Jul 25-29	\$100	ages 3-5
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Ooey Goey Recycled Art Camp

It’s back! This camp has been a favorite for the past few years. This summer it’s back with all new projects! We will have fun learning about mixed media and sculpture. We will truly turn trash into treasure while working on our drawing and painting skills. If you like to get messy, this is the camp for you! Please bring a snack daily. **INSTRUCTOR:** Maureen Seltzer

Flah Park	M-F	1:00 pm-4:00 pm	Aug 15-19	\$100	ages 5-8
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Art 4 Fun Camp

Students will enjoy working with pencils, watercolors, acrylics and soft pastels and will complete an art project every day. Returning students are welcome as we will complete new art projects this year! **INSTRUCTOR:** Mary Benejam

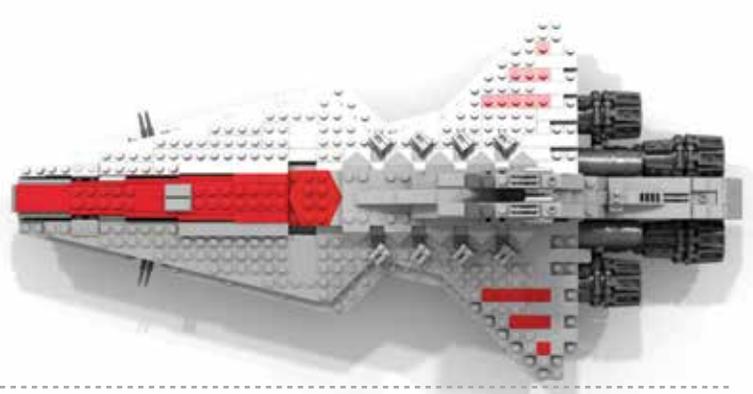
Flah Park	M-F	9:00 am-12:00 pm	Jun 13-17	\$100	ages 9-12
Flah Park	M-F	9:00 am-12:00 pm	Jul 11-15	\$100	ages 9-12

Mixed Media Art Camp «NEW!»

These classes may include projects such as rock monsters, transfer of printed design to canvas and redefining objects through use of mulberry papers or mosaics. Students may have an opportunity to do additional projects as time allows. **INSTRUCTOR:** Linda Martin

Ren Ctr AA	M-W	9:00 am-12:00 pm	Jun 13-15	\$100	ages 11-14
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Art for Teens Camp

Students will enjoy working with pencils, ink, watercolors, acrylics and soft pastels. We will emphasize values and shapes and complete an art project every day. Returning students are welcome as we will complete new art projects this year! Materials included. **INSTRUCTOR:** Mary Benejam



Flah Park	M-F	9:00 am-12:00 pm	Jun 20-24	\$100	ages 13-16
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Fairy Dolls ◀ NEW! ▶

Learn to make armatures, faces, and clothes for charming 3" dolls. Students will have time to make three dolls during this class. **INSTRUCTOR:** Amy Yinger

Ren Ctr AA	M-Th	10:00 am-2:00 pm	Jun 27-30	\$102	ages 10-adult
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Crochet Amigurumi

Learn the basics of crochet and make your own unique stuffed animal. These charming toys are a great way to experiment and be creative. This class is appropriate for anyone, no crochet experience required. **INSTRUCTOR:** Amy Yinger



Ren Ctr AA	M-Th	10:00 am-2:00 pm	Jun 13-16	\$102	ages 10-adult
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Lego® Camps

Become a Play-Well Engineer this summer! With over 100,000 pieces of LEGO®, take on real-life engineering challenges that explore concepts in physics, engineering, and architecture! This is a hands-on, brains on workshop suitable for LEGO® novices to building "maniacs".

JEDI Engineering using LEGO®

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators, and defense turrets. A new offering of original designs for young Jedi! **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M-F	9:00 am-12:00 pm	Jun 27-Jul 1	\$155	ages 5-7
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JEDI Engineering using LEGO®

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and much more as students tap into the powerful forces of imagination and engineering. **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M-F	1:00 pm-4:00 pm	Jun 27-Jul 1	\$155	ages 8-12
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Pre-Engineering using LEGO® Camp

Create, play and learn. Design a town, city or star base with houses, buildings, pyramids, bridges, tunnels, towers and more. Every day campers will learn from instructors from Play-Well TEKologies, who will teach campers how to build cars, trains, buses and trucks. Race them, crash them and repair them. Explore the many possibilities of LEGO® building systems while learning valuable construction techniques. **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M-F	9:00 am-12:00 pm	Jul 11-15	\$155	ages 5-7
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Engineering FUNDamentals using LEGO® Camp

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. **INSTRUCTOR:** Play-Well TEKologies

Ren Ctr AA	M-F	1:00 pm-4:00 pm	Jul 11-15	\$155	ages 8-12
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Mine, Craft, Build Adventure Game using LEGO®

Bring Minecraft to life using LEGO®! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a zoo, create a medieval castle, and design a tree house village! This is an original game designed by Play-Well instructors inspired by the popular game, Minecraft. **INSTRUCTOR:** Play-Well TEKologies

Flah Park	M-F	9:00 am-12:00 pm	Aug 8-12	\$155	ages 5-7
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Mine, Craft, Build Survival Game using LEGO®

Bring Minecraft to life using LEGO®! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors, using gameplay elements and characters inspired by the popular Minecraft video game. Students will have a blast, even without any prior experience with Minecraft or LEGO®. **INSTRUCTOR:** Play-Well TEKologies

Flah Park	M-F	1:00 pm-4:00 pm	Aug 8-12	\$155	ages 8-12
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Athletic Camps

Girls Volleyball Skills Camp

Develop game skills and learn rules through drills and game play. Camp t-shirt included. Please bring a snack daily. **INSTRUCTOR:** Katie Quigley, Triangle Volleyball

Flah Park	M-W	9:00 am-12:00 pm	Jul 25-27	\$75	ages 8-14
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**Camp t-shirts are guaranteed for those who pre-register by Jul 14*

Boys Basketball Camp

This week-long instructional camp will be led by Professional European basketball player J.J. Miller. Participants will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. **INSTRUCTOR:** JJ Miller (pictured)



Flah Park	M-F	8:00 am-12:00 pm	Jul 11-15	\$75	ages 7-12
Flah Park	M-F	1:00 pm-5:00 pm	Jul 11-15	\$75	ages 13-17

**Camp t-shirts are guaranteed for those who pre-register by Jun 30*

Girls Basketball Camp

This week-long instructional camp will be led by Professional European basketball player J.J. Miller. Participants will work on the basic fundamentals of the game emphasizing dribbling, shooting, free throws and defensive skills. Participants will be divided by age groups for game play. Please bring a snack daily. **INSTRUCTOR:** JJ Miller

Flah Park	M-F	8:00 am-12:00 pm	Jul 18-22	\$75	ages 7-12
Flah Park	M-F	1:00 pm-5:00 pm	Jul 18-22	\$75	ages 13-17

**Camp t-shirts are guaranteed for those who pre-register by Jul 7*



Baseball Camp

Skills development camp for baseball players, rising 3rd grade through rising 9th grade. Camp t-shirt included. **INSTRUCTOR:** Joe John, Heritage High School Baseball Coach; Mike Joyner, Wake Forest High Baseball Coach

Heritage High*	M-Th	9:00 am-12:00 pm	Jun 20-23	\$80	grades 3-9
Heritage High*	M-Th	9:00 am-12:00 pm	Jul 11-14	\$80	grades 3-9
Flah Park**	M-Th	9:00 am-12:00 pm	Jul 25-28	\$80	grades 3-9
Flah Park**	M-Th	9:00 am-12:00 pm	Aug 15-18	\$80	grades 3-9

**Camp will meet at the Heritage High School baseball field
**Camp will meet on fields 2 and 3*

Softball Camp

Skills development camp for softball players, rising 3rd grade through rising 9th grade. Camp t-shirt included. **INSTRUCTOR:** Mark Downing, Heritage High School Softball Coach; Brittany Owens, Wake Forest High School Softball Coach

Heritage High*	M-Th	9:00 am-12:00 pm	Jun 20-23	\$80	grades 3-5
Heritage High*	M-Th	9:00 am-12:00 pm	Jul 11-14	\$80	grades 6-9
RH Forrest Field	M-Th	9:00 am-12:00 pm	Jul 25-28	\$80	grades 3-9
RH Forrest Field	M-Th	9:00 am-12:00 pm	Aug 15-18	\$80	grades 3-9

**Camp will meet at the Heritage High School softball field*

Thori Bryan Soccer Academy Co-Ed Youth Soccer Camp



Skills development camp for soccer players will be offered at the Smith Creek Soccer Center for ages 7-12. Camp t-shirt included. **INSTRUCTOR:** Thori Bryan

Smith Cr Soccer Ctr	M-F	9:00 am-12:00 pm	Jun 20-24	\$125	ages 7-12
Smith Cr Soccer Ctr	M-F	5:00 pm-8:00 pm	Jul 11-15	\$125	ages 7-12

Youth Golf Camp

Participants will receive instruction in the game of golf. Learn golf rules, as well as the basic fundamental for putting and driving. Please bring a snack daily.

INSTRUCTOR: Tim Gupton

Flah Park	M-F	9:00 am-11:30 am	Jun 20-24	\$100	ages 5-11
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Theater Camps

Stories for the Stage Camp <<NEW!>>

In this fun-filled camp you will make up stories and act out stories all in one week! In the morning, students will use playful games, exercises and movement to create original theatre stories. In the afternoon, using scripted material, they will learn acting skills needed to bring a story to life. No previous experience necessary. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	M-F	9:00 am-4:00 pm	Jun 20-24	\$270	ages 6-8
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Stage Door Summer Camp <<NEW!>>

The actor enters the theatre through the stage door but there are quite a few more steps to the stage. In this supportive camp, you can have fun, build confidence and make friends as you learn basic acting and rehearsal skills. In the morning, using scripted scenes, students will explore character development, blocking and vocal projection. In the afternoon, they will participate in improvisation exercises designed to promote group problem solving and encourage spontaneity, both valuable tools in rehearsal and great life skills as well. **INSTRUCTOR:** Raleigh Little Theatre

Ren Ctr AA	M-F	9:00 am-4:00 pm	Jun 20-24	\$270	ages 9-12
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Arts Enrichment Camp

Goin' Buggy Art & Music Camp <<NEW!>>

Do you love creating new and exciting art projects, singing inspirational music, making your own musical instruments and playing fun games and movement activities with other really cool kids? Are you interested in learning more about bugs? Come explore with us in this entertaining and educational arts camp! Summer is the perfect time to "wriggle in" to our 6th annual art and music enrichment camp. **INSTRUCTOR:** Eliza Hearn and Terri Smith

Ren Ctr	M-F	9:00 am-2:00 pm	Jul 18-22	\$170	ages 5-11
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HOLDING PARK POOL



The Wake Forest Parks, Recreation and Cultural Resources Department will open Holding Park Pool for the 2016 season on Memorial Day weekend. The 50-meter pool, located at 133 W. Owen Ave., is one of the area's largest outdoor public swimming pools.

Pool Opens Saturday, May 28

Open Swim

The pool is open to the general public during the dates and times listed below.

Sa-Su	1:00 pm-7:00 pm	May 28-30 Jun 4-5 Jun 11-Aug 28	\$1 ages 2 & younger \$3 ages 3-12 \$4 ages 13+
M-F	1:00 pm-6:00 pm	Jun 14-Aug 28	

Seasonal Swim Passes

Seasonal swim passes go on sale May 1 and can be purchased at town hall. \$40 for residents, \$65 for non-residents (passes are individual passes). Punch card passes are also available, good for 20 visits (\$50).

Parent-Toddler Swim Time

Reserved pool time for parents and toddlers (ages 4 and younger). Pass is required and may be purchased at town hall. Pass is valid for one parent and up to two preschool children.

M-Sa	12:00 pm-1:00 pm	Jun 13-Aug 25	\$30
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Swim Lessons

Swim class sessions (four sessions, Monday-Thursday) will be offered in June, July and August. Specific dates and times will be available at town hall beginning May 24. Registration begins June 1. Maximum of four students per class. ALL registration will be held online.

M-Th	Dates and times to be announced	Jun-Aug	\$35 resident \$70 non-resident
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SPECIALIZED PROGRAMS

Enriching programs designed for children with special needs.



Special Events

Special Needs Valentine Party

The Town of Wake Forest invites our youth with special needs and their siblings to celebrate Valentine's Day. The party will feature music, crafts, games and refreshments. Drop in for a game of BINGO and try your luck at winning a prize!



Ren Ctr	Sa	4:30 pm-6:30 pm	Feb 6	\$5*	all ages
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**Pre-registration is required*

Egg-ceptional Egg Hunt

This egg hunt is free and will cater to children with disabilities and their families. The purpose of our egg hunt is to provide a fun, safe, family-friendly environment that allows children who may have difficulty participating in a traditional egg hunt the opportunity to hunt for Easter eggs. Bring a buddy to help if needed.

Joyner Park*	Sa	11:30 am-12:00 pm	Mar 19	free	all ages
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**Event will be held in the pecan grove*

Special Needs Resource Fair

This free event will include several professional vendors that specialize in providing to children and adults with special needs an array of services, including therapeutic, health and wellness, educational, recreational, music, financial and legal. The fair is designed to offer local families the opportunity to learn about dozens of programs, services, products and resources – all in one location. The event is co-sponsored with Richland Creek Community Church.

Richland Creek Comm. Church	Sa	10:00 am-1:00 pm	Apr 23	free	all ages
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Special Needs Movie Night

This movie night allows children with special needs to enjoy a film in a safe and accepting environment. The event area will have added lighting, and the movie's volume will be lower. Audience members are invited to get up and dance, walk, shout or sing! The rule of the day: FUN without repercussions.

Ren Ctr	F	6:30 pm	May 20	free	all ages
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Special Needs Talent Show

Does your child have a special talent? Children can showcase their talent(s) in the Town of Wake Forest's First Talent Show: Shining Stars! The show gives children with special needs the opportunity to display their talent in a nurturing and inspiring environment. Children are encouraged to share any talent they may have! Join us after the show for awards, light refreshments, and to meet our superstars!

Ren Ctr	Sa	4:30 pm-6:30 pm	May 28	free	all ages
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An Inclusive Approach

The Town of Wake Forest Parks, Recreation & Cultural Resources Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together.

In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act.

If you or a family member requires a reasonable modification to participate in a program, please contact

Recreation Superintendent,
Monica A. Lileton at
mlileton@wakeforestnc.gov.

ATHLETICS

YOUTH AND ADULT

Join a team sport and reach for the top of your game!



Track & Field

In this introduction to track and field, participants will learn proper running technique and gain experience in their choice of the following Olympic running events: 100, 200, 400, 800, 1500, 3000. Open to runners age 6-14 (age determined by age on Jan. 1, 2016). Participants will also have an opportunity to be exposed to the hurdles, long jump, and shot put. Participant fee includes a t-shirt. **COACHES:** Matt & LaTosca Goodwin, NC Speed Academy



WF Middle	M/W	6:00 pm-7:00 pm	Apr 11-May 25	\$80	ages 6-14
WF Middle	T/Th	6:00 pm-7:00 pm	Apr 12-May 26	\$80	ages 6-14
WF Middle	M	6:00 pm-7:00 pm	Apr 15-Sep 25	\$80	ages 6-14
WF Middle	T/Th	6:00 pm-7:00 pm	Apr 16-Sep 26	\$80	ages 6-14

Youth Baseball/Softball

Spring Baseball, Softball & T-Ball

League age is determined by participant's age on April 30, 2016. Registration will be held February 1-28. Team practices begin in late March/early April, games are played through June. **Online registration only.** **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Feb 1-29	Mar-Jun season	\$40 resident \$80 non-resident	boys, ages 5-17, girls, ages 5-15
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Dream League Baseball

Designed for school-age participants with special needs, league games are played on Saturdays from late April through early June. **Online registration only.** **STAFF CONTACT:** Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.



Registration: Feb 1-29	Apr-May season	\$40 resident \$80 non-resident	school-age boys and girls
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Dream League Baseball "Buddy" Program

"Buddies" assist Dream League players during games, which are played on Saturdays from late April through early June. **Online registration only.**

Registration: Feb 1-29	Apr-May season	no fee, but registration is required	ages 13+
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YOUTH REGISTRATION: ALL registration for youth leagues will be held **online only** during the specified registration periods. Computer access will be available at town hall should registrants need access. New players must submit a copy of the participant's birth certificate. Returning players are not required to submit a birth certificate.

ADULT REGISTRATION: Register at Wake Forest Town Hall, 301 S. Brooks St. or online at **wakeforestnc.recdesk.com**.

RESIDENT/NON-RESIDENT RATES: Residents who live within the town's limits are eligible for the \$40 resident rate. Residents who live outside the limits are encouraged to participate but will be charged the \$80 non-resident rate.

REFUNDS: Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

Fall Baseball & Softball

League age is determined by participant's age on April 30, 2016. Team practices begin in August, games are played through mid-October. **Online registration only.** STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Jun 1-30	Aug-Oct season	\$40 resident \$80 non-resident	ages 6-16, boys and girls
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Youth Volleyball

Youth Volleyball

League age is determined by participant's age on January 1, 2016. Team practices begin in May, games are played through early July. **Online registration only.** STAFF CONTACT: Edward Austin, eaustin@wakeforestnc.gov, 919-435-9562.

Registration: Apr 1-30	May-Jul season	\$40 resident \$80 non-resident	ages 9-16, girls
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Adult Softball

Men's Spring Recreational League

Games played Monday, Wednesday and Thursday beginning in mid-March. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-29	Mar-Apr season	\$550/team	ages 18+
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Church Men's League

Games will be played Mon, Tues, Thurs, Fri and Sat beginning in late April. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
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Church Co-Rec League

Games will be played primarily Tuesdays and Thursdays, beginning in mid-June. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: May 1-30	Jun-Aug season	\$550/team	ages 18+
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Men's Fall Recreational League

Games will be played Monday, Wednesday, & Thursday, beginning mid-August. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Open Co-Rec League

Games are played primarily on Tuesday and Friday, beginning in mid-August. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Jul 1-31	Aug-Oct season	\$550/team	ages 18+
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Adult Kickball

Summer Adult Co-Rec Kickball <<NEW!>>

League play is scheduled to begin in mid-July and games will be played on weeknights and Sundays through late August. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Jun 1-30	Jul-Aug season	\$225/team	ages 18+
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Fall Adult Co-Rec Kickball

League play is scheduled to begin in mid-September and games will be played on weeknights and Sundays through late October. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Oct season	\$225/team	ages 18+
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Adult Flag Football

Adult Flag Football

League games are played on Sunday afternoons from mid-September through early November. STAFF CONTACT: Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Nov season	\$225/team	ages 18+
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Adult Pickleball

Adult Pickleball League

League will be offered on Thursdays beginning in September at the Southeastern Baptist Theological Seminary Ledford Center.

Registration: Aug 1-31	Sep-Nov season	\$35/person	ages 18+
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SPRING 2016 Baseball, Softball & T-ball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	5
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	6
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	7
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	8
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	9
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	10
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	11
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	12
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	13
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	14
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	15
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	16
1998	1998	1998	1998	1998	1998	1998	1998	1999	1999	1999	1999	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	8 coed	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	Senior League (15-17)
Senior League (15-17)	16	Senior League (15-17)
Senior League (15-17)	17	Senior League (15-17)

FALL 2016 Baseball & Softball

League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	6
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	7
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	8
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	9
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	10
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	11
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	12
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	13
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	14
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	15
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	16

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

Age Bracket

Baseball (male)	AGE	Softball (female)
Rookie League (machine pitch)	6 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Minor League	8 coed*	Minor League
Minor League	9 coed*	Minor League
Little League (10-11)	10	Little League (10-11)
Little League (10-11)	11	Little League (10-11)
Junior League (12-13)	12	Junior League (12-13)
Junior League (12-13)	13	Junior League (12-13)
Senior League (14-16)	14	Senior League (14-16)
Senior League (14-16)	15	Senior League (14-16)
Senior League (14-16)	16	Senior League (14-16)

* If more than 36 females register, machine pitch softball league will be offered.

**Inclement
Weather Line:
919-435-9569**

In case of inclement weather, Wake Forest residents should call the **WEATHER LINE** at 919-435-9569 for information concerning changes to the town's regular schedule. The Weather Line will provide updates concerning all town-sponsored programs and activities, including athletic games and practices, as well as concerts, festivals, and other events. Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes. Weather-related announcements may also appear on the homepage of the town's website, on our Facebook page and on Wake Forest TV 10.

RENAISSANCE CENTRE

FOR THE ARTS

You'll discover enriching experiences at the centre that will leave you feeling inspired.



African Folktales

Performances

African Folktales

Join two talented African griots (storytellers) Akili and Jabari as they share stories that celebrate the vastness of the African landscape. Sing-alongs, stories and humor help celebrate world cultures, language and oral tradition in this inventive and high energy show! The 45-minute production by the Bright Star Touring Theatre is geared for students in grades K-5.

Ren Ctr	Feb 4	9:30 am	\$7
Ren Ctr	Feb 4	11:30 am	\$7

Black History Hall of Fame

The Bright Star Touring Theatre will offer two performances—one afternoon show at the Alston-Massenburg Center and an evening show at the Renaissance Centre. In just 45-minutes, young audiences will be introduced to over a dozen groundbreakers that have contributed to shaping our nation. You'll see everyone from Maya Angelou and Aretha Franklin to the Buffalo Soldiers and Mae Jemison. And that's just to name a few! Geared for students in grades K-5.



Alst Mass	Feb 13	1:00 pm	free
Ren Ctr	Feb 13	7:00 pm	free

Freedom Songs—The Music of Black History

Join the energetic actors of Bright Star Touring Theatre in this entertaining musical revue of the history of black music! From the work songs of slavery and the hymns of the Underground Railroad to the blues of Beale Street and the anthems of the Civil Rights Movement, music has always been an integral part of our nation's past. In this production, the actor/singers tell the stories behind these famous and forgotten hymns, work songs and musical styles while sampling songs that spread across continents and centuries. Lesson plans at brightstartheatre.com. Geared for students in grades 5-12.

Ren Ctr	Feb 18	9:30 am	\$7
Ren Ctr	Feb 18	11:30 am	\$7

Rockin' the Forest Concert Series

The Renaissance Centre is pleased to bring more musical talent to Wake Forest audiences through the new Rockin' the Forest concert series. The series debuts with Las Tres Chicas, an alternative country trio, performing on Friday, Jan. 30.



Tres Chicas

Ren Ctr	Jan 30	Tres Chicas	8:00 pm	\$10 adult, \$5 child 12 & under
Ren Ctr	Mar 19	The Backsliders	8:00 pm	\$10 adult, \$5 child 12 & under

Neck of the Woods

Neck of the Woods is a variety performance series that features emerging local artists. An evening may consist of several performance arts acts. Each show is different and may include actors, dancers, musicians, comedians, writers and spoken word artists. Come out and enjoy a truly unique and entertaining event and support your local artists! Cash bar for wine, beer and other refreshments. PRESENTED AND SPONSORED BY: Wake Forest ARTS

Ren Ctr	Feb 19	7:30 pm	\$5*
Ren Ctr	Jul 15	7:30 pm	\$5*

*Ticket prices do not include tax

Yesterday & Today: An Interactive Beatles Tribute Experience

Rock to the music of the Beatles in an all new interactive concert experience where the audience creates the playlist for the night. With dead-on musical precision, Billy McGuigan and the band deliver the soundtrack of our lives.



