

# ATHLETICS

YOUTH AND ADULT

Join a team sport and reach for the top of your game!



**YOUTH REGISTRATION:** ALL registration for youth leagues will be held **online only** during the specified registration periods. Computer access will be available at town hall should registrants need access. New players must submit a copy of the participant's birth certificate. Returning players are not required to submit a birth certificate.

**ADULT REGISTRATION:** Register at Wake Forest Town Hall, 301 S. Brooks St. or online at [wakeforestnc.recdesk.com](http://wakeforestnc.recdesk.com).

**RESIDENT/NON-RESIDENT RATES:** Residents who live within the town's limits are eligible for the \$40 resident rate. Residents who live outside the town's limits are encouraged to participate in athletic programs but will be charged the \$80 non-resident rate.

**REFUNDS:** Athletic fees are 100% refundable if requested, in writing, before the participant's first assigned team practice. After the first practice, refunds will not be granted. Anyone withdrawing from an athletic program must request a refund in writing in order for a refund to be processed. Note that late registration fees, if paid, are non-refundable.

## Youth Athletics

### Youth Basketball

Team practices begin in November. Games are played December-February. League age is determined by participant's age on Jan. 1, 2016. **Online registration only.** STAFF CONTACT: Meghan Hawkins, [mhawkins@wakeforestnc.gov](mailto:mhawkins@wakeforestnc.gov), 919-435-9457.

Registration: Sep 1-30	Nov-Feb season	\$40 resident \$80 non-resident	ages 5-18 boys and girls
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### Spring Baseball, Softball & T-Ball

League drafts/team placement will begin in March. Practices begin within one week of league drafts. Games are played primarily on weeknights from April through late June. League age is determined by participants age on April 30, 2016. **Online registration only.** STAFF CONTACT: Edward Austin, [eaustin@wakeforestnc.gov](mailto:eaustin@wakeforestnc.gov), 919-435-9562.

Registration: Feb 1-29	Mar-Jun season	\$40 resident \$80 non-resident	boys, ages 5-17 girls, ages 5-15
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### Dream League Baseball

An adaptive baseball league for school-aged children with special needs. League play begins in April with games on Saturday mornings through early June. **Online registration only.** STAFF CONTACT: Edward Austin, [eaustin@wakeforestnc.gov](mailto:eaustin@wakeforestnc.gov), 919-435-9562.

Registration: Feb 1-29	Apr-Jun season	\$40 resident \$80 non-resident	ages 5+ boys and girls
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### Next Level Baseball—Winter Off-Season Development

MLB players train year-round to keep their bodies ready for baseball, then they have spring training before starting their season. The Winter Off-Season Development (ODP) is the "spring training" before high school and middle school baseball seasons/tryouts begin. With a ratio of 50% strength/conditioning and 50% baseball drills, players' bodies will be ready to compete for roster spots in February! T-shirt included. INSTRUCTOR: Coach Lenny Fairfield, Franklin Academy High School Baseball Coach.

Flah Pk	Tu/Th/Sa	Tu/Th: 5:00 pm-7:00 pm Sa: 11:00 am-1:00 pm	Jan 12-Feb 12	\$299	grades 4-6
Flah Pk	Tu/Th/Sa	Tu/Th: 5:00 pm-7:00 pm Sa: 11:00 am-1:00 pm	Jan 12-Feb 12	\$349	grades 7-12

### Tennis Program

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit [www.wfata.usta.com/](http://www.wfata.usta.com/).



## Adult Athletics

### Men's Spring Recreational Softball League

Games played Monday, Wednesday and Thursday beginning in mid-March. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Feb 1-29	Mar-Apr season	\$550/team	ages 18+
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### Church Men's Softball League

Games will be played Monday, Tuesday, Thursday, Friday and Saturday beginning in late April. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Mar 1-31	Apr-Jun season	\$550/team	ages 18+
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### Men's 4-on-4 Basketball

Games played Monday/Wednesday evenings (under 35) and Tuesday/Thursday evening (35 and over) at Flaherty Park Community Center.. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Nov season	\$150/team	ages 18+
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## Sponsors Needed for Youth Baseball & Softball Leagues

The Wake Forest Parks, Recreation & Cultural Resources Department offers local businesses the opportunity to impact the lives of area young people while enhancing their marketing efforts. Sponsorship support is needed to help offset the operating cost of youth ball leagues and keep fees affordable for all participants.

Team sponsorship levels range from \$100-\$1,600 and include an array of benefits. Scoreboard sponsorships are also available along with several signage options.

To learn more, visit [wakeforestnc.gov/sponsorship-opportunities.aspx](http://wakeforestnc.gov/sponsorship-opportunities.aspx) or contact Recreation Specialist Meghan Hawkins at 919-435-9457 or mhawkins@wakeforestnc.gov.



### Adult Pickleball League

«NEW!»

League will be offered on Thursdays beginning in February at the Southeastern Baptist Theological Seminary Ledford Center. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Jan 1-29	Feb-Apr season	\$35	ages 18+
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### Adult Flag Football

Each year from September through November, the Wake Forest Parks, Recreation & Cultural Resources Department partners with CenterPoint Sports to offer an adult flag football league. League games are played on Sunday afternoons from mid-September through early November. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Nov season	\$150/team	ages 18+
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### Adult Co-Rec Kickball

League play is scheduled to begin in mid-September, and games will be played on weeknights and Sundays throughout late October. **STAFF CONTACT:** Meghan Hawkins, mhawkins@wakeforestnc.gov, 919-435-9457.