Ren Ctr	Feb 20	7:00 pm	<i>advance:</i> \$15; <i>day of:</i> \$18
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Cindabella—A Southern Fried Fairytale Musical

Relive a classic with a new southern twist! See Cindabella make it to the fish fry with the help of her Fairy Memaw! Watch Prince Beauregard try the bejeweled boot on every pretty prissy in town! Hear classic southern tunes done up fairytale style! This new original southern musical comes from the creator/producer of Girls Raised in the South-GRITS: The Musical. Cinderella ain't never been so charmin'. **PRESENTED BY:** McGee Communications & Entertainment

Ren Ctr	Feb 26	11:00 am	\$7
Ren Ctr	Feb 26	7:00 pm	\$7

Forest Moon Theater presents The Hundred Dresses

Bullying, friendship and forgiveness are the themes for this season's Youth Theater production. The musical is based on a 1945 Newbery Honor book by Eleanor Estes. Humor, colorful characters and memorable songs combine to create a timeless story.



Ren Ctr	Mar 3	9:30 am	\$7
Ren Ctr	Mar 3	11:30 am	\$7
Ren Ctr	Mar 4	7:30 pm	<i>advance:</i> \$10 adult, \$7 child 12 & under <i>day of:</i> \$13 adult, \$10 child 12 & under
Ren Ctr	Mar 5	7:30 pm	
Ren Ctr	Mar 6	3:00 pm	
Ren Ctr	Mar 11	7:30 pm	
Ren Ctr	Mar 12	7:30 pm	
Ren Ctr	Mar 13	3:00 pm	

Pirate School! Follow Your Compass

Strap in for the most fun anti-bullying, swashbuckling adventures ever! This riotous solo variety show created by David Engel, allows kids the chance to live the dream of the Golden Age of the Buccaneer while promoting everyday polite and social courage. The show features eye-popping puppetry, adept magic, a misbehaving cannon and the world's coolest wearable pirate ship.

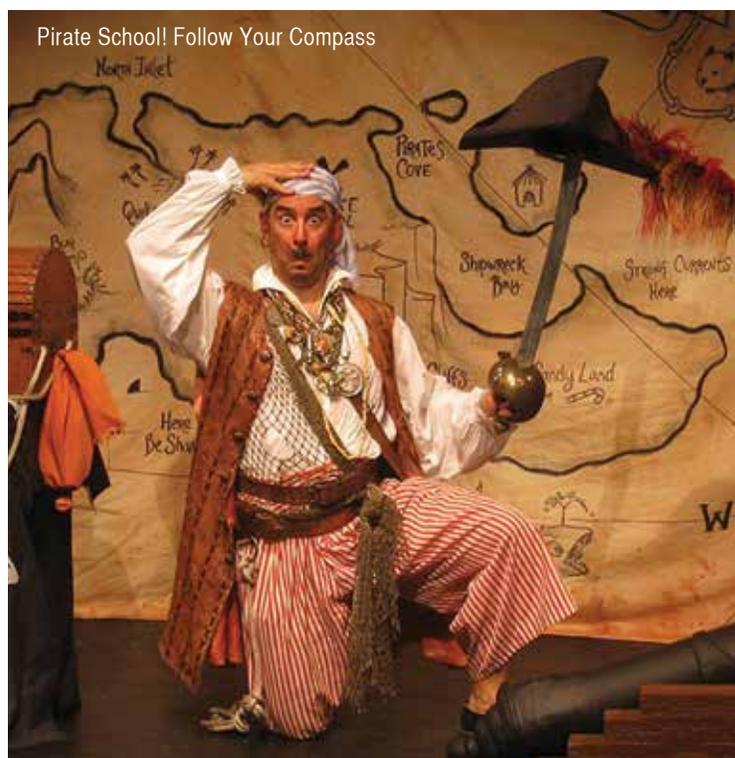
Ren Ctr	Apr 14	10:00 am	\$7
Ren Ctr	Apr 15	10:00 am	\$7
Ren Ctr	Apr 15	7:00 pm	\$7

Wake Forest Children's Choir Spring Concert

The Wake Forest Children's Choir will present an evening of favorite songs under the direction of Kasie Ryan and Terri Smith. The event is free and open to the public.



Ren Ctr	Apr 18	6:00 pm	free
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Lawn & Disorder

Comedy concert, *Lawn & Disorder*, is an instant audience favorite delighting theatre audiences around the country. Karen Morgan, a Southern belle, and Jim Colliton, a Boston Irishman, are both comedy veterans and parents who are married...just not to each other. Through standup comedy, improv and hilarious audience participation, Jim and Karen give parents of all ages a chance to laugh at the trials and tribulations of parenthood, marriage, family and everyday life in America. *Lawn & Disorder* is clean comedy for grownups.



Ren Ctr	May 14	7:00 pm	advance: \$15; day of: \$18
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Forest Moon Theater presents Shakespeare in Hollywood

It's 1934 and the famous Max Reinhardt is filming Shakespeare's *A Midsummer Night's Dream*. When two of the bard's most famous fairies, Oberon and Puck, appear by magic on the Warner Brothers Hollywood set, the result is a hilarious combination of potent flowers, blonde bombshells, movie moguls and arrogant "asses" embroiled in multiple love triangles. Winner of the Helen Hayes Award for Best New Play in 2004, Ken Ludwig's take on Shakespeare's well-known comedy is a fun-filled romp that sparkles with wit and charm.



Ren Ctr	Jun 10	7:30 pm	advance: \$15 adult, \$13 student/senior day of: \$18 adult, \$16 student/senior
Ren Ctr	Jun 11	7:30 pm	
Ren Ctr	Jun 12	3:00 pm	
Ren Ctr	Jun 17	7:30 pm	
Ren Ctr	Jun 18	7:30 pm	
Ren Ctr	Jun 19	3:00 pm	

PURCHASE TICKETS

Tickets for shows may be purchased at wakeforestrecen.org or at the Renaissance Centre box office at 405 S. Brooks St., open Mon-Fri 9 am-12 pm and 1 pm-5 pm. 919-435-9458.

STAY CONNECTED

Sign up to receive email updates about upcoming events at the Renaissance Centre by visiting wakeforestrecen.org and clicking on "Join our Mailing List."



Monthly Events

First Friday Flix

Monthly movie showings feature a variety of film favorites. Call 919-435-9428 to hear the name of the movie. Free and open to the public. Concessions for sale.

Ren Ctr	First Friday of each month	7:00 pm	free
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fliX4kids

Movie showings geared for ages 3-10. All shows are rated G or PG. Call 919-435-9428 to hear the name of the movie. Free and open to the public. Concessions for sale.

Ren Ctr	Second Monday of each month	10:30 am	free
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Free at Three

Monthly movie showings geared for the over fifty crowd. Call 919-435-9428 to hear the name of the movie.

Ren Ctr	Second Monday of each month	3:00 pm	free
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Carolina Puppet Theater

Storytelling, music and puppetry geared for ages 3-7. New shows each month. Tickets can be purchased online (wakeforestrecen.org) or at the Renaissance Centre box office located at 405 S. Brooks Street. On the day of the event, tickets may also be purchased at the door.

Ren Ctr	Feb 3 & 17	<i>Love, Colors & Shapes</i>	11:00 am	\$5*
Ren Ctr	Mar 2 & 16	<i>Barnyard</i>	11:00 am	\$5*
Ren Ctr	Apr 6 & 20	<i>Liking Yourself the Way You Are</i>	11:00 am	\$5*
Ren Ctr	May 4 & 18	<i>Variety Show</i>	11:00 am	\$5*
Ren Ctr	Jun 8 & 22	<i>Work Hard For What You Want</i>	11:00 am	\$5*

*Children under 3 admitted free

*Ticket prices do not include tax



The Wake Forest Parks, Recreation & Cultural Resources Department (PRCR) reserves the right to alter schedules, fees, and instructors as necessary. Classes are subject to cancellation when minimum enrollment has not been reached. Classes are subject to instructor availability.

AN INCLUSIVE APPROACH

The PRCR Department is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please contact Recreation Superintendent, Monica A. Lileton at mlileton@wakeforestnc.gov.

PARENT PARTICIPATION POLICY

The PRCR Department offers individualized skills programs for children. Parents are only permitted to attend sessions when the instructor requires parent participation. In preschool programs where parent participation is not required, children must be potty-trained in order to participate.

REGISTRATION

Programs

Preregistration is required for all programs. Full payment must be made at the time of registration. Class registrations will be accepted up to two business days before the program's start date as long as space is available and unless otherwise noted. Online registration is accepted at wakeforestnc.recdesk.com or at any PRCR staffed facility. Online registration closes two business days prior to the start of a program.

Athletics

Athletic registration will only be accepted during the advertised registration period. Early registrations will not be accepted. Registration for youth athletics is available online only during specified registration dates. Visit wakeforestnc.gov/parks-recreation-cultural-resources.aspx. New youth participants will be prompted to submit a birth certificate.

Non-Resident Fees

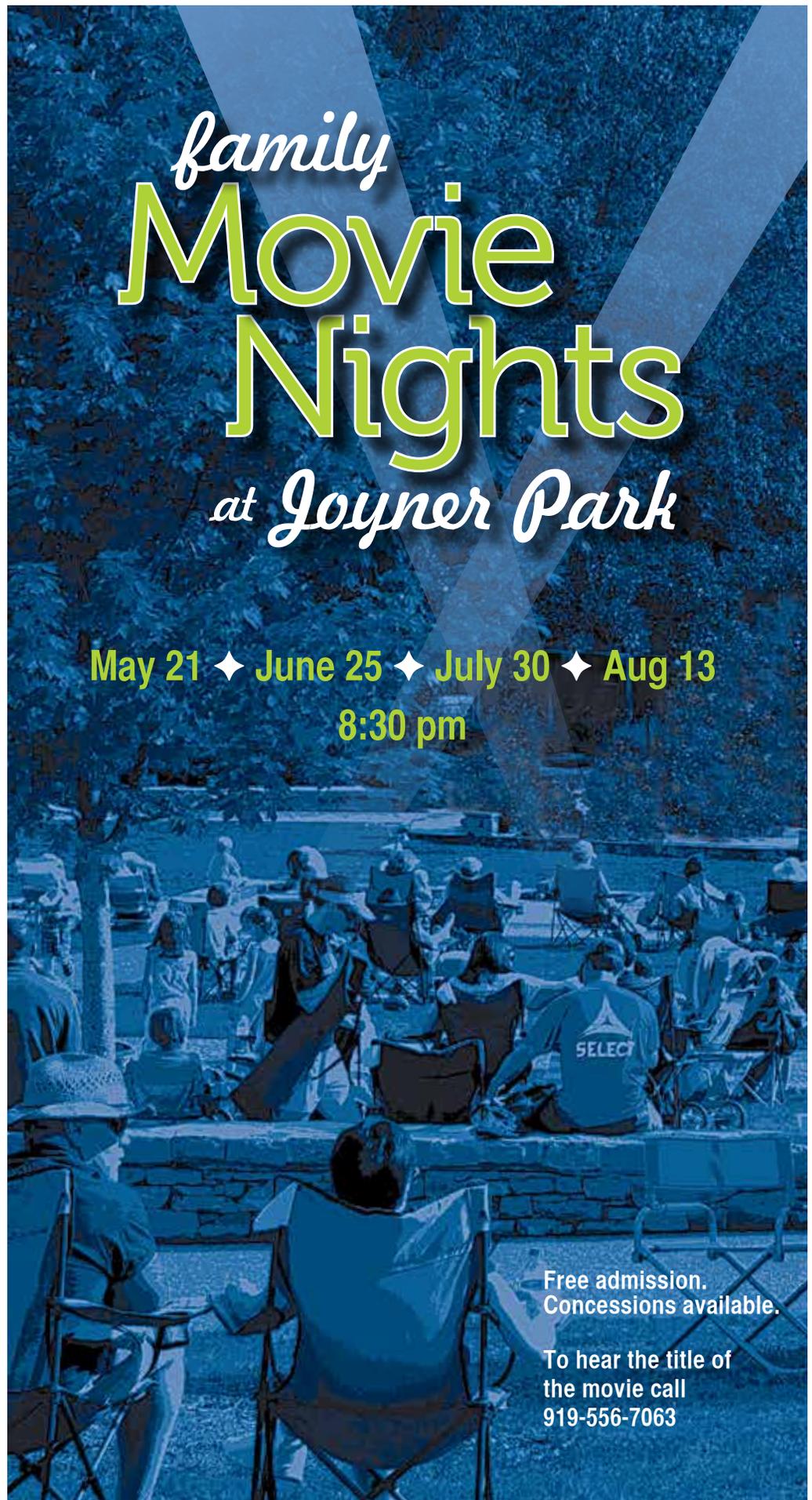
Anyone residing outside the corporate limits of the Town of Wake Forest is encouraged to participate in programs but may be assessed an additional non-resident fee.

Program Refund Policy

Program fees are 100% refundable when the program is canceled by the PRCR Department. Anyone wishing to withdraw from a class that has not been canceled by the PRCR Department must request a refund, in writing, at least 10 business days before the start of the class. Refunds will not be given for withdrawals made less than the 10 business day period other than for verified medical/hardship cases.

Athletic Refund Policy

Anyone withdrawing from an athletic program must request a refund, in writing, in order for a refund to be processed. Fees are 100% refundable if requested before participant's first assigned team practice.



family Movie Nights at Joynner Park

May 21 ♦ June 25 ♦ July 30 ♦ Aug 13

8:30 pm

Free admission.
Concessions available.

To hear the title of
the movie call
919-556-7063



Town of Wake Forest
Parks, Recreation & Cultural Resources Department
301 S. Brooks Street
Wake Forest, NC 27587

[wakeforestnc.gov/
parksrecreation.aspx](http://wakeforestnc.gov/parksrecreation.aspx)

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Permit #118



April 24-May 29 ~ 5-7 pm
E. Carroll Joyner Park



Co-sponsored by Wake Forest ARTS, the Wake Forest Parks, Recreation & Cultural Resources Department, United Arts of Raleigh & Wake County and PineCone