Registration: Aug 1-31	Sep-Oct season	\$150/team	ages 18+
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### Tennis Program

Tennis leagues, tennis lessons and tennis clinics are offered by the Wake Forest Area Tennis Association (WFATA) through a partnership agreement with the Wake Forest Parks, Recreation and Cultural Resources Department. WAFATA provides fun, affordable, structured tennis programs for a diverse group of men, women and children representing many races, nationalities, cultures, and socio-economic backgrounds. To learn more, visit [www.wfata.usta.com/](http://www.wfata.usta.com/).

# SPRING 2016 Baseball, Softball & T-ball

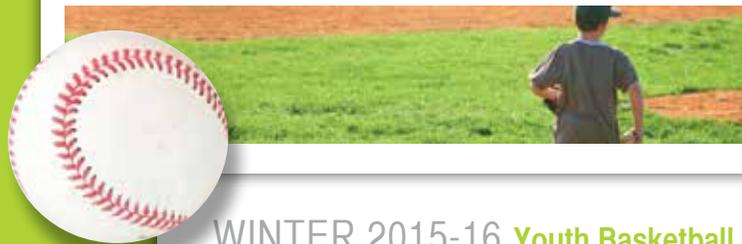
## League Age

May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	AGE
2010	2010	2010	2010	2010	2010	2010	2010	2011	2011	2011	2011	5
2009	2009	2009	2009	2009	2009	2009	2009	2010	2010	2010	2010	6
2008	2008	2008	2008	2008	2008	2008	2008	2009	2009	2009	2009	7
2007	2007	2007	2007	2007	2007	2007	2007	2008	2008	2008	2008	8
2006	2006	2006	2006	2006	2006	2006	2006	2007	2007	2007	2007	9
2005	2005	2005	2005	2005	2005	2005	2005	2006	2006	2006	2006	10
2004	2004	2004	2004	2004	2004	2004	2004	2005	2005	2005	2005	11
2003	2003	2003	2003	2003	2003	2003	2003	2004	2004	2004	2004	12
2002	2002	2002	2002	2002	2002	2002	2002	2003	2003	2003	2003	13
2001	2001	2001	2001	2001	2001	2001	2001	2002	2002	2002	2002	14
2000	2000	2000	2000	2000	2000	2000	2000	2001	2001	2001	2001	15
1999	1999	1999	1999	1999	1999	1999	1999	2000	2000	2000	2000	16
1998	1998	1998	1998	1998	1998	1998	1998	1999	1999	1999	1999	17

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

## Age Bracket

Baseball (male)	AGE	Softball (female)
T-ball	5 coed	T-ball
T-ball	6 coed	T-ball
Rookie League (machine pitch)	7 coed	Rookie League (machine pitch)
Rookie League (machine pitch)	8 coed	Rookie League (machine pitch)
Minor League	9	Minor League
Minor League	10	Minor League
Little League (11-12)	11	Little League (11-12)
Little League (11-12)	12	Little League (11-12)
Junior League (13-14)	13	Junior League (13-14)
Junior League (13-14)	14	Junior League (13-14)
Senior League (15-17)	15	Senior League (15-17)
Senior League (15-17)	16	Senior League (15-17)
Senior League (15-17)	17	Senior League (15-17)



# WINTER 2015-16 Youth Basketball

## League Age

Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	AGE
2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	2010	5
2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	2009	6
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	7
2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	2007	8
2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	9
2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	2005	10
2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	2004	11
2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	2003	12
2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	2002	13
2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	2001	14
2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	2000	15
1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	1999	16
1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	1998	17
1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	1997	18

Find participant's birth month in the top row of the chart. In the birth month column, find participant's birth year. League age is indicated on that row at far right.

## Volunteer Coaching

Volunteer coaches are valuable assets to Wake Forest athletic programs. These individuals demonstrate a selfless concern for the community as evidenced by their willingness to give of their time to help area children.

Opportunities are available to coach the following sports:

- basketball (November-February)
- volleyball (mid-May to late July)
- spring baseball, softball and t-ball (mid-March to late June)
- fall baseball/softball (mid-August through mid-October)

We strive to provide a safe environment for Wake Forest youth. Therefore, before a coach is permitted to participate in any of our youth leagues, he/she is required to annually complete and submit a background check consent form.

To inquire about coaching opportunities, contact Athletic Program Superintendent Edward Austin at 919-435-9562, [eaustin@wakeforestnc.gov](mailto:eaustin@wakeforestnc.gov) or Recreation Specialist Meghan Hawkins at 919-435-9457, [mhawkins@wakeforestnc.gov](mailto:mhawkins@wakeforestnc.gov).

**Inclement  
Weather Line:  
919-435-9569**

In case of inclement weather, Wake Forest residents should call the WEATHER LINE at 919-435-9569 for information concerning changes to the town's regular schedule. The Weather Line will provide updates concerning all town-sponsored programs and activities, including athletic games and practices, as well as concerts, festivals, and other events. Smartphone users who have downloaded the Town of Wake Forest app will receive a push notification message informing them of any schedule changes. Weather-related announcements may also appear on the homepage of the town's website, on our Facebook page and on Wake Forest TV 10